



Sad death of local historian and GEM contributor Keith



Keith E Morgan with Sister Gwyneth Poacher at an event in support of the Sandville Self-Help Centre.

THE staff at The GEM - along with many people in Porthcawl and Kenfig Hill - were saddened to hear of the death of Keith E Morgan - local historian, author and photographer.

Philip Irwin of The GEM writes, Keith was an assiduous chronicler of local events, and this ran alongside his passion for local history, both distant and more recent.

He was known for a series of books about Porthcawl and Kenfig Hill recording events

and people from almost every decade of the 20th Century.

From seismic local events such as the loss of the SS *Samtampa*, to happier times chronicling artists who appeared at Porthcawl's Grand Pavilion, Keith had a photographic record (and a book) to mark it.

He was always ready to attend local events and take pictures and supply a report. Despite declining health, he continued to turn out at times when it was easier, and perhaps more sensible, to stay home and rest.

I'm sure that, when

his illness prevented him from doing this, that a number of local organisations realised just how much he had done for them.

Last year, when his health was failing, he threw himself into supplying material to celebrate the anniversary of Paul Robeson's famous transAtlantic broadcast.

It was a particular passion. His wife, Malvina, was a telephone operator at the time, so Keith knew more about the technical problems involved in the Robeson broadcast than anyone else.

He was a driven man, and his restlessness meant that in recent years, he threw himself into producing a series of historical books on Jersey in the Channel Islands.

He was, of course, a particular supporter of Gwyneth Poacher's Sandville Self-Help Centre, and of St Theodore's Church in Kenfig Hill.

CONTINUED
ON PAGE 3

What gift would you want for your 100th birthday?

WHEN Lena Charles of Blaengarw reached her century this spring, she asked friends and family to make a donation to Guide Dogs instead and collected £1,070 for the charity.

Mrs Charles said: "I had two sisters-in-law who were blind. One of them, Velma, had a guide dog named Hattie, and we all saw what a difference the dog made to her life. I have a framed photo of them together."

A great-grandmother, Lena has devoted her life to helping others and was awarded the British Empire Medal in 2016 for voluntary service to the community.

She set up a knitting circle to provide blankets, hats and scarves for charity appeals, and provided entertainment for children from Chernobyl who visited the Garw Valley on annual holidays.

She organised weekly tea dances, took Sunday



Lena Charles raised money for Guide Dogs Cymru on her 100th birthday.

services at the Welsh Congregational Tabernacl Chapel and was a member of the Women's Royal Voluntary Services for more than 40 years, delivering meals on wheels.

"I have seen happiness and sadness volunteering," she said. "My mother always told me if you can help someone, your life shall

not be in vain." Frank Greig, Community Fundraiser for Guide Dogs Cymru, said: "It was incredibly generous of Mrs Charles to ask for donations instead of presents on her milestone birthday. "The money will help us train more dogs like Hattie to transform the lives of blind and partially sighted people in Wales."

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Doubts raised over what the week-long BCBC learning festival will achieve.

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Tondu squirrels show off their nest



Members of the Squirrel's Nest in Tondu with Carwyn Jones and Huw Irranca-Davies.

(Photograph by Mandy Thomas Photography.)

MEMBERS of the 'Squirrel's Nest' Men's Shed group welcomed First Minister Carwyn Jones and Ogmores AM Huw Irranca-Davies to their fully-equipped industrial unit at the Tondu Enterprise Centre recently.

The Squirrel's Nest was the first Men's Shed to get established in Wales and the group currently has around 30 members.

Group members

showed Carwyn and Huw the workshop facilities and the full range of items being made, from garden furniture to dulcimers and ukuleles.

The visit was a really positive recognition of the hard work that has been put into making the Squirrel's Nest such a successful group.

The members thoroughly enjoyed sharing a cup of tea with Carwyn and Huw as they told their individual stories of finding new meaning, friendship and a rediscovery of belonging and purpose. This is what the Men's Shed movement is really about.

The Men's Shed idea originated in Australia about 11 years ago to help tackle social isolation, loneliness and

boredom among men with time on their hands (due to retirement, unemployment, illness etc) and has been spreading throughout Ireland and the UK.

There are some 36 Men's Sheds in Wales and group interests include (but are not limited to) gardening, photography, amateur radio enthusiasts and model makers.

Anyone is welcome and any interest, skill or project idea could be the spark to get a Men's Shed group going.

If you are interested in joining a Men's Shed or getting one started in your area, visit the Men's Shed Cymru website at www.mensshedsymru.co.uk

Chris Southern
Men's Sheds Cymru

Business as usual at WI

LALESTON WI's June meeting was the AGM with the Glamorgan WI advisor Ann Lydiard joining members.

The group voted on Mental Health Matters, which was the resolution for the National AGM which takes place in Cardiff in June.

Members were informed of various activities which would

take place over the next couple of months. Voting for president for the next year took place and Diane Marshall was voted in.

Members noted that the 50th afternoon tea would be held on June 21.

Meetings take place on the first Thursday of each month at The Blandy Hall, Laleston. For further information, call Diane on 01656 656600.

Bridgend Dogs Trust gets ready for annual fun day

THERE are lots of waggy tails at Dogs Trust Bridgend as the date of their annual fun day is announced.

Taking place at Pencoe College on Sunday, June 24 from 10.30am-4pm, the fun-filled day is great for the whole family and the rehoming centre is pulling out all the stops to make the event bigger and better than ever.

The charity has a number of stall positions available and is appealing to local businesses to get in touch to secure a spot at the event. The team would also be extremely grateful for any donations of prizes for the raffle and tombola.

Rhiannon Chamberlain, supporter relations officer at Dogs Trust Bridgend, said: "Our fun day is a fantastic opportunity to meet local dog lovers and raise pounds for the homeless hounds in our care."

"There are all sorts of fun activities planned throughout the day, so please come along and support Dogs Trust Bridgend - we can promise you a really fun day out for all the family!

"The raffles, games and stalls play a huge role in the day, and we still have a number of spaces left for stallholders at the event. Previously, there has been an array of stalls selling anything from homemade doggy treats, to local food and drink suppliers and trinkets for the home."

"However, spots are limited, so we are encouraging people to get in touch as soon as possible to avoid disappointment."

"We're expecting thousands of visitors on the day, so it's a great opportunity to be among lots of people and join in the fun with two and four-legged friends!"

Highlights of the day include a have-a-go agility, a grand raffle, a kids area, dog-friendly games, including the return of Doggy Dash, and, new for this year, Temptation Alley. Your

four-legged friend may even be able to win their very own rosette in the fun dog show!

There will also be a variety of Dogs Trust merchandise available to buy on the day and delicious refreshments to enjoy.

The entrance fee is £3 for adults and £1 for children with under-fives free.

For those who would like to donate items for the raffle, please drop prizes into the Bridgend rehoming centre at Court Colman Farm, CF31 4NG.

If you are interested in having a stall at the event, please call Rhiannon Chamberlain or Linda Feagan, supporter relations officers, on 01656 728 923 or email rhiannon.chamberlain@dogstrust.org.uk or linda.feagan@dogstrust.org.uk

Council looks at ways to become plastic free

THE local authority in Bridgend is looking at ways to become plastic-free.

Plastic crackdowns have begun across the country following reports of it polluting the oceans, killing wildlife and even ending up in the food chain.

Now Bridgend County Borough Council (BCBC) is to look at what more it can do to become plastic-free.

The Plaid Cymru Group on the council proposed a motion at a meeting on April 25 which asked the local authority to do more to cut out single use plastic items.

They want to see items such as straws and coffee cups replaced with biodegradable ones and hope to see the council encouraging businesses in the county to reduce unnecessary packaging.

Introducing the motion, Cllr Tim Thomas (Plaid Cymru) said: "Every year in Wales we throw away four million tonnes of waste into landfill."

"While this authority does have good recycling rates, more can be done in tackling the issue."

"There are many benefits to going plastic-free or indeed making significant efforts to

actively reduce plastic use."

Responding, the BCBC cabinet member for communities Richard Young (Labour) said: "We are already doing a lot of what the motion is saying we should start."

He asked Cllr Thomas to withdraw the motion in favour of sending it to a scrutiny committee for councillors to "identify what it is we are actually doing at the moment and what needs to be done".

He said: "From that we can identify the next steps, we would be looking at what is needed and making policy for the future."

Cllr Thomas agreed to follow the recommendation.

But Cllr Julia Williams (Independent) said she was disappointed the motion had been withdrawn.

She said: "While I agree we are doing a lot here in the borough, I personally think we are not doing enough - you've just got to drive around the borough and it's an absolute mess, there's litter everywhere."

Councillors voted in favour of sending the matter to be looked at in further detail by a scrutiny committee.

LDR

CHOIR CONCERT

A CONCERT featuring three choirs; Bridgend Male Choir, Vocelle Ladies Choir and Oldcastle School Choir, will take place on Friday, May 25 at 7pm in St Mary's RC Church, Ewenny Road, Bridgend, CF31 3HS in aid of the St John's House Trust.

Tickets (£6) are available from Felicity Jewellers, Nolton Street, Bridgend, choir members or on the door. For further information, call 07968 226174.

HIGH TIDE TIMES

(UNTIL MAY 17)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20 - 25 minutes later.

DATE	Time	Ht	Time	Ht
	AM	M	PM	M
10 Thur	02.56	7.5	15.33	7.7
11 Fri	03.59	7.9	16.33	8.0
12 Sat	04.55	8.4	17.22	8.6
13 Sun	05.39	9.0	18.04	9.1
14 Mon	06.23	9.5	18.45	9.6
15 Tues	07.04	9.9	19.26	10.0
16 Wed	07.49	10.1	20.10	10.2
17 Thur	08.33	10.2	20.53	10.1

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

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Tel: 01446 774484 • Fax: 01446 774108

FACEBOOK: GlamorganGEM / TWITTER: gem_news • GEMSportNews

General Manager: jan.irving@glamorgan-gem.co.uk

News Submissions: editorial@glamorgan-gem.co.uk

Editorial enquiries: gareth.jamieson@glamorgan-gem.co.uk

Tim Chapman tim.chapman@glamorgan-gem.co.uk / TWITTER @TimGlamorganGEM

Philip Irwin philip.irwin@glamorgan-gem.co.uk / TWITTER @PhilipGlamGEM

Andy Johnstone andy.johnstone@glamorgan-gem.co.uk

Advertising/Distribution/Classified/Notices: sales@glamorgan-gem.co.uk

Sales Manager: jan.irving@glamorgan-gem.co.uk • Sales: wendy.snatchfold@glamorgan-gem.co.uk

www.glamorgan-gem.co.uk

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Funeral details announced for Bridgend Athletic's Clive

THE funeral of Bridgend Athletic RFC co-founder and life member, Clive Easterbrook, is now at the earlier time of 3.15pm on May 17 at C o i t y Crematorium.

An hour-long slot has been booked by the family because of Clive's popularity.

Since last week's report, the club have made early provisional proposals to honour his memory. The mini and junior section are to rename their annual festival 'The Clive Easterbrook Festival'.

The senior section of the club are to place Clive's photo alongside side another co-founder and his great pal, the late Jeff Jenkins in the newly-named 'Jeff Jenkins and Clive Easterbrook Sponsor's Lounge'.

AB

Table top sale

A CAKE and table top sale takes place at St Tyfodwg's Church, Glynogwr on Saturday, May 12 from 10am-1pm.

Homemade cakes, prizes to be won, table top sale and features folk band Shenanigans playing from 11am.

glamorgan-gem.co.uk



Photo by Louvain Rees.

Local historian and GEM contributor passes away

CONTINUED FROM PAGE 1

The GEM intends to put together a fuller tribute to Keith, but in his memory, it seems an appropriate time to reprint a piece from 2009.

It does, after all, combine Keith's passion for history, and for preserving a photographic memory for later generations.

Historian's gifts will honour Kenfig figure

THE late Ted Davies, CBE, will be remembered at the headquarters of the Kenfig Corporation Trust after local historian Keith E Morgan donated a series of framed photographs.

Mr Davies was a long-time chairman of the trust, as well as being prominent in local politics, and in recording the history of Kenfig.

Mr Morgan made the presentation in the banquet hall upstairs in the Prince of Wales public

house in Ton Kenfig.

This setting has acquired an extra historical significance since the landlord, Gareth Maund, removed the old false ceiling and restored the original beams.

More than 40 guests were at the presentation, and Keith Morgan said that Ted Davies had been a friend, and that hanging the pictures in the hall would honour his memory.

A framed set of six showed Ted receiving his CBE from the Prince of Wales, while a more personal memento, a caricature commissioned by the trust when Mr Davies retired, was presented to Ted's son, Derek, and his daughter-in-law, Liz.

A third presentation was made, a framed photograph showing the 'Twelve Knights Scroll' which will also hang in the banquet hall.

The chairman of the trust, Coun Allan Jones, gave his thanks to Mr Morgan, and pointed out that Ted Davies had made a contribution to the Kenfig Corporation Trust, and to local history.

The former Bridgend MPO, Win Griffiths, told the GEM that Ted Davies had been both a mentor and a good friend when Mr Griffiths became



involved in politics in the borough.

Allan Jones also offered his condolences to Keith Morgan on the recent death of his wife Malvina, saying that she had also been a good friend of Ted Davies.

Indeed, she had presented the original caricature to Ted when he had retired.

Police appeals to find Bridgend man

South Wales Police has issued an appeal for information as to the whereabouts of Mark Merchant.

They say he is wanted in connection with an assault. Merchant, aged 38, is from the Bridgend area.

A spokeswoman said: "If you see him call us on 101 and quote the reference number 1800149107. Or you can call Crimestoppers anonymously on 0800 555 111."



Appeal for collision witnesses renewed

SOUTH Wales Police is continuing to investigate a serious collision which occurred at Cornelly Football Club shortly before 8pm on Thursday, April 19.

Eleven people were taken to hospital after they were in collision with a BMW in the club's car park. All of the injured are now believed to have been discharged from hospital.

A 35-year-old man, who was

arrested on suspicion of wounding with intent, remains in police custody.

Appealing for anyone with information or footage to come forward, Detective Inspector Claire Lamerton said: "We know that there were a number of people at the club at the time of the incident, many of whom will have captured the incident on their phones."

"I'd urge those people not to circulate the videos on social media as this could frustrate our

investigation. I would instead appeal to them to ensure the video is passed on to police and that any footage already uploaded to social media is deleted."

For details on how to pass footage on to police, call 101, quoting occurrence 1800136445. Any witnesses who have not yet given an account to police, should also contact the same number.

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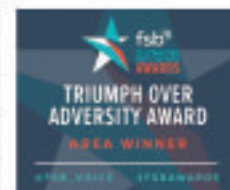


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Maendy Young Farmers take a trip to Blackpool



Members of Maendy YFC are joined by South Wales Central AM Andrew RT Davies before they head off for the National Federation of Young Farmers' Clubs' AGM.

Double decade for local choir

TWENTY years on and Cor Bro Ogwr continues to perform for audiences with its high standard and quality of singing.

The April concert featured two demanding works from the classical repertoire: Haydn's *Nelson Mass* and Mozart's *Vesperae Solennes*.

Four soloists and the Cor Bro Ogwr Ensemble joined the choir to give a concert which was much appreciated by the audience.

We were pleased to welcome Carwyn Jones and the Mayors of Porthcawl, Cowbridge, Bridgend Borough and Canon David Hillman. Such support is always appreciated.

There were surprise guests for our conductor, Rosie Howarth. She was unaware that her parents were in the audience, their first visit to see Rosie conduct a Cor Bro Ogwr concert.

Our next concert will be quite different. We are rehearsing a varied programme of contemporary

songs, gospel songs, traditional and well-known pieces given a new spin. It will be fun, cheerful, and get your feet tapping.

The choir is trying out a new venue for this summer concert: Coleg Y Dderwen, Heol Yr Ysgol, Tondur, CF32 9EL. This is an easy venue to get to and with plenty of parking.

As this year marks our 20th anniversary, we are planning some different events with a musical theme.

The first one will be a musical seaside coffee morning in Porthcawl, in Trinity Church on Friday, May 25 from 10am-12 noon. Expect musical entertainment and a variety of stalls. Nautical dress optional.

Cor Bro Ogwr Spokesperson.

The summer concert is on Saturday, July 21 at 7pm. Tickets £10 at the door or telephone 01656 653326.

MEMBERS of Maendy YFC spent the bank holiday weekend in Blackpool when they attended the National Federation of Young Farmers' Clubs Annual General Meeting.

The group of young farmers set off early on Friday, May 4 led by club chair Kate Thomas.

South Wales Central AM Andrew RT Davies, a stalwart of Young Farmers' Clubs in the Vale, joined the group before they set off to wish them well.

He wished the group a successful weekend and said he felt like he was "rolling back the years".

Mr Davies said: "It was a pleasure to meet the delegation from Maendy YFC and wish them

well ahead of the NYFYC's AGM in Blackpool.

"As someone whose background is in agriculture in the Vale, the YFC formed a key part of my youth and seeing the group head off certainly took me back."

"I hope they all had a fantastic time in Blackpool and I wish them all well for the coming year."

FG

Beyond Brexit and borders with the Belgians in Bridgend

RECENTLY, a group of more than 30 visitors arrived in Bridgend from Hechtel-Eksel.

The town, in north-west Belgium, has strong links with the Welsh Guards, and in recent years with the Bridgend branch: in September 1944, the town was liberated from the Germans and this was

mainly due to the efforts of the Welsh Guards.

Mike Jones, late of the Welsh Guards, initiated a 'friendship link' between the two towns.

During their stay in Bridgend, the group visited Dyffryn Gardens, Caerphilly Castle, and Brecon.

The visit was supported by Bridgend Town Twinning Association (BTTA) and

members attended an evening meal with the Belgian contingent at the Heronston Hotel.

Before the meal, BTTA had invited representatives from various organisations to 'meet and greet' the visitors in order to establish new links between the two towns.

As the guests assembled, they were greeted by The Strings + Ensemble conducted by Becci Goss. Simon Gray, who co-ordinates the music services for Bridgend schools, arranged for the pupils to play, as he was interested in forging links for future visits in continental Europe.

Everyone was duly impressed by the talents of the musicians and hopefully this link will provide them with an even wider outlook on their musical future.

Bob Vranken, chairperson of Hechtel's

Town Twinning Group, showed the audience firstly a film of the countryside and forests around Hechtel-Eksel, followed by views of Belgium.

The Mayor of Bridgend, Cllr Stuart Baldwin, met the visitors and presented them with one of the products from the Penderyn distillery, after which the deputy Mayor of Hechtel, Raf Truyens, replied with gifts of Belgian chocolates and a bottle of a locally-produced gin.

We hope these links will be successful for the organisations involved. The country may be in Brexit mode, but BTTA's links with EU nations are stronger than ever.

For more information, contact Madeleine Walters through ning.co.uk. RM

A naval lark for the Porthcawl Lions



IT'S all go for the Porthcawl Lions.

Members recently attended the Mayor of Porthcawl's 'Summer' Ball and with the theme of the evening being associated with the sea, members wore US Navy-style hats, with the approval of Mayor Cllr Laurie Desmond Williams.

The Porthcawl Lions were in action once again the next day with its car boot sale held at Porthcawl rugby ground.

Weather permitting, the car boot will now be held every Sunday morning from 8am through to 1pm and the cost is the same as last year: £6 per car.

On Bank Holiday Monday, it was the

Porthcawl Lions May Fayre, held in the grounds of All Saints Church.

No complaints about the weather, as the sun shone all day, to the delight of those attending.

One of the highlights of the day was the dog show, which pleased the Rector Canon Phillip Masson as his dog won the wagging tail

competition and came second overall as the best dog in show.

Many thanks to all those charities and organisations who staffed their stalls throughout the day and as with all Lions activities, all profits go to charity.

The next big event for the Porthcawl Lions is the annual Charity Golf Day at the Grove

Golf Club on June 1.

Teams of four cost £140, with coffee on arrival, participation in the competition over 18 holes, and a buffet meal with the chance of winning quality prizes.

For more information, visit porthcawllions.org.

DR

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The Navigators sail into Porthcawl

ON May 12 at 2pm, the 34ft yacht Rival Star will sail into Porthcawl on Day 2 of a round-Britain expedition re-creating the early voyages and seeking life stories of Celtic Christianity.

Howard Worsley and Andy Carnegie will trace the sea routes, landing places and influences of the early Celtic Christian saints. Howard is a theological college vice principal and Andy a businessman and keen sailor.

They will be met by the sea cadets and the town Mayor at the harbourside. A reception will be held in the

YMCA at 7pm where the pair will talk about the voyage and hope to gain knowledge of the local Celtic traditions from those attending.

There is no entry fee and everyone is welcome. If you would like to attend you will be very welcome. You do not need to book, but it would help with catering if you could let us know if you are planning to come.

Contact John Berry on 01656 772002 email: berry7@hotmail.co.uk, or Andrew Singer on 01656 785628, email abs.singer@btinternet.com, call in at the YMCA, call 01656 772166, or email info@theycentre.com. SP

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Councillors' reservations about 'learning festival'

A WEEK-long schools event in Bridgend, which is costing tens of thousands of pounds to put on, has been criticised by councillors who say less than one per cent of the county's student population will actually get to attend it.

The 'Festival of Learning' event is taking place in June and involves all schools working together along with Bridgend College, Bridgend County Borough Council (BCBC) officers and higher education institutions such as the

University of Cardiff.

A report by the council's interim education director Lindsay Harvey says the event will include professional learning development workshops for staff, a conference for senior leaders with a focus on wellbeing, a learners' day showcase event and a learner voice forum where school councils will consider "what makes children happy in school".

But Bridgend councillors scrutinising the event say they have not been given enough details on why it is being held and what the benefits will be, despite repeatedly asking officers for the

information.

The council is putting in £65,000 for the event, with £15,000 coming from the Central South Consortium, which provides school improvement services in the county.

According to Mr Harvey's report, the £80,000 is needed to pay for the cost of supply teachers to enable staff to attend workshops, the external keynote speaker at the conference and learners' day, the venue hire and transport costs for staff and students.

Speaking at a corporate overview and scrutiny committee meeting on Monday April 30, Cllr Bridie Sedgbeer (Labour and Co-operative) said: "I want to put on record my frustrations with this whole process."

"The report says over 120 pupils are being invited to attend the learners' day and one of the questions I've consistently asked is 'who are these 120 pupils going to be?' It's going to be less than one per cent of our student population."

"Are they going to be the brightest and best? The ones the teachers pick to show off how brilliant their school is, or are we going to make sure we are spending this large sum of money on making sure the more disadvantaged of our students are benefiting?"

She added: "There are still no clear outcomes on what is going to be achieved from having this, apart from the

generic 'we will share good practice'.

"I'm very concerned we have raised these issues before and all we've been given is an extraordinary amount of paperwork to go through to try and put us off the scent and it still doesn't answer our questions."

Councillors also said more should have been done to attract sponsorship from businesses for the event.

Committee chairman Cheryl Green (Lib Dem) said: "We saw this as an ideal opportunity to look to the business sector and find out what they want from us in terms of education, to help us produce something of benefit to them, as well as to our young people."

She added: "We all want to know what's going to be achieved by holding this festival."

In his report Mr Harvey says around 300 delegates are expected to attend the event with around 1,000 staff "benefiting directly" from the Festival of Learning activities.

The report states: "All pupils will benefit indirectly as a consequence of the continuing professional development opportunities offered to teachers and leaders in schools."

It adds: "An attempt has been made to minimise costs as far as possible and speakers have been engaged at no cost, where possible."

LDR

Cynffig pupils visit the Tate Exchange



Cynffig pupils at Tate Modern.

RECENTLY, 32 schools from across Wales, including pupils from Cynffig Comprehensive School, went to London to show their school work at a Tate Exchange event at the Tate Modern, as part of the Lead Creative Schools Scheme.

The scheme has uses creative techniques to improve academic achievement and life-skills in pupils in Wales' primary, secondary and special schools.

Lead Creative Schools Scheme is part of the Welsh Government and Arts Council of Wales joint funded £20 million programme.

Tate Exchange allows organisations and members of the public to take part in Tate's creative process, running events and projects on site and using art as a way of addressing wider issues in the world around us.

The Welsh Government Cabinet Secretary for Education, Kirsty Williams, said: "Reducing the attainment gap between pupils from disadvantaged

backgrounds and their peers is at the heart of our national mission to raise standards, and is also one of the driving principles behind this programme."

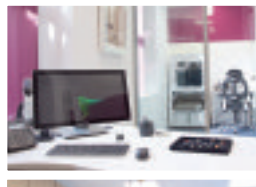
"We are already starting to see the results of our investment, which is changing how we view the arts and creativity in relation to the school curriculum while also improving academic achievement, broadening experience and developing crucial life skills."

The Lead Creative Schools Scheme has involved matching schools with creative professionals who use teaching and learning techniques that are designed to be practical and relevant to real-life curriculum demands.

Phil George, chair, Arts Council of Wales, said: "We're delighted that the Lead Creative Schools Scheme was selected as a Tate Exchange Associate to showcase some of the great creative work taking place here in Wales as part of Tate Exchange at Tate Modern in London."

For more information visit www.arts.wales. To find out more about Tate Exchange please visit tate.org.uk/tateexchange.

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VALE OF GLAMORGAN WALKING FESTIVAL

TUE 15 - SUN 20 MAY / VALEOFGLAMORGANWALKINGFESTIVAL.ORG.UK



Week	Day/Time	Miles	Location	Walk Name	Start
Tue 15 May					
1	Tues 1900 - 1230	3 miles	Portkerry	Portkerry's History - Festival Launch	Forest Lodge, Portkerry Country Park, Barry CF82 5BT
2	Tues 1900 - 1930	5 miles	Barry	Three Barry Island Beaches and Headlands	Barry Y Mile Car Park, Barry Y Mile, Gold Knapp, Barry CF62 6SW
3	Tues 1930 - 1600	8 miles	Cowbridge	Cowbridge Coast and Hills	Car park behind Town Hall, Cowbridge CF71 3AS
4	Tues 1600 - 1930	3 miles	Barry Island	Welsh Tower Bay and Pines Point	Barry Y Mile Car Park, Barry Y Mile, Gold Knapp, Barry CF62 6SW
Wed 16 May					
5	Wed 1000 - 1100	2 miles	Llanelli Major	Llanelli Lakes - Lunch and coffee at 11am	Llanelli Major Town Hall CF61 1SD
6	Wed 1000 - 1600	7 miles	Llanelli Major	Beach, cliffs and Seamenhouse Point	West Lane at Llanelli Major Town Hall for coffee (CF61 1SD)
7	Wed 1600 - 1630	3 miles	Llanelli Major	Church, College and Lighthouse	North Point Car Park, Llanelli CF62 1DN Car park charge applies
8	Wed 1630 - 1900	2 miles	Cowbridge	Coffee Shop Striders	Physic Garden, Mountain, Old Hall, Cowbridge CF71 7BB
9	Wed 1930 - 1700	3 miles	Penarth	Penarth Scenic Walk	Penarth Pier Pavilion, The Esplanade, Penarth CF64 3AQ
Thu 17 May					
10	Thurs 0945 - 1330	8 miles	Ogmore	Over the Downs to the Sea	Car park at The Pelicans in Her Field Pals, Ogmore CF23 9GP
11	Thurs 1000 - 1300	5.5 miles	Heritage Coast	Vale Trails No. 3 - Coast and Lighthouse Walk	North Point car park, Llanelli CF61 1DN Car park charge applies
12	Thurs 1030 - 1430	6 miles	Llanelli Major	Llanelli Major Circuit	The public car park behind the Rex and Horens, Llanelli CF62 3AS
13	Thurs 1030 - 1530	6 miles	Wentow	Wentow Wildlife Sites	St Mary's Church, Wentow CF5 6AH
14	Thurs 1000 - 1215	3 miles	Barry	Sea, Trees and Skies	Denbly Park, Barry to the lands north (CF62 6BQ)
15	Thurs 1630 - 1630	3 miles	Barry	Highlight Trail and Rural Life	Lay by, Barry Hill Golf Club, Port Road, Barry CF62 8BN
Fri 18 May					
16	Fri 1000 - 1230	6.4 miles	Peterson Super City	Vale Views and the River Stry	Lay by next to the footbridge across the River Stry, Peterson Super City CF5 6LH
17	Fri 1030 - 1300	2 miles	Barry	Barry Women's Trail	Barry Y Mile Car Park, Barry Y Mile, Gold Knapp, Barry CF62 6SW
18	Fri 1600 - 1630	1.5 miles	Adventures	Adventures in the Vale Works	Car park at The Blue Anchor, East Adwenton CF62 3QD
19	Fri 1630 - 1630	3 miles	Penarth	Nature, Land and Sea	Carewilly Country Park Visitor Centre, Llanelli CF64 3UY
Sat 19 May					
20	Sat 0900 - 1530	5 miles	Cardiff Bay	Beach Trip and River Walk	Penarth Barrage car park, CF64 1TP Parking and Beach Trip fees apply
21	Sat 1000 - 1230	4 miles	Llanelli Major/Seamless	Hillierdon Heritage Trail and Two Villages	The public car park behind the Rex and Horens, Llanelli CF62 3AS
22	Sat 1600 - 1700	3 miles	Penarth	Deer, Birds and Troughs and Troughs	Carewilly Country Park Visitor Centre, Llanelli CF64 3UY
23	Sat 1630 - 1630	2 miles	Wallerston	Family Fun Trail	Amelia Trust Farm, 3 Mills Lane, Wallerston, Outside the cafe
Sun 20 May					
24	Sun 1000 - 1230	5.5 miles	Llanelli Major	Over Goldknapp Nature Reserve and Llanelli Major	Llanelli Major, beach car park CF61 1BT
25	Sun 1030 - 1230	2 miles	Barry	Honourable Women of Barry: Their stories	Barry Cemetery Gates, Cemetery Approach Road, Barry CF62 9TZ
26	Sun 1600 - 1700	3 miles	Dinas Powys	The Sarnau Leaps	Dinas Powys, St Peter's Church, Hill Road CF64 8BT
27	Sun 1630 - 1700	3.5 miles	Llanelli Major	An afternoon stroll to Trevelian Bay	Llanelli Major Town Hall Car Park CF61 1SD
28	Sun 1600 - 1600	2 miles	Barry Island	Sandcastle	Barry Island Promenade, by RNLI shop CF62 5TQ

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Going, we said! Recommendations don't stop at the festival itself.

Barry's Poppy Appeal stalwart has died

by TIM CHAPMAN
07891 690798 or email
tim.chapman@
glamorgan-gem.co.uk

A ROYAL British Legion veteran who raised almost £50,000 in Barry for the Poppy Appeal has died.

Graham Davies (85), and his wife Barbara, became a familiar sight at Waitrose store in the weeks leading up to Remembrance Day.

They collected for the appeal for nine years – the last time was in 2011, when Graham was suffering from serious health issues.

Five years ago, the couple moved from Barry to Port Talbot.

This week Barbara told The GEM: "Graham had a stroke and was rushed into hospital where he had a bleed on the brain. He was in hospital for three weeks.

"When we thought he was getting better he got pneumonia. He died on April 20."

Graham was born in

Pembroke in 1933 and after leaving school at the age of 16, he undertook a five-year building apprenticeship.

His National Service was with the Royal Artillery in Germany from 1954-56.

On returning to Wales he married his first wife, Heather, and settled down in Port Talbot where he was employed in the building trade.

He worked with asbestos and in later life suffered from lung cancer. The diagnosis forced him to end his annual Poppy Appeal collection.

He was a proud member of the Royal British Legion and during his final collection in 2011 he explained: "The Poppy Appeal is all about voluntary donations. It doesn't get government support.

"We don't just look



Graham and Barbara Davies, left and right, shown during their final Poppy Appeal collection in 2011 with Caroline Sullivan (centre) manager of Barry Waitrose at the time.

after soldiers who need help, we look after their families as well."

Graham had more than his fair share of family tragedy. His first wife died of cancer and a son Robert and daughter Barbara died some years ago.

But he was blessed with a happy 31-year marriage to his second wife Barbara, and was

supported by his daughter Sue, who visited the couple regularly.

Barbara said: "In the last couple of years, Blind Veterans UK were a fantastic help. They arranged a holiday for us in Llandudno and provided Graham with a computer."

She praised the staff

at Morriston Hospital for the exceptional care they gave Graham in his final days.

"They were so good – the doctors and nurses were wonderful. Sue and I were with him at the end and were holding his hand as he drew his last breath."



The team with the Lord Mayor of Liverpool.

LOCAL BOYS BRIGADE COMES THIRD IN TOURNEY



The team being presented with their medals by the Boys' Brigade secretary and CEO, Bill Stevenson.

ON Saturday, April 28, four of our company section travelled to Liverpool for the national final of the Masterteam (quiz) competition.

This is the first time our company has reached a national final, and our young men competed against teams from England, Scotland, and Ireland.

After a very early start (5.45am at the station) we arrived and met the other teams. The Lord Mayor of Liverpool welcomed everyone and the competition began.

It was very close, but eventually 1st Bearsden (Scotland) retained the

trophy with 1st Ardstraw (Northern Ireland) as the runners-up.

Only half a point separated the next three teams and we are delighted to report that Dylan Johnston, Jake Newton, Morgan Edwards, and Luke Thomas finished third. This is a fantastic achievement.

We are extremely proud of these young men for the way they have conducted themselves – they are a real credit to not only our company, but also to our town and country.

AS

Mini zoo with a big snake



A long creature, a long way from home. The Albino Python is native to South-East Asia.

FOUNDATION Phase children at Llancarfan Primary School had an unforgettable experience last week when Dave from Animal Zone UK came to visit them, bringing along a variety of his favourite animals.

This term, reception and year 1 children had been studying the topic 'mini zoos', and they were thrilled to have the opportunity to meet up close such a lot of different animals. They included Alfie, an albino python, Yolande the tortoise, No 37 the scorpion, and Betty, a tarantula.

Deputy headteacher Mrs Williams said: "It was brilliant to see the children so very excited and engaged in learning, and they absolutely loved the opportunity to hold and touch all the different animals."

AS



Yolande and pupils.

Local rugby player heads for Everest

A FORMER rugby player from Rhose is off to Everest next year to take part in a double world record attempt, writes TIM CHAPMAN.

The aim is to raise £200,000 for disadvantaged children in the UK and Ireland. Paul Watkins has been invited to join the once in a lifetime fundraiser by 'Wooden Spoon' rugby charity.

Paul, who is 44 and is employed as an operations manager for 'Bob Martin', and who played for Newport, Crosskeys, Newbridge and Connacht, said he was thrilled to be asked to take part in the adventure.

He said: "I consider myself lucky to have been asked to take part by Wooden Spoon. The aim is to break two world records on 'the last flattest piece of land

on earth' at Advanced Base Camp, Everest."

Paul continued: "We will be playing the 'highest ever game of full contact rugby' and 'the highest ever touch rugby match' in history."

"The two teams will be captained by two former international rugby players. We will also be taking the World Cup trophy with us."

"A large part of the trip is also visiting an orphanage in Kathmandu, playing rugby in local schools, and helping to raise awareness of the charity."

Paul was approached

to take part six months ago by Wooden Spoon and agreed immediately. He hopes to raise £10,000 by this time next year.

Local businesses have already been keen to pledge their support. Dean of Deano's Barbers in Rhose has gifted a cheque for £400, and Matthew Mazzitelli, the gym manager at Rockpool Gymnasium, Fontygary, has provided an orphanage in Kathmandu, playing rugby in local schools, and helping to raise awareness of the charity.

For more information on the charity, see: woodenspoon.org.uk/

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Welsh Government responds to council by-pass questions

THE Welsh Government has explained why it turned down a bid to look at options to resolve traffic congestion on one of south Wales' busiest roads.

busiest roads.

The leader of the Vale Council had requested an explanation from the Welsh Government on why the bid, which would have been used for a study on a new

bypass around Dinas Powys, was turned down.

A transport study is already taking place on options for the proposed road, which would relieve congestion on a main route between Cardiff and Barry which can often reach gridlock in peak times.

But the council requested £1million to explore additional options for the road.

Council leader Cllr John Thomas wrote to Ken Skates AM, the Welsh Government's Cabinet Secretary for Economy and Transport, formally requesting an explanation.

In answer to an Assembly question about the issue, Mr Skates said the government has already given £100,000 to the council towards the study – which is due to report its latest findings in the coming months.

Mr Skates said: "The Welsh Government awarded funding of £20,000 in 2016/17 and £80,000 in 2017/18 to the Vale Council towards a study looking at options to resolve traffic congestion in Dinas Powys.

"Stage one of the study was presented to the Vale Council's

cabinet in Autumn 2017 and considered a number of options for addressing the traffic issues, including a multi-modal option and bypass option.

"Stage two is now underway and will include consideration of the options in more detail. The outcomes of the study are expected to be reported in May or June 2018."

Earlier this week, Cllr Thomas said: "I am very disappointed that the application for funding to progress the transport study in Dinas Powys to stage three was turned down.

"It is, however, still early days for the project and having not received funding this time does not mean we will not be successful in the future.

"We submitted this application at the earliest opportunity so that we could take the study forward to the third stage as quickly as possible."

Grants totalling more than £1million have been awarded to the Vale Council by the Welsh Government to pursue various transport projects.

These include a Penarth Headland link road with walking and cycling lanes, new bus

stops for the A48, and road safety initiatives.

The council says the current absence of funding for stage three of the transport study for Dinas Powys does not affect work currently underway to identify the best way forward for the proposed road.

Cllr Ian Johnson, Plaid Cymru leader in the Vale Council, said the council should also take some of the blame.

"This is a very disappointing response from the Labour Government in Cardiff, and I hope that the decision will be reconsidered," he said.

"However, the Vale Council is also at fault. Last week, I asked in council about future funding for the Dinas Powys bypass and was told that all was well. Clearly it is not.

"This also shows the mistake of the Vale Council agreeing to the village's biggest housing development in a generation before securing a Dinas Powys bypass.

"Local residents were given promises by the Conservatives about a bypass – and those promises must be kept."

LDR

Llancarfan consultation concludes

INITIAL consideration of the responses received to the public consultation on Vale Council's proposal to build a new primary school in Rhose and relocate Llancarfan Primary School is now underway after the window for submissions closed on April 20.

Cllr Bob Penrose, cabinet member for learning and culture, said: "The council received a significant number of responses to the consultation and these make clear the great strength of feeling within the village of Llancarfan and the surrounding area.

"It is clear from the responses received that there are a number of issues for us to address, including the potential impacts on the

community of Llancarfan and concerns surrounding the future of the school site and buildings, if proposals to relocate Llancarfan school are to be taken forward.

"The council is committed to ensuring that all pupils in the Vale have every opportunity to succeed. This is a vision that can only be realised by working in partnership with schools, governors, parents, and the wider communities we all serve. For this reason the consultation exercise has been valuable and important in informing the next steps".

A wide range of views were represented in the consultation responses, including those of staff, pupils, parents and members of the local community.

Further information will be provided once an initial consideration of responses has been undertaken.

GVS funding support available for local groups

THE Funding Information Service is one of the free services Glamorgan Voluntary Services (GVS) delivers. Its purpose is to provide funding information and assistance tailored to the specific needs of every group.

Many groups have been supported to successfully obtain funding to enable them to provide vital services and resources that have improved the lives of beneficiaries. More than £18,000,000 has been raised by groups in the Vale through the support provided by GVS.

GVS offers a comprehensive funding service which includes:

Funding searches carried out for groups by experienced staff;

Bespoke support on completing funding applications and review of applications before

being submitted to funders;

Access to a quarterly Sustainable Funding e-newsletter; access to 27 funding information sheets on the website;

Regular funding updates via weekly GVS e-bulletin and funding updates on GVS website;

Opportunities to attend one to one funding surgeries with key funding organisations in Wales;

Opportunities to attend funding presentations at the Vale Voluntary Action and Community Development Network (VACDN);

Opportunities to attend funding training courses and access to the Vale Voluntary Sector Business Links Handbook.

For further details about GVS and their services, contact 01446 741706, e-mail: enquiries@gvs.wales, or visit www.gvs.wales.

Vale's deputy youth mayor is re-elected

BARRY Comprehensive School's Daley Chapman, currently the Vale Deputy Youth Mayor, was recently re-elected by members of the Vale Youth Forum to serve on the Youth Cabinet for a second term.

Daley is currently in year-12 and studying history, film and theatre studies at A-Level, along with the Welsh Baccalaureate.

Joining Daley in the Youth Cabinet are students from Bryn Hafren, Cowbridge, St Cyres, St Richard Gwyn and Ysgol Gymraeg Bro Morgannwg. The new cabinet will be in post until September 2019.

Bethan Watkins, Youth Participation Officer, said: "Daley gave an excellent manifesto and is a great voice for the school."



Daley Chapman, Deputy Vale Youth Mayor and Member of the Vale Youth Cabinet.

"Everyone at Barry Comprehensive is very proud of Daley for taking on the responsibility of representing the young people of the Vale and wish him and his cabinet colleagues every success."

CHARITY GOLF DAY AT BRYNHILL GOLF CLUB

THE 'Flutterby Fundraisers for Cystic Fibrosis' are holding their annual charity golf day at Brynhill Golf Club on Saturday, May 12, at 1pm.

A spokesperson said: "Our aim is to put the FUN back into fundraising. Last year the charity raised an astonishing £64,500! "A large cheque made

its way to the UK Cystic Fibrosis Gene Therapy Consortium, enabling them to purchase specialist equipment to help them continue their work in research into CF.

"This years event has sold out and we would like to thank Brynhill for all their support. We have other events planned

throughout the year including a fun run, walk or ride event plus our fun night in September."

Further details of other events can be found on Facebook/flutterbyfundraisersforcysticfibrosis; to donate text GENE17 to 70070

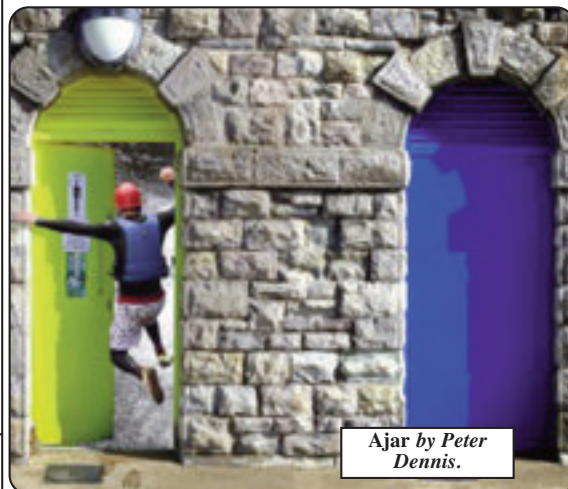
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Lady in Window by Cled Lewis.

Guest speaker re-interprets landscapes to improve on nature



Ajar by Peter Dennis.

SPRING really is a season of contrasts.

From very autumn-like, wet and blustery, to really summer-like, and back again, and the four meetings of the Vale Photographic Club – which consisted of two competitions and two presentations – were equally different.

On April 6, we had a presentation by Barry Mead. Wonderful pictures of wild animals, drawn when he was probably still in his teens and equally wonderful photographs of wild animals, taken with an awareness that gave him the clues as to when to best press the shutter.

In the second half, he showed his creative landscapes, which altered real scenes, but in such a way as to make them

very believable.

This was accompanied by his incredibly humorous, but not comical, talk. Everyone was very enthusiastic and we look forward to seeing him again.

Two weeks later, our guest speaker was Harry Gardiner, from Tenby. Like Mr Mead, Mr Gardiner's photography was a natural development of his background in painting and drawing.

However, he was very influenced by the Old Masters, and instead of the fantasy approach, he showed us examples of paintings which improved the natural setting of a scene by moving the position of a bridge, tree, or hill in order to make a better composition.

Between these we had the Vale Cider Cup competition against Bridgend Camera Club.

Each team chooses a set number of pictures, but without knowing anything other than a category, (e.g. landscape or portrait).

The judge, an excellent choice in Peter Young, has to then decide which image is the better. This produced an enjoyable combination of very partisan but most light-hearted competitiveness. The dream result was a draw.

Best people print was Lady in Window by Cled Lewis.

Our last meeting of the month was our sixth internal competition, judged by Dave Bennett. The set subject was 'Something beginning with A'.

The winner for the projected digital image was Peter Dennis with his Ajar.

The judge talked about all of the images exhibited, in a light-hearted but informative way and provided an enjoyable evening.

If you think that our evenings sound interesting, then join us on a Friday evening in the Village Hall, Ystradowen, for a 7.30pm start.

Tony Tarlton

Care and Repair

ARE you a homeowner or private tenant living in Vale of Glamorgan?

Are you elderly or disabled and need advice or support on repairs or home improvements? Care and Repair Cardiff and Vale help older homeowners and private tenants adapt and maintain their homes, give advice on grants available and information on reputable companies to use.

Care and Repair will be holding a session at Age Connects Cardiff and Vale Senior Health Shop, 38 Holton Road, Barry, on Tuesday, May 15 from 10am-12 noon. No appointment is needed, just come along and have a chat to an adviser from the scheme.

Contact 01446 732385 for further information if needed.

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Local garden is open for charity

A LOCAL garden opening for the National Gardens Scheme on May 15 is Bordervale Plants, Cowbridge.

It is within a mature woodland valley (semi-tamed), with stream and bog garden, extensive mixed borders; mini wildflower meadow, providing diverse wildlife habitats. Children must be supervised.

The Nursery specialises in unusual perennials and cottage garden plants.

The garden is open from 11am to 4pm on May 15. Admission adult, £3, children are free.

Bordervale Plants is at Sandy Lane, Ystradowen, Cowbridge, CF71 7SX.

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614 County of Glamorgan Squadron features in RAF100 celebrations

SINCE its founding in 1937, No. 614 Squadron RAF has had many guises, as well as a hiatus from 1957 to 2014.

Beginning as army co-operation squadron unit of the Royal Auxiliary Air Force, based first at RAF Pengam Moors in Cardiff, now the site of Willows High School, it has also operated many different aircraft to fit its varied guises of a coastal patrol, then bomber, and finally a fighter squadron.

From Hawker Hinds and the Westland Lysander, to Bristol Blenheims to the Halifax, Spitfire, and Vampire, 614 Sqn went from biplanes to jet fighters, and from North Africa to Italy to RAF Llandow in the Vale.

On May 2, Aircraftman Terence Cadogan, of 614 County of Glamorgan Squadron RAF Reserves and an old boy of Willows High School, took part in the UK-wide RAF100 celebrations.

AC Cadogan brought the RAF100 Baton to Willows High School to present it to Year 7 pupils, the next generation of The Royal Air Force (RAF).



Many a flying start has happened at the site, once home to No. 614 Squadron RAF. From left: Corporal Andrew Oldham; Aircraftman Terence Cadogan; and Flying Officer Martin Wade.

The RAF is marking its centenary this year with the RAF100 celebrations – 100 days of events, activities and other initiatives running nationwide from April to the end of September 2018.

The event also commemorated the significant history the RAF has with Cardiff and Willows school, which is named after Cardiff aviation pioneer Ernest Willows, who built and flew an airship from the site of the school in 1905 and was the first man to fly an airship from England to France.

AC Cadogan said: "It is an absolute honour to be a part of the RAF100

Baton Relay. I hope coming back to my old school gives the current students a sense of the world-class training and opportunities that I personally have benefitted from.

"The RAF is a fantastic place for young people to kick start their career."

Andy Cole, a teacher at Willows High School who taught AC Cadogan when he attended, said: "Our school is intrinsically linked to the history of the RAF in Cardiff, and to 614 Squadron.

"As a serving Reservist in 614, Terence is a wonderful example to our pupils of someone who is

fulfilling their potential, gaining fantastic experiences and building a first-class career. "As a school we are immensely proud of him."

The event acted as a prelude to the RAF100 Aircraft Tour, launching in Cardiff on 18-20 May. The tour will include a range of aircraft covering the RAF's history, from WWI to WWII, and from the Cold War to today.

The RAF100 Baton was designed and manufactured by RAF apprentices at No. 4. School of Technical Training, MoD St Athan, and represents the RAF's century of service to the Nation.

LOCAL MARINE ARTIST HOLDS EXHIBITION

LOCAL marine artist Nick John Rees is looking forward to welcoming people to his exhibition in Cowbridge.

Nick's exhibition is being held at 23b High Street, Cowbridge and will feature more than 40 original paintings, plus a selection of signed limited edition prints.

The work on display will feature local scenes along the beautiful Glamorgan Heritage Coast, as well as work from further afield.

The exhibition is open continues until May 28 and is open every day.

For more information, see www.nickjohnrees.com OR

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Diarrhoea? Abdominal pain? Bloating?

This is what you should know about recurrent bowel problems

More and more people suffer from recurrent bowel problems – especially in developed countries. The good news is: A new product has come to the UK and it can help!

Diarrhoea, abdominal pain, bloating, and flatulence – especially in developed countries more and more people suffer from recurrent bowel problems. Many are only affected by one of these symptoms, others suffer from multiple in alternation or even all of them at the same time. In the UK, approximately one in every five people is affected. According to many scientists, this can be caused by the modern lifestyle with its unbalanced diet and stress as well as infections and medications. Recurrent bowel issues can also have a different cause, so it's recommended to consult a physician.

Possible Cause: A damaged intestinal barrier

More and more scientists now assume that the bowel problems are caused by small injuries to the intestinal barrier. This allows toxins and pathogens to penetrate the intestinal wall. The effect: the bowel is irritated. Experts speak of the Irritated Bowel Syndrome, or IBS in short with its typical symptoms such as diarrhoea, bloating, and abdominal pain. However, there is effective help: Kijimea IBS.



Unique Bifidobacterium can help

While searching for an effective therapy, researchers under the supervision of the renowned scientist Professor S. Guglielmetti made a discovery: The unique strain of Bifidobacterium that is

included in Kijimea IBS (B. bifidum M1MBb75). This strain attaches itself directly to the intestinal wall, like a plaster, and by doing so, protects it.

A clinical study has shown that the bacterial strain that is included in

Kijimea reduced most bowel issues in people suffering from an irritated bowel. In some cases, the irritated bowel even disappeared. Even more: the quality of life of most affected people improved significantly during the study. Kijimea IBS is available over the pharmacist counter. It is prescription-free and has no known side effects.

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Ward sister speaks of passion for palliative care

A WARD sister, who began her palliative care career as a healthcare assistant, has spoken of how her passion for quality end of life care prompted her to become a qualified nurse.

Marla Muir, who has worked for terminal illness charity Marie Curie for 14 years, first started working as a bank healthcare assistant for the charity in Wiltshire. She is now the deputy ward sister on a ward at the charity's Cardiff and the Vale Hospice in Penarth.

The hospice provides round-the-clock care and support for people living with a terminal illness, and their families.

"I've always been passionate about end of life care, it's always been really important to me," said Marla, who worked as a healthcare assistant at the hospice for five years before starting her nursing training.

"I wanted to do more for my patients," she said as she marked International Nurses Day with her colleagues on May 12.

"Doing personal care wasn't enough for me, I wanted to be able to affect how their symptoms

were managed. I wanted to be able to do more to make them comfortable and to have more input."

Marla signed up to take her Access to Nursing course, followed by her degree and qualified in 2013. She began her career as a registered nurse on a cardiac unit to gain experience in medicine, before another opportunity arose in the hospice.

She said her first nine months following qualification has held her in good stead since Marie Curie began providing support to people living with any terminal illness – including heart failure.

"We've opened the doors to all end of life illnesses, which is massive and so important," she said.

"Because everybody deserves a good delivery of quality care at end of life, it shouldn't be specific to one particular disease."

Marla added that an important part of the role was to make positive lasting memories for family members, during such a difficult time.

"It's such a difficult and emotional journey for patients and loved ones to go through. An experience like this is likely to have affected most people at some point in their life. It's our role to support and share the burden with all those

involved.

She said being able to give that time to families was hugely important to her, and added that for patients, they don't need to be reminded every day that time is short.

"They like to laugh and have every day normal activities," she said.

"We're helping them to live the life they have left."

Commenting on her journey from healthcare assistant to deputy ward sister, Marla added: "Being able to make that difference was massive, and it feels as if I've completed my circle of where I wanted to be. It's such a rewarding and privileged role."

"Families are always thanking us, but I say it's a privilege for us. It's such a difficult and personal time in people's lives, and to be allowed in is a real big privilege. I'm empathetic, I think that's it's important to be able to stand in somebody's shoes," she said.

"I'm compassionate and I feel passionately that we can help people take positive memories from such a devastating period in their lives."



"It's such a difficult time... to be allowed in is a real big privilege," said Marla Muir from the Cardiff and Vale Hospice.

ANDY'S MAN CLUB ‘#ITSOKAYTOTALK’

DEPRESSION in men is sadly not uncommon and due to stigma, often goes untreated.

In men, depression can develop into a serious medical condition. Many men try and deal with it on their own and don't feel able to open up to relatives and friends, in fear of looking 'weak'.

Consequently, this means that

men suffering with depression and poor mental health can be at risk of suicide.

Andy's Man Club is a talking group for men that was started by the mum and brother-in-law of Andy, a 23-year-old rugby-playing father of one from Halifax who took his own life in April 2016.

Andy's family knew he had suffered some personal difficulties, but they hadn't realised how bad it had been.

Tragically, it's a common story: suicide is now the biggest killer of young men in the UK, with around 4,500 male suicides every year. Andy's Man Club is

a space for men to talk about their problems without judgement or feeling like a burden.

What started as a small support group in Halifax has ballooned into a Facebook group of thousands, with the hashtag #ItsOkToTalk going viral on social media.

Andy's Man Club Bridgend county borough is currently the only group in south Wales. They meet at 7pm every Monday at Porthcawl Rugby Club and welcome any man who needs to talk.

For further information, see <http://andysmanclub.co.uk>

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ADVERTISING FEATURE

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BUSINESS Drive Wales is a family-run private-hire company based in the heart of South Wales.

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A spokesperson for the company said: "Our drivers are all handpicked and understand the importance of working as a team. This creates a balanced and friendly approach and is key to the continued growth and success of a company that cares."

"You really do feel the highest of standard's from your very first call with the operators who will listen attentively to your needs and requirements and offer expert advice on potential travel times, locations and what you can expect from Business Drive Wales."

"For peace of mind after your booking, this is followed up with a confirmation email."

The company boasts a modern fleet of vehicles that are all high-specification models.

The spokesperson continued: "Business Drive Wales goes beyond the strict local authority testing programme to ensure a consistent approach with MOTs carried out every six months."

"Our drivers carry out daily checks which include lights, tyres and

all engine levels as well as cleaning the vehicles as required and after each journey."

The fleet is covered by RAC roadside assist and includes onward travel in the unlikely event it is required.

The spokesperson continued: "From a single occupant or up to eight passengers, you always arrive feeling relaxed, with comfort stops and bottled water provided on route."

"Telephone 01446 621251, visit businessdrivewales.co.uk, or search for Business Drive Wales on Facebook for inquiries or to receive a quote."

"And while you are doing that, read some customer testimonials, such as this one:

'Excellent service from Business Drive Wales. Collected us from Cardiff and took us to Garwick. Driver was on time and eight-seater was plenty big enough for five of us and all our luggage. Driver friendly and polite and happy to stop for toilet/coffee stop, getting us to the airport in plenty of time.'

'The company kept our children's car seats safe and brought them for the return journey. Driver was waiting at Garwick arrivals (with a sign for us) and took us straight to vehicle in car park. There were several fresh bottles of water in the car which was just what we needed after a long flight.'

'Driver was again friendly and polite and helped with our luggage. Also great service from the office; would definitely recommend and use again.'

ON Monday this week, Masons Self Storage completed the second phase of an ambitious expansion project in the Vale.

Two years ago, the company undertook a relaunch with a complete modernisation of its facility.

State-of-the-art features such as 24/7 access with personalised PIN codes, ESCORTA lifts for seamless journeys between the car park and storage units, and upgraded CCTV cameras and security were all added.

But demand for flexible storage has continued to increase, leading the company to launch a second phase in November 2017. It has been backed by the Masons Group and an investment of £1.2m.

The expansion includes an additional 215 units in a greater range of sizes than before.

It also introduces a whole new concept of 'Work, Rest and Store' in the Vale, aimed at the

increasing number of business customers who need more flexibility when juggling the demands of their businesses.

At Masons' new 'Business Zone,' customers will see bigger corridors to accommodate larger deliveries and there will be flexible working spaces for business customers. Customers will be able to connect free to WIFI, charging stations, work remotely and enjoy a range of refreshments.

Gordon Mason, Director of the Masons Group, explained: "We chose to undertake the expansion project at Masons Self Storage as a response to customer demand, especially from the growing number of businesses that require a flexible solution to storing."

"The expansion project allows us to attract new customers while simultaneously providing unrivalled services to our existing customers."

The Seafarers' Remembrance Service takes place on May 19

THE Merchant Navy Association (Wales) will hold this year's Seafarers' Remembrance Service on May 19 at the Merchant Seamen's Memorial in Cardiff Bay.

The Merchant Navy Association (Wales) – or MNA Wales – was formed in Spring 1995 by the late Bill Henke MBE and friends, to bring together in a spirit of friendship all seafarers who have served, or are still serving, in the Merchant Navy and Deep Sea Fishing Fleets.

One of the first tasks was to get a Merchant Navy memorial erected in Cardiff Bay to remember the sacrifices made by merchant seafarers during times of conflict, and the memorial was dedicated on May 24, 1997.

Each year since, MNA (Wales) has organised two Remembrance services: one to mark the anniversary of the dedication of the memorial on or near May 24; the other to mark Armistice Day in November.

The services are multi-faith to reflect the sacrifices made by seafarers from all nations, and have readings from the *Tanakh* (sometimes referred to as the

Hebrew Bible), *The Bible*, and *The Koran*.

A spokesperson for MNA Wales said: "Those invited include the Lord Lieutenant for South Glamorgan, representatives from associated veterans groups, The Royal British Legion, and maritime organisations such as the Mission to Seafarers, RNLI, Maritime Volunteer Service, Merchant Navy Associations of Swansea and Newport, Sea Cadets, the Royal Naval Reserve, local shipping companies, and the Maritime Coastguard Agency. "The Lord Mayor of Cardiff and representatives from the Welsh Assembly Government are also invited."

"Music at the services is provided by the Cardiff County and Vale of Glamorgan Symphonic Brass Bands, and the clergy includes Father Dean Atkins, Honorary Chaplain to the Port of Cardiff."

The spokesperson added that the services could not be conducted without the support of the Welsh Assembly Government.

The service commences at 11am, but those wishing to attend should muster by 10.45am near the memorial.

For more information, visit www.mnawales.org.uk.

Masons Self Storage in £1.2m 'Work, Rest and Store' investment



LEFT: The Twenty12 flooring showroom is at the newly expanded storage centre.

'Dying Matters' Awareness Week will answer those difficult questions

ARE there questions around death and the funeral industry that you have been meaning to ask someone?

Local funeral celebrant Ceri-Lou Newman is organising a community event to encourage people to be more open in talking about death and funeral wishes.

The free and informal evening, open to all, is being hosted by the Cardiff & Glamorgan Crematorium on Port Road East, Barry on Wednesday, May 16 from 5.30pm.

It is part of the 'Dying Matters' Awareness Week, which sees events taking place all over the UK to help break down the taboo.

Ceri-Lou explained: "By having conversations with our loved ones, we can find out what their final wishes are and honour them accordingly."

"Discussing our wishes now, while we can, will hopefully take away some of that unnecessary pressure at what will already be a difficult time".

Industry experts will be on hand to answer any questions you

may have, including funeral directors, celebrants and ministers, florists, experts in cremation and funeral care.

Various memorial keepsakes, memory blankets and teddy bears will be on display and there will be an opportunity for informal discussions over refreshments for anyone who just wants to start the 'big conversation' and think about their own wishes.

For more information about the event, please visit www.cherishedmemories.wales or call Ceri-Lou on 07999 715 251.

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Cash JISA	£1	£1	2.00%
Young Saver	£1	£1	2.00%
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*Based on the Swan Premier (discounted) no longer exists and all existing accounts have been transferred to the Personal Premier account.

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LOCAL NEWSPAPER WEEK 14 - 20 MAY

LOCAL NEWSPAPER WEEK

14-20 MAY

It's local people who
make the local newsThe Glamorgan GEM -
Reporting on all the
news from the local
community since 1983

THE GEM is committed to bringing its readers all the important news from their community as well as providing a platform for local contributors, schools, charities, sports clubs, and more, to tell the public what they are doing. Here, local groups and schools explain why they use The Glamorgan GEM...

"THE GEM newspaper is a fantastic media outlet. It's a community focused newspaper that fully supports local businesses, charities and schools to enable them to share their stories to local communities."

"The GEM newspaper allows Emmaus South Wales to engage with the local communities to share our latest news, both in traditional print form and online."

"As a direct result of our articles being published in The GEM newspaper, we had a financial donation on our new website and a successful referral that ensured a local individual didn't become homeless."

"We enjoy working alongside a local news outlet that supports us, a local charity."

Georgia Tandy, Marketing Coordinator, Emmaus South Wales
"STUDENTS, staff and governors at Barry Comprehensive School are delighted to thank The Glamorgan GEM for helping us celebrate our many outstanding achievements."

"The GEM has enabled us to share thousands of success stories and photos with readers across the Vale."

"As a community school, communication is vital, and local newspapers play an important role in helping us all keep in touch."

"Although Barry Comprehensive School's story reaches its conclusion this summer, we will continue to look forward to each Thursday's new edition to read about the students and staff as a new chapter in secondary education in Barry begins."

Gerard McNamara, Headteacher, Barry Comprehensive School
"AS a charity that rehomes dogs to local people, having our pooches featured in newspapers such as The GEM is vital to us."

"We have countless examples where our dogs have been featured and found homes as a direct result of someone seeing our appeal in the local paper."

"It's wonderful to have the support of local newspapers who help us to reach more people, raise

awareness and ultimately allow us to rehome more dogs each year."

Kayla Maryon, Dogs Trust Bridgend
"LOCAL newspapers like the Glamorgan GEM are of incredible value to our farmers in terms of highlighting a variety of farming matters, but the paper also helps us explain to so many people why farming matters to them."

"Much news can now be found online but not everyone has a reliable internet connection and there is nothing better than sitting down with a cup of tea and reading an actual paper, especially if that newspaper is dedicated to bringing you news that matter to you."

Rachel Saunders, FUW Glamorgan CEO
If you have a story or local news you want to share, then get in touch with us. Email editorial@glamorgangem.co.uk or call us 01446 774484. We look forward to hearing from you!

COWBRIDGE COMPREHENSIVE SCHOOL

would like to invite you to the
Art and Design Exhibition
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Helping local pupils with their reading,
'riting, and even their 'rithmetic, The
GEM assisted Ysgol Y Ddraig and Dinas
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to create their own newspaper.

Pupils had a chance to grill special
guests, such as Mayor Cllr Sian Vaughan
and her consort, Rob.

Some of the questions were Paxman-like
in their directness.

PHOTOS BY MIKE WILCOCK.
(email wilcoco60@aol.com)



Llantwit Major School
Ysgol Llanilltud Fawr

would like to invite you to their
Art, Textiles and Design & Technology Exhibition
being held on
Thursday 28th June 2018 5.30-7pm
The staff and students would like to thank
The GEM in helping to celebrate the success of
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report our news and pupils' achievements.

Llantwit Major Town Council

Councillor Dr PD Ellis
Town Mayor and Town Councillors
Congratulations to the GEM on
your continued excellent
coverage of local issues across
the Vale of Glamorgan &
especially for your support for
Llantwit Major and its
Town Council & residents.

Andrew RT Davies
Welsh Conservative AM for South Wales Central

Congratulations to the
GEM for serving the local
community with excellent
editorial coverage.

If you have any issues that you would
like to raise, please contact me using the
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Residents voice opposition to youth service changes

MORE than 2,000 people have voiced their opposition to staff cuts being planned for the Vale's youth service.

The Vale Council is planning to reduce the number of staff in its youth service from 53 to 25 and close Llantwit Major Youth Centre.

Front-line youth workers would be cut from 48 to just nine staff as the council aims to create a 'mobile' youth service with fewer employees in part-time posts.

The earnings of the youth workers who are set to remain would be slashed as their working hours would be reduced from 37 to 25 hours per year – with pay based on 39 weeks each year.

The council, which stands to save £63,000 from the changes, said it wants youth services to be more sustainable and effective.

Cllr Helen Payne, Barry town councillor and youth worker, said she's helped to collect 2,500 signatures for a petition against the changes, which was handed to the council at its full council meeting on April 25.

She said: "The value of youth work will never be known entirely until you're older. It's really important we maintain our youth services – it is so important to young people."

"We have the highest rates of mental health call outs in the whole of the South Wales Police area, we have rural areas in the Vale that need services."

"We need to engage young people because it's a useful service, people need something to do and it has an impact on people's lives."

Community groups would be encouraged to support youth work in the county by taking

control of premises and supporting the delivery of youth programmes.

Cllr Bob Penrose, cabinet member for learning and skills, informed the meeting the youth service provision is not being cut. Mr Penrose said although there would be fewer roles in the service after the reorganisation, they would have longer hours and be for fully qualified youth workers.

He said: "There seems to be a false assumption that what is proposed is a cut to the youth service provision. This is not the case."

"I'm very aware of the positive role of the youth service in reducing antisocial behaviour. That is why the proposed changes to the delivery model of youth services will not lead to a cut in the universal provision."

"The amount of youth work undertaken in all areas will at least be compatible at the current levels."

He added Llantwit Major's youth centre is the last facility of its kind operating in the Vale and said it would be replaced with a 'youth bus' which "is very popular with young people in the area."

LDR

IT'S A FIRST AS QATAR AIRWAYS TOUCHES DOWN IN WALES

THE first Qatar Airways flight from Doha to Cardiff, the capital city of Wales, touched down today at Cardiff Airport, where it was welcomed with a celebratory water cannon salute and greeted by the Mayor of the Vale of Glamorgan, Cllr Janice Charles.

On board the inaugural flight to Cardiff, Qatar Airways Group Chief Executive, His Excellency Mr Akbar Al Baker, was joined by Secretary of State for Wales, Alun Cairns MP, The First Minister of Wales, Carwyn Jones AM, the United Kingdom Ambassador to the State of Qatar, Mr Ajay Sharma and the Chairman of Cardiff Airport, Roger Lewis.

To celebrate this special occasion, the award-winning airline flew its ultra-modern Airbus A350-900 to Cardiff, providing VIP guests the opportunity to experience the state-of-the-art aircraft.

This was the first time a commercial passenger Airbus A350-900 aircraft, whose wings are built by Airbus in Wales, has landed on Welsh soil. Going forward, Qatar

Airways will operate its daily Cardiff service with a Boeing 787 Dreamliner, which has a two-class configuration including 22 seats in Business Class offering passengers direct aisle access with its 1-2-1 configuration, as well as 232 seats in Economy Class.

His Excellency Mr Akbar Al Baker, said: "Today marks an especially important milestone for both Qatar Airways and Cardiff Airport. The new service, our fifth gateway into the UK, now provides the people of Wales and the south west with an extensive network of more than 150 destinations globally."

"We are delighted to welcome Cardiff into our route network, and to be able to provide the Welsh people with a new gateway to the world. We look forward to welcoming our new Welsh passengers on board and to connecting them to Doha and many points beyond."

The Secretary of State for Wales, Alun Cairns, said: "The first direct flight from Cardiff to Qatar plugs Wales straight into an area of massive investment and an airport with 150 onward destinations around the world. This is the fast track for Welsh companies doing business in the Gulf."

"Today's announcement is the culmination of months of Government activity in public and behind the scenes. The UK Government Qatari trade mission last September

was all about growing links and unlocking the region for Welsh exports.

"Qatar is the UK's third largest export market in the Middle East and accounts for £35 billion of existing investment. Passengers disembarking from the first direct flight from Doha to Cardiff will get the unmistakable message that Wales is open for business."

The First Minister of Wales, Carwyn Jones, said: "I am delighted to welcome the first Qatar Airways flight from Doha to our capital city, Cardiff. The new direct service between Cardiff and Doha is a huge boost for Wales."

"It will open up Wales' links with the rest of the world and deliver new economic, leisure and travel opportunities for Welsh businesses and the people of Wales."

The Chairman of Cardiff Airport, Roger Lewis, said: "This is a pivotal moment for Cardiff Airport, for Wales and the south west of England. The far-reaching consequences of this service for passengers and businesses will be transformational."

"I sincerely thank HE Mr Akbar Al Baker, for the trust he and Qatar Airways are placing in us. I am confident that the team at Cardiff Airport will deliver a world-class service with Qatar Airways for all of our passengers both visiting Wales and those travelling across the world."



Alun Cairns, Roger Lewis and Carwyn Jones follow His Excellency Mr Akbar Al Baker as he arrives on Welsh soil.

Vale Foodbank increases its emergency supplies

A TOTAL of 3,439 emergency food supplies were given to local people in the last year, the Vale Foodbank has revealed.

The figures relate to the period from April 1, 2017 to March 31, 2018. A total of 1,265 supplies helped children.

The previous year saw a total of 3,372 emergency supplies.

The local foodbank is part of The Trussell Trust network and it believes the local increase is due to people struggling with benefit payments, and insecure or low paid work.

Susan Lloyd-Selby, manager of the Vale Foodbank, said: "We don't want to be here forever. No one in the Vale should need a

foodbank's help and we want to see an end to local people needing emergency food at all.

"It doesn't have to be this way – with a benefits system that catches people before they fall into crisis, and secure work that provides people with enough money to cover the cost of essentials, this is possible."

"But until that time, we will continue to provide vital support when it matters most – we're dedicated to ensuring that people in our community with no money for food are able to access emergency support, and that has only been possible in the last year because of the incredible generosity shown by local people in donating food, time and funds."

YARN BOMB

A YARN bomb takes place at Barry Library garden on Wednesday, May 23 from 12 noon to 2pm.

Bring a project or bring a friend and join in the fun in the sun. Raffle and refreshments, coffee/tea and cake £2 to raise money for Kidney Research Wales and Marie Curie nurses.

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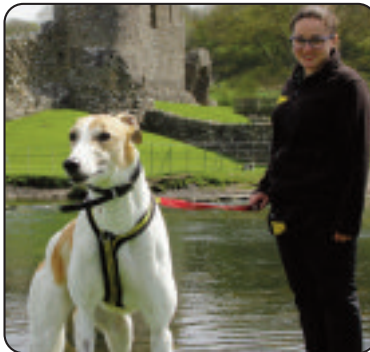
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Finn can live with children aged 11 years

and over. He'd prefer a home where his new owners are not out for long, as he's not used to being left for hours.

If you can offer this sweet boy a comfy bed to curl up in, then please get in touch.

For more information on Finn, visit the Dogs Trust Rehoming Centre in Bridgend, CF31 4NG, give us call on 01656 725219 or visit the centre's website at www.dogstrust.org.uk.

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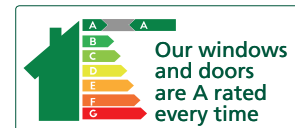
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Any 9 windows	£4,941	£56.59	£5,841	£66.90
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Any 12 windows	£6,588	£75.45	£7,788	£89.19
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Out & About with The GEM

'Something for everyone' at the VoG classic car show

THE Vale of Glamorgan Classic Car Show has, according to its organisers, become one of the most eagerly awaited charity fundraising classic car show for classic car admirers in south Wales.

In its sixth year, the Rotary Club of Dinas Powis welcomes classic car enthusiasts from all over south Wales, the West Country, and beyond that, to share their passion for classics.

This year's show will be held on May 28 in the grounds of the Sully Sports and Leisure Club. The gates are open to the public at 10.30am, the cost of entrance is £2.50 for adults, accompanied under-14s free. The show will raise funds for the RNLI and Dinas Powis Scout troop and local good causes.

There will be more than 200 classic cars and motorbikes on

display.

A trophy awaits the best car on show, as well as the best motorcycle, and there are awards for the two runners-up in each category.

There will also be an autojumble, which organisers describe as "...a haven of parts and spares for anyone working on their car, stalls selling a range of hard-to-find car and motorcycle parts, accessories, merchandise, memorabilia plus vintage items."

The spokesperson continued: This year there is also plenty to do for the non-car enthusiast, as well as traders, there will be a range of catering facilities and activities for children and families.

So, whether interested in classic cars or just taking the children out for the day there will be something for everyone.

CS

Charlize Theron is incredible as Tully sees a return to form for director and screenwriter

SCREENWRITER Diablo Cody and director Jason Reitman may not have maintained their early form, but the pair make for quite the combination. Having already made *Juno* and *Young Adult* together, they re-team with the latter's lead actor Charlize Theron in *Tully*.

Theron plays Marlo, a mother of three, including a newborn, who is given a nanny, the eponymous Tully (played by Mackenzie Davis), by her brother as a way of helping her out.

Initially sceptical about this new individual, Marlo soon begins to form a bond with her as Tully begins helping freshening up Marlo's life...

If *Juno* was the formative years and *Young Adult* the strappy teens, then *Tully* is the grown-up and embittered period of the Jason Reitman/Diablo Cody partnership.

Their previous two films have mined the human experience and its many facets, but while *Tully* draws from the same well there is a depth, heart, humanity and braveness to it that perhaps the other films lacked.

This isn't a whip-smart film, nor one that revels in the arrested development of its lead; instead this is a story of motherhood, its trials and tribulations, and the wish that sometimes

there is a fairy godmother to make everything OK again.

Charlize Theron's Marlo is a woman teetering on the edge, heavily pregnant with child number three; her first two children delight in testing her while her husband (the ever-watchable Ron Livingston) is disengaged from the process, the pair orbiting separate worlds.

While Marlo's brother's offer of a night nurse goes against every grain of her being, when enough becomes enough Marlo accepts the offer of kindness and soon starts to learn more about herself than she ever would have, thanks to the ethereally worldly-wise Tully.

This is a film that hangs off the incredible performance of Theron, a turn lacking in vanity and pretension, raw and brutally realistic and it reminds you of just how fine an actress she has become.

To say it's her finest turn since the one that landed her an Academy Award in *Monster* wouldn't be an understatement – she's that good here, a woman keeping her head above water while everything around threatens to drag her down.

What's most refreshing is the way that Cody's script (and indeed Theron's performance) paint her so realistically, flawed yet doing her best with what she has; when



by
GARETH JAMIESON

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Tully enters her life, suddenly the blinkers are off, she finds herself returning to a semblance of her former self and Theron takes us on her journey and essays the character with incredible dexterity.

As the titular night nanny, Davis is fabulous, all earth-mother advice and swagger, the perfect fairy godmother to give Marlo her life back.

Their scenes together are wonderfully realised, and Davis (who has been superb in the likes of *The Martian* and Black Mirror episode *San Junipero*) delivers another strong turn.

Anchored as it is on this central pairing, the rest of the turns fit in well, whether it's Livingston's husband, himself feeling cut off from his wife, Mark Duplass' well-to-do brother who sets the ball rolling or Asher Miles Fallica as Marlo's young son Jonah, whose difficulties cause much of the familial strain.

For both Reitman and

Cody this is their best work in a long time, the former regaining his sharp eye for characterisation and narrative, while for Cody this is easily up there with *Juno* in terms of quality, yet what is lacking in brashness and youthful chutzpah is a more wise and mature outlook that pays huge dividends here – the bite is still there, and there are some real zingers of dialogue, but there's a heart and tenderness that plays higher in the mix.

The only drawbacks are that as the film drives towards its denouement, it somewhat telegraphs where it's heading, with a lurch into full-scale drama a little jarring given how well-balanced the film was before, but that aside Tully is a fantastic piece of work.

VERDICT – A film that sees the best work in a long while for its director, writer and lead actress, *Tully* is story that is powerful, caustically brave, amusing and heartfelt all in one go.

Jason Reitman and Diablo Cody's third effort together is a jolt in the arms of the other, while Charlize Theron is magnificent in the lead role. A film that dares to be truthful about the notions of motherhood and responsibility, this is an incredible piece of work. Highly recommended.

SEE THIS IF YOU LIKED: *Juno* (2007), *Young Adult* (2011)

Royal wedding singer at music festival



Elin Manahan Thomas will perform at the Cowbridge Music Festival.

A WELSH soprano, who is set to serenade guests at this month's royal wedding in Windsor, will soon be taking to the stage in Cowbridge.

Hot on the heels of being chosen to perform at the nuptials of Prince Harry and Meghan Markle, Elin Manahan Thomas will be one of the headline artists on the Cowbridge Music Festival line-up for 2018. Now in its ninth year, the Cowbridge Music Festival will take place from September 7-22 with a programme consisting of more than 20 events.

This year's artists include one of the world's most exciting classical guitarists, Miloš Karadaglić, and one of the UK's most highly regarded jazz vocalists Jacqui Dankworth, as well as many established names and rising stars of the classical, jazz and folk worlds.

A spokesperson for the festival said: "We're really excited about this year's lineup. We have some of Europe's most celebrated musicians, festival favourites and rising stars from the classical, jazz, and folk worlds in our programme."

Tickets for this year's festival go on sale July 2. For more information, visit: cowbridgefestival.co.uk.

MS

Dinas Powys Players holds open evening

THE Dinas Powys Players is an amateur dramatic society that performs two productions a year with social occasions between.

It is holding an open evening at 8pm, Wednesday, May 16 at the Lee Hall, Britway Road, Dinas Powys CF64 4AF.

The evening will consist of meeting and chatting to current members and reading some excerpts from a play. It is not an audition event rather a social one.

The evening is open not only to those who wish to act, but also those who may wish to get involved behind the scenes (for example props, sound, lights) or

GP

The next Dinas Powys cinema screening has a lot of soul

FINDING Your Feet (12A) is the next screening at Dinas Powys Community Cinema, this Saturday, May 12.

It tells the story of Sandra, who, on the eve of her retirement, discovers her husband is having an affair. She moves in with her more bohemian older sister, who encourages her to join a dance class in the local community hall.

The all-star class includes Imelda Staunton, Celia Imrie, Timothy Spall and Joanna Lumley.

The volunteer-run

Dinas Powys Community Cinema is located at the Murchfield Community Centre, Sunnycroft Lane, Dinas Powys (CF64 4QQ). There is a licensed bar, and ice creams, teas and coffees are also available.

Doors open 6.30pm for a 7pm start. All tickets are £4.50. They are available on the door, or can be purchased in advance from the DPVC office at the rear of the Community Centre (weekend mornings) or online: www.ticketline.co.uk/murchfieldcommunitycentre.

SS

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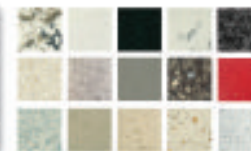
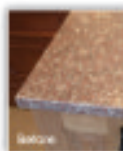
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WINDOW boxes can bring a touch of glamour to any window sill and provide everyone with the opportunity of growing flowers, veg and herbs outdoors, without the need for a garden.

When planting up your window box, there are a few things you need to bear in mind. A window box looks best if it fits as exactly as possible to the size of the window and whatever type or style you use, make sure it is securely anchored. Ensure your container has drainage holes, and the same goes for any plastic liner you are using (important for wooden window boxes as liners protect against rotting or warping due to prolonged contact with wet soil).

Plants will use up the limited nutrients in

compost quite quickly, so mix slow-release fertiliser granules into the compost when planting – this will gradually release nutrients throughout the growing season for a brilliant display.

Make sure that your window boxes are easily accessible from either side. They will need frequent watering and tending, especially in the summer months, so it's important they are easy to reach. To stop your window boxes drying out quickly, water them regularly and consider incorporating water-retaining gel into your planting medium.

Boxes that seem to be overflowing with flowers provide a more beautiful and natural look so go for cascading plants to soften edges and plant flowers close together so that they appear to be bursting with foliage. For a suitably lush effect, you need plenty of leaf, so include at least one

good foliage variety in each plant mix.

Annuals and tender perennials such as sun loving petunias, lobelia, fragrant nicotiana and night scented stocks usually grow for a year before being discarded so they don't require much root space. Half-hardy perennials, such as geraniums, are perfectly at home growing in containers

and, if you deadhead regularly, they'll provide continuous blooms for months.

If your kitchen window box is in the sun, you can grow a variety of edible plants such as dwarf tomatoes, lettuce and peppers, as well as herbs like thyme, chives, parsley and sage.

Many of us will have some, if not all,

window sills that are in shade for the best part of the day, so shade lovers such as ivy, hart's tongue and ferns are a good choice.

The beauty of window boxes is that with a mixture of perennial and annual plants, you can have a seasonal makeover to keep everything looking fresh.

by Sara Milne

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Gardens and gardening are the topics at WI federation AGM



Christine Walkden with members of the Glamorgan Federation board.

ON a wet, windy day in April, 446 ladies from 77 WIs in Glamorgan met at the Princess Royal Theatre in Port Talbot for their annual council meeting.

Mrs Ann Davies, the federation chairman, welcomed members and guests and *Jerusalem* was sung. Mrs Davies introduced Mrs Claire Atherton, the treasurer, who thanked members for their continued support and was pleased to report that the federation was in good financial health.

Chris Needs, the charismatic broadcaster, then entertained the members. He talked about his life and career, from early beginnings in Cwmavon to the present day, and his much-loved Radio Wales show, *The Friendly Garden*.

His talk was interspersed with very funny anecdotes and jokes, which had members rolling with laughter!

In her chairman's address, Mrs Davies talked about the wonderful work the Glamorgan Federation does and with 4,300 members in 212 WIs, it was difficult to ignore that the WI was a force for good in the community and nationally.

She presented Mrs Norma Morris with the chairman's plate in thanks for her many years of service to the federation as its musical director.

Before lunch, Mrs Mavis Tierney, a member of Tonteg WI and a keen apiarist, spoke with great enthusiasm about her life as a beekeeper.

After showing some of the equipment necessary for her hobby, including a very fetching white suit, she said that she could thoroughly recommend looking after thousands of bees, despite having to deal with swarms and stings. She certainly had the ladies buzzing as they went to lunch!

Awards were presented after lunch. Certificates were given to those WIs with significant birthdays and these included Coychurch WI and Reynoldson WI, who were celebrating their 100-year anniversaries, and Llangatwg WI received an award for winning the annual darts competition.

Bouquets were also presented to Mrs Ann Jones and Mrs Novello Peters, who were retiring from the Board of Trustees after many years of dedicated service.

The main speaker of the afternoon was



Mrs Mavis Tierney.

Christine Walkden, the well-known gardener and TV presenter. Christine spoke about her love of gardening, which began at a very early age.

She also outlined her career path, which included working at various horticultural stations, including the Royal Botanical Garden at Kew dealing with plants and seeds. This led eventually to her present situation working for the BBC and lecturing nationally and internationally.

She was obviously passionate about her work and her inspiring talk would have encouraged many of the ladies to look at their gardens with new eyes!

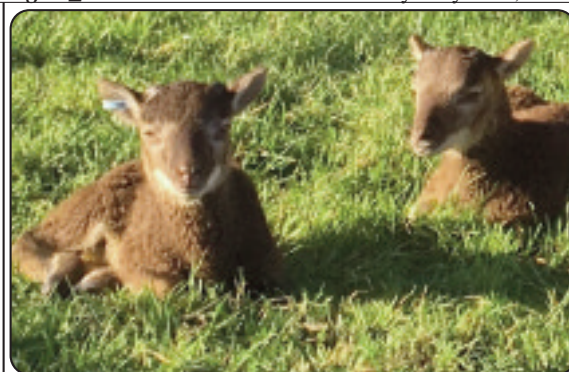
JB



Mrs Ann Davies with Chris Needs.



Mrs Ann Davies presenting Mrs Norma Morris with the Chairman's Plate.



The new arrivals are rare Castlemilk Moorit lambs.

New and welcome additions to the Swanbridge flock

THERE have been two new arrivals – a set of Castlemilk Moorit ram lambs – for the Swanbridge flock.

As such a rare breed, they are an important addition to the overall numbers of Castlemilk Moorit sheep across the country.

Flock owner Helen Joy said: "It is difficult to put into words just how delighted I am at the arrival of these two new additions."

"I believe these are the first Castlemilk Moorits to have ever been born in the Vale and it's been quite an emotional experience, given that the breed is so rare."

"The survival of this lovely breed is due directly to the late Joe Henson who in 1970, following the death of Sir John 'Jock' Buchannan-Jardine, bought six ewes and a ram which he took back to the Cotswolds and they became his foundation flock."

"It was these sheep and his work that helped save the breed from extinction."

During the early years of the 20th century, Sir Jock began a breeding programme on his Castlemilk Estate in Dumfries-shire.

It was his intention to develop a sheep to beautify his parkland and provide fine, kemp (hair) free moorit coloured wool. He used three breeds of sheep, Manx Longhorn, moorit Shetland and wild Mouflon.

He achieved his aim and created an elegant, almost deer like, sheep that to

this day carries the name of the estate on which they were bred, Castlemilk and the colour from the old Lowland Scots name for reddish-brown Shetland sheep, 'moorit'.

The Castlemilk Moorit breed is currently 'at risk' on the Rare Breed Survival Trust (RBST) Watchlist 2018.

Helen added: "I hope that these two boys will go on to the secure the continuing success of the breed and perhaps become the foundation rams for two new flocks."

The Swanbridge has been selected to represent the Castlemilk Moorit breed and will be on display at the National Sheep Association's main event Sheep 2018 at Malvern in July.

Helen concluded: "It is a real privilege to own these beautiful sheep and breed them. You can take nothing for granted but every new lamb is hopefully going to be the start of someone's success story and security for their future."

The Swanbridge flock along with other rare breed sheep can be seen at the Vale of Glamorgan Show on August 8 where they will be taking part in the new classes for Rare Breed and Primitive Sheep.

Editor's note: Joe Henson was a farmer who founded the Rare Breeds Survival Trust and appeared as a presenter on BBC shows such as Animal Magic. His son, Adam, is also a farmer and may be familiar to readers as a presenter of BBC's Countryfile.

JB

Local farmers take their Cows on Tour!

COWS on Tour, which consists of a group of enthusiastic NFU Cymru members, including local farmers Abi Reader and Rhys Lougher, headed out recently to tell the farming story to primary school children.

The Cows on Tour crew are well-versed, having visited schools in London and Cardiff.

Prior to the tour, Matthew Shervington-Jones, chairman of Cows on Tour, said: "We aim to get children to understand where their food comes from and the journey from farm to plate. We will start the process by explaining where milk and flour comes from and then show the steps involved in achieving the end product, as a way of

illustrating how the entire food chain works.

"We will be working with children ranging from three to 11 and hope to incorporate how agriculture has progressed and developed through generations in order to ensure that food is produced for the nation."

The Cows on Tour team recently visited West Park Primary School in Porthcawl, where the members and pupils featured in NFU Cymru's latest campaign video, *#WeAreWelshFarming*.

The new campaign, which was launched at the Senedd on May 1, spelled out the importance of farming to Welsh Assembly members.

The campaign champions the variety of ways in which farming benefits people and communities in Wales and was launched as part of a celebration of Welsh food and farming event sponsored by Eluned Morgan AM and hosted by NFU Cymru in Cardiff Bay.

The campaign encourages farmers across Wales to post examples on social media of the wide variety of work they carry out that underlines the important contribution farmers make to life in Wales. Farmers are encouraged to post their stories under the hashtags *#WeAreWelshFarming* or *#NtYwFfermioCymru*.

Got a story? Then get in touch with us - email editorial@glamorgangem.co.uk or call 01446 774484

VALE RURAL HUB ON AGENDA FOR GLAMORGAN SMALLHOLDERS

THE Glamorgan Smallholders' Group will have the opportunity to discuss the type of facility and range of services that may be required to create a viable, multi-purpose livestock market/rural hub in the Vale.

Keith Thomas, Director of PER Consulting, is keen to seek the views of members of the smallholders as well as the wider agricultural and rural communities.

The study will be completed by the end of August and PER Consulting will be holding face to face meetings with farmers, smallholders and rural business as well as conducting online surveys.

Being able to meet Mr Thomas and learning more about the project gives

smallholders across the Vale an ideal opportunity to express their ideas and gain a greater insight as to what the project partners are looking to achieve.

Chairman of the Glamorgan Smallholders, Russell Capelins, said: "The smallholders in the Vale are very proactive in their approach to livestock and the need to have more local facilities."

"A multi-purpose livestock market and rural hub would be an ideal way of bringing the communities closer."

In addition, the group will also be hosting Julie Thomas (no relation) from Simply the Best Training. As a training provider, Mrs Thomas has an in depth knowledge of a range of courses across the

agricultural spectrum and has many years of experience training farmers, smallholders and equine specialists.

Russell added: "Education and legislation are two very important aspects of the modern agricultural world. Ongoing training is important to ensure smallholders are up-to-date with the changes happening around them and that everyone meets the qualifications required to undertake their daily tasks in safety and with the right knowledge behind them."

The next meeting of the Glamorgan Smallholders will take place at The Boverton Castle on Thursday, May 24 at 7pm and everyone is welcome.

JB

Welsh homework club launched



Members of Learn Welsh the Vale, the Urdd, Menter Bro Morgannwg and Mudiad Meithrin, as well as Vale head teachers and school children.

A NEW homework club, called Clwb Ni – (Our Club) is co-ordinated by Learn Welsh the Vale, is now running once a week after school at Palmerston Learning Centre, Barry.

In January this year, a £26,000 Innovation Grant was awarded to Learn Welsh the Vale through the Welsh Government, allowing them to develop a homework club for families of children in Welsh schools, in partnership with the Urdd, Menter Bro Morgannwg and Mudiad Meithrin.

All providers to the National Centre for Learning Welsh were invited to bid for a new grant to develop

innovative practice in partnership with other local or national organisations.

The new free drop-in sessions are for Welsh speaking and non-Welsh speaking adults across the Vale, and creating opportunities for children and parents to learn together.

Learn Welsh the Vale is dedicated to supporting parents who have chosen Welsh-medium education for their children, and can offer expert help to those who are not Welsh speaking themselves, and those who are learning Welsh.

The club has been running since April and each child receives a membership card, which is stamped each time, and there is also room for a note that can be shared with a school teacher

telling them what the child did during the session.

Families will receive support with literacy, numeracy and digital skills, advice and help with homework tasks and Welsh language skills. The Urdd will organise various activities including games and sports.

The classes run every Thursday from 4pm-6pm, and this pilot scheme will continue until Tuesday, July 10. Mudiad Meithrin, a voluntary organisation,

will also offer childcare services, including story time for the younger children.

Deputy Mayor of the Vale Council, Leighton Rowlands, said: "This Welsh language homework club is a fantastic opportunity to bring families together, as well as encouraging the use of Welsh language across the Vale."

"I hope that several families from all over the Vale will take advantage of this club, and benefit from the services it offers."

MP pushes for improvement in out of hours service

VALE MP of Glamorgan, Alun Cairns, has met the Chief Executive of Cardiff and Vale Health Board to highlight his concerns about the lack of GP out of hours cover in Barry.

Mr Cairns revealed recently that the service was only open for 41 per cent of the time between November and February, forcing Vale and Barry residents to drive to Cardiff to see a GP.

A number of constituents contacted Alun Cairns and when he researched the matter, he discovered that the Out of Hours Service at Barry Hospital was closed more than it was open. He was so concerned he called a meeting with the Chief Executive to discuss the situation.

At the meeting, the Local Health Board highlighted that the shortage of GPs in general affects the cover that can be offered.

Mr Cairns expressed concern that Barry and Vale residents weren't receiving the same priority as Cardiff

patients. He said: "The most important thing coming from today's meeting was the assurance that the out of hours service in Barry will be retained and that they will look at how best to ensure cover."

"I am pleased that they listened to my concerns and that the Board are taking steps to address the level of out of hours cover in Barry. I highlighted that it seems that Barry is the first place to see cuts in service, when they have a GP shortage. They have agreed to look again at this."

"The lack of provision in Barry means that patients have to travel to Cardiff during the early hours of the morning, if they need to see a GP. Many will be elderly or vulnerable, particularly when they are ill. This is not equal treatment, and I am determined to see changes."

"I was also pleased to gain assurances that the Barry Hospital facility is key to their provision of care in general. There is always concern over the long term future of Barry Hospital, but they have assured me that it is not under threat."

FREE LEGAL ADVICE

AGE CONNECTS Cardiff and Vale are holding a free legal advice session at Age Connects Cardiff and Vale on Tuesday, May 15 from 10am-12 noon.

If you are needing some advice on making a Will, Power of Attorney or Living Will, come and have a chat to a member of a local legal team based in Barry. No appointment is needed; just come along.

Contact 01446 732385 for further information.

GB

BRANWEN WEEKES: a full life lived well

ONE of Llantwit Major's oldest residents, Mrs Branwen Weekes, has died aged 96.

She came to the town with her late husband Philip in 1975, when he was appointed director of the South Wales coalfield.

For several years, Mrs Weekes was an active fundraising member of the RNLI committee, taught adults to read, and delivered library books to the housebound.

She was also a talented writer, who won a £2,000 prize for her children's short story, *The Sock Eater*.

At a packed funeral conducted by members of her large family in the Cardiff and

Glamorgan Crematorium, there were many references to her sense of humour and her inspiring relationships with young people.

Brought up in Cardiff, she helped organise the evacuation of London children to Wales in WWII before joining the Women's Land Army and becoming a Land Girl.

Her marriage to Philip Weekes, then a trainee RAF pilot, lasted 59 years until his death in 2003.

She is survived by three of their four children – their son Huw having died in 2001 – and a huge extended family, which including step-relations, totals 15 grandchildren and 19 great grandchildren.



Gareth Weekes

Two miles, and 150 years of local history... Festival walk celebrates town's memorable women

ONE hundred years since women first got the vote, there will be a special focus on memorable women of Barry in this year's Vale of Glamorgan Walking Festival.

On Friday, May 18, the walking charity Valeways is organising a two mile trail following the lives and haunts of just some of the women who have made history in Barry, from suffragettes themselves to figures of today.

Centred around the Knap, the walk starts appropriately at the home of Annie Gwen Vaughan-Jones.

Born in 1868, she was a trailblazer who travelled to pre-revolutionary Russia to work as a governess and returned to Wales to become the secretary of the Cardiff and District Women's Suffrage Society.

Also memorialised at this location is her daughter, Gwyneth Valerie Vaughan-Jones.

Some with long memories may still recall her as headmistress of Barry Girls School from 1939-1959.

Travelling towards Porthkerry, walkers pass the memorial bench for Margaret Alexander, the Vale's first female leader of the Council, teacher, poet, short story writer and tireless campaigner for women and young people.

Journeying on past Nightingale Lodge, Porthkerry, walkers will pass the birthplace of a woman whose life was shaped by 20th century history.

Elsie Joan Baldwin was daughter of the gamekeeper at Lord Romilly's Estate (now Porthkerry Park).

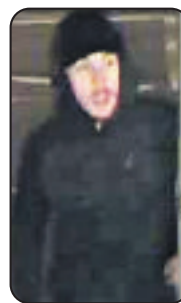
Police appeal for help on CCTV image

SOUTH Wales Police have issued a CCTV image taken in Barry and have asked whether members of the public recognise the man in it.

A spokesman said: "We want to speak to him in connection with a number of thefts in Barry."

"Alcohol was stolen from the Sainsbury's store in Park Crescent on April 13, the One Stop shop in Winston Road on April 25 and the One Stop in Plas Cledau on April 7 and April 14."

"The suspect is a white man, and is described as tall, of slim build with a dark



moustache.

"Anyone with information is asked to call us on 101 quoting reference 1800129654. Alternatively, you can call Crimestoppers anonymously on 0800 555 101."

From this rural, almost Victorian, start in life, the Second World War took Elsie away, like so many women, to wartime service from which she returned to be Barry's first female police officer, which was groundbreaking in 1948.

This festival trail finishes at the Knap, a place ever associated with Lucy Dickens, a heroine of our own times.

With her twin sister Hannah, Lucy created SAFE, a charity set up to help the poorest people in the world.

She was killed in 2006, working for women's land rights in Zambia, but her work and legacy lives on.

Here, at the Knap, Lucy and Hannah picked every year in celebration of their birthday, so the walk traces lives during the 150 years which have revolutionised women's lives and society for all of us.

To complement and extend the theme, in Barry Cemetery on Sunday, Cllr Nic Hodges will lead another walk around Barry Cemetery with the title 'Memorable Women of Barry - Their Stories'.

The Vale of Glamorgan Walking Festival is organised by the walking charity Valeways. All walks are free and everyone is welcome.

Full details of all 28 Festival Walks at valeofglamorganwalkingfestival.org.uk or 01446 790000.

CG

'Surprise guests' lined up for festival

Art4U is set to hold its ninth annual 'Friendship Tree Festival' on Sunday, June 3, at the Knap Lake and Gardens, and organisers say that it promises to be the best yet.

The organiser Glyn Pooley told THE GEM: "The event will go ahead whatever the weather."

"We will feature many talented local musicians, dancers, artists and craftspeople, together with a few guest surprises."

"Musicians performing include the Hank Hillman Band, Naomi Rae Heap, To Bear Sir, Dylan Morgan, Persian Belles dance group, Bel Blue, Andy Johnson and more to be confirmed."

"The theme of the festival is 'Peace and

Friendship'. Our aim is to create a gentle event, with a friendly atmosphere."

"We welcome all members of the public to come and enjoy this free day of music, art, dance, peace and friendship in a beautiful natural setting."

"Bring a picnic and a blanket and help us keep the sun shining."

"Entry is free from 11.30am onwards and donations will be warmly received."

"Art4U aims to bring collaborative art to the public of Barry and the Vale and bring people outdoors to celebrate nature."

For more information on Art4U and the Friendship Tree Festival, please visit the Facebook page @ The Friendship Tree Festival or www.art4uvalles.org.uk

TC

Ystradowen and District WI hold AGM

THE May meeting of Ystradowen and District WI was the AGM and was very well attended, with the addition of Claire Atherton, WI Advisor.

Jan Foyle gave what would be her last address to the members after serving for 21 years on the committee as president, and true to form, she began with a humorous tale and then went on to report on the Annual Council Meeting where the speakers, Chris Needs and Christine Walkman, had hugely entertained them.

The meeting continued with news and offers of walking netball in Morriston, a Murder Mystery evening at Porthcawl, a Petanque day in Pontyclun and a course in 'Cooking With Lavender' in Murton.

Treasurer Pam Robins gave her last report after 25 years in the post, and Barbara Richards summed up the past 12 months.

It had been a very diverse year with talks on The Centenary Quilt, the wide choice of walks with Valeways, on making your will and the issues with inheritance

tax and probate, a very different approach with Health Through Laughter and an insight into the creation and value of the Cowbridge Physic Garden.

They were asked to vote on the National Resolution which would be put to the annual meeting in Cardiff on June 6. It concerns the complex subject of mental health and members were given the facts and figures and the vote in favour was passed with a directive to the representative that she should vote accordingly.

The president gave her report covering Ystradowen and District's 31st year as a WI, thanked the committee for their support during her years of office, and gave a warm welcome to the new committee members.

The new officers are: president Shena Sarjeant, secretary Rosemary Ives and joint treasurers Sue Squire and Liz Jervis.

The group looks forward to another year of surprising speakers, delicious refreshments and the value of friendships.

GB



ANNOUNCING THE LINE-UP FOR GŴYL FACH Y FRO 2018!

Gŵyl Fach y Fro DISWYDDIAD AM DDIM! FREE EVENT!

BANDIAU - BWYD - CELFYDDYDAU - STONDINAU - CHWARAEDD
MUSIC - STREET FOOD - ARTS - CRAFT STALLS - SPORTS

16.06.18 / 11AM - 7PM Ynys y Barri / Barry Island

CANDELAS Alys Williams
GERAINT LOVGREEN A'R ENW DA
AL LEWIS MABLI TUDUR
FLEUR DE LYS DJ'S BETHAN ELFYN & GARETH POTTER
YSGOLION CYMRAEG Y SIR / LOCAL SCHOOL PERFORMANCES

GRAZING SHED FFWRNES BAY 5
MYFANWY THE TIN CAN FILLY MEAT AND GREEK CAVAVAN

menterbromorgannwg.cymru

To celebrate Welsh Language Music Day it was confirmed that Gŵyl Fach y Fro will return once again this year to Barry Island, on Saturday June 16th, and the organisers are proud to announce the full line-up for Gŵyl Fach y Fro 2018.

This annual Welsh festival was established by Menter Bro Morgannwg in 2015, to celebrate and raise the profile of the Welsh language in the Vale.

Performing on the main stage of Gŵyl Fach y Fro this year are Candelas, Geraint Lovgreen a'r Enw Da, Alys Williams a'r Band, Al Lewis, Mabli Tudur a'r Band and Fleur de Lys. Hundreds of pupils from the Vale's Welsh-medium schools will also take to the stage to perform during the day, which is presented by DJs Bethan Elfyn and Gareth Potter.



There will also be stalls selling local Welsh produce and gifts, a play area, bubble bikes, circus skills, glitter salon, street performances, workshops and various activities organised by Welsh language partners in the Vale including Learn Welsh the Vale, Welsh for Kids, Mudiad Meithrin and the Urdd Sport Department.

Filly will be serving a variety of spirits, wines, cocktails as well as local ales and cider, and food will be served by Grazing Shed, Ffwrnes, Meat and Greek and Bay 5.

An important element of Gŵyl Fach y Fro is the fact that entry is free, in this unique, public and popular location on Barry Island, which makes the event completely accessible to all;

Welsh speakers, Welsh learners, or those who wish to experience the Welsh language and its culture for the first time. It all kicks off at 11am and finishes at 7pm.

The event is held thanks to support from the Welsh Government, the Vale of Glamorgan Council, Wales Arts Council and the Big Lottery Fund.

Visitors will be able to view the programme in

full as well as receive the latest news about Gŵyl Fach y Fro from Menter Bro Morgannwg's website, Facebook, Twitter and Instagram pages:

www.menterbromorgannwg.cymru
Facebook: Menter Bro Morgannwg
Twitter: @MIBroMorgannwg
Instagram: Menter Bro Morgannwg
#gwylyfachyfro

SPORTS CLUBS

The Sports Clubs at Ysgol Iolo Morgannwg have recently welcomed a team of volunteers to help with the running of the weekly netball and multi-sports clubs.

One of the new coaches is Sara who is currently a pupil at Ysgol Gymraeg Bro Morgannwg, and is volunteering at the club whilst working towards her Duke of Edinburgh Award.

Here are details of the Summer Sports Clubs:

Gwaun y Nant Multi-Sports Club – for children in yrs.3-6

Every Monday 1.30-4pm at Ysgol Gwaun y Nant | £10

Gymnastics – for children aged 4-11 years old

Every Monday 4.15-6.15pm at Penarth Leisure Club | £40

Athletics – for children in yrs.1-6

Every Monday 6-7pm at Ysgol Gymraeg Bro Morgannwg | £30

Sant Baruc Multi-Sports Club – for children in yrs.3-6

Every Tuesday 1.30-4.30pm at Ysgol Sant Baruc | £20

Penarth Multi-Sports Club – for children in yrs.3-6

Every Wednesday 1.30-4.30pm at Ysgol Pen-y-Garth | £18

Hebron Hall Swimming Club – for children aged 4-11 years old

Every Wednesday 1.45-4.45pm at Hebron Hall | £50

Cowbridge Multi-Sports Club – for children in yrs.3-4



Every Thursday 1.30-4.30pm at Ysgol Iolo Morgannwg | £20
Netball Club – for children in yrs.3-6.

Every Thursday 1.30-4.30pm at Ysgol Iolo Morgannwg | £20
Barry Swimming Club – for children aged 4-11 years old

Every Friday 1.45-4.45pm at Barry Leisure Centre | £50

Penarth Swimming Club – for children in reception-yr.6

Every Sunday 1.8-10.30am at Penarth Leisure Centre | £54

For more information and to book, please contact the Urdd Sport Department: 029 20635680

WELLY WALKS

During the summer term, Menter Bro Morgannwg run monthly nature trails led by Jén Dafis.

Starting at Cosmeston Country Park in April, each session will be held at different locations around the Vale: Barry Island Beach 29/05, Penarth Beach 23/06 and Llantwit Major Beach 14/07.

These sessions are held in Welsh in terms of communication with the children, but are suitable for non-Welsh-speaking parents and guardians.

Come along to learn more about nature in these fun and interactive sessions, and don't forget your wellies! This is an activity suitable for the whole family but is aimed at children aged 2-5 years old. The price is £3.50 per child and you can book through Menter's website or by contacting ffion@menterbromorgannwg.cymru / 029 20689888.

SOCIAL OPPORTUNITIES FOR WELSH LEARNERS

Are you learning Welsh or looking for more opportunities to speak the language socially? A great opportunity to meet fellow learners and practise your Cymraeg in an informal environment. Suitable for all levels!

Coffee Mornings – 4 weekly sessions between 11am-12pm

Monday at Foxy's Deli, Penarth; Tuesday at Academy Espresso Bar, Pumphouse, Barry; Wednesday at the Bear Hotel, Cowbridge; Thursday at Café Velo, Llantwit Major.

These weekly sessions will run until the end of the school term (July 19).

Dysgu a Diod – A monthly evening conversational session held on the first Monday of every month, 7-8pm at the Old Swan Inn. Upcoming dates: May 14th, June 4th, July 2nd.

CLWB NI



A new homework club for parents, carers and children in Welsh school – every Tuesday afternoon 4-6pm at Palmerston Learning Centre, Barry CF63 2NT.

This free club includes Welsh sessions for parents, help and support with homework, a range of games and

activities, and a creche for the little ones, all through the medium of Welsh! A warm welcome to all – they are drop-in sessions and there is no need to book ahead.

For more information please contact Learn Welsh the Vale: 01446 730402 / www.dysgucymraeg.cymru/yfro



CYHOEDDI LINE-UP GŴYL FACH Y FRO 2018!

Gŵyl Fach y Fro DISWYDDIAD AM DDIM! FREE EVENT!

BANDIAU - BWYD - CELFYDDYDAU - STONDINAU - CHWARAEON
MUSIC - STREET FOOD - ARTS - CRAFT STALLS - SPORTS

16.06.18 / 11AM - 7PM Ynys y Barri / Barry Island

CANDELAS Alys Williams
GERAINT LOVGREEN A'R ENW DA
AL LEWIS MABLI TUDUR
FLEUR DE LYS DJ'S BETHAN ELFYN & GARETH POTTER
YSGOLION CYMRAEG Y SIR / LOCAL SCHOOL PERFORMANCES

GRAZING SHED FFWRNES BAY 5
MYFANWY THE TIN CAN FILLY MEAT AND GREEK CAVAVAN

menterbromorgannwg.cymru

Cyhoeddwyd ar Dydd Miwsig Cymru y bydd Gŵyl Fach y Fro yn dychwelyd unwaith eto i Ynys y Barri eleni, ar ddydd Sadwrn Mehefin 16eg, ac mae Menter Bro Morgannwg yn falch i gyhoeddi line-up llawn Gŵyl Fach y Fro 2018.

Yn perfformio ar Brif Llwyfan Gŵyl Fach y Fro eleni bydd Candelas, Geraint Lovgreen a'r Enw Da, Alys Williams a'r Band, Al Lewis, Mabli Tudur a'r Band a Fleur de Lys. Hefyd, bydd cannoedd o blant o ysgolion Cymraeg y Sir yn camu i'r llwyfan i berfformio yn ystod y diwrnod, sy'n cael ei gyflwyno gan y DJs Bethan Elfyn a Gareth Potter.

Bydd stondinau cynnyrch a chrefftau Cymreig gan ddarparu'r lleol yn yr wyl yn oystal ag ardal chwarae, beiciau byblis, sgiliau syrcas, salalon glitter, perfformi-



adau stryd, gweithdai a gweithgareddau amrywiol gan bartneriaid Cymraeg yr ardal gan gynnwys Dysgu Cymraeg y Fro, Cymraeg y Blant, Mudiad Meithrin ac Adran Chwaraeon yr Urdd.

Bydd Cavanaw a "Myfanwy" The Tin Can Filly yn gweini amrywiaeth o wiodydd, gwi-noedd, coctêls, cwrw a

seidr lleol, a bydd bwyd wedi'i arlwyio gan Grazing Shed, Ffwrnes, Meat and Greek a Bay 5.

Elfen hollbwysig i Gŵyl Fach y Fro yw ei fod yn ddigwyddiad rhad ac am ddim, mewn lleoliad unigryw, cyhoeddus a phoblogaidd ar Ynys y Barri, gan ei wneud yn ddigwyddiad hynod hygyrch i bawb; boed yn siaradwr Cymraeg, neu'n cael eu profiad cyntaf o'r

iaith a'r diwylliant. Mae'r wyl yn dechrau am 11am ac yn gorffen am 7pm.

Mae Gŵyl Fach y Fro yn derbyn cefnogaeth parhaus gan Lywodraeth Cymru, Cyngor Bro Morgannwg, Cyngor Celfyddydau Cymru a Chronfa Loteri Fawr.

Bydd modd i ymwelwyr wirio'r rhaglen a'r wybodaeth ddiweddaraf am Gŵyl Fach y Fro ar

wefan, tudalen Facebook, Twitter ac Instagram Menter Bro Morgannwg:
www.menterbromorgannwg.cymru
Facebook: Menter Bro Morgannwg
Twitter: @MIBroMorgannwg
Instagram: Menter Bro Morgannwg
#gwyllfachyfro

CLYBIAU CHWARAEON

Mae Clybiau Chwaraeon Iolo Morganwg wedi croesawu nifer o hyfforddwy'r brwdfrydig newydd i helpu cynnal sesiynau pêl-rwyd ac aml-chwaraeon wythnosol i dros 40 plentyn.

Un o'r hyfforddwy'r yw Sara sydd yn ddisgybl yn Ysgol Gymraeg Bro Morgannwg ac yn gwirfoddoli tuag at gwblhau ei Gwobr Dug Caeredin.

Dyma fanylion Clybiau Tymor yr Haf:

Clywb Aml-Chwaraeon Gwaun y Nant – i blant bl.3-6

Bob dydd Llun l 3-4pm yn Ysgol Gwaun y Nant l £10

Gymnasteg – i blant 4-11 oed

Bob dydd Llun l 4.15-6.15pm yng Nghanolfan Hamdden Penarth l £40

Athletau – i blant bl.1-6

Bob dydd Llun l 6-7pm yn Ysgol Gymraeg Bro Morgannwg l £30

Clywb Aml-Chwaraeon Sant Baruc – i blant bl.3-6

Bob dydd Mawrth l 3.30-4.30pm yn Ysgol Sant Baruc l £20

Clywb Aml-Chwaraeon Penarth – i blant bl.3-6

Bob dydd Mercher l 3.30-4.30pm yn Ysgol Pen-y-Garth l £18

Nofio Hebron Hall – i blant 4-11 oed

Bob dydd Mercher l 3.45-4.45pm yn Hebron Hall l £50

Clywb Aml-Chwaraeon Y Bontfaen – i blant bl.3-4



Bob dydd Iau l 3.30-4.30pm yn Ysgol Iolo Morganwg l £20

Clywb Pêl-rwyd – i blant bl.3-6

Bob dydd Iau l 3.30-4.30pm yn Ysgol Iolo Morganwg l £20

Clywb Nofio y Barri – i blant 4-11 oed

Bob dydd Gwener l 4-6.45pm yng Nghanolfan Hamdden y Barri l £50

Clywb Nofio Penarth – i blant derbyn – bl.6

Bob dydd Sul l 8-10.30am yng Nghanolfan Hamdden Penarth l £54

Am fwy o wybodaeth ac i gofrestru, cysylltwch ag Adran Chwaraeon yr Urdd: 029 20635680

WÂC WELIS

Yn ystod tymor yr haf, mae'r Fenter yn cynnal teithiau natur misol dan arweiniad Jên Dafis.

Gan ddechrau ym Mharc Gwledig Cosmeston mis Ebrill, mae'r sesiynau yn cael eu cynnal mewn lleoliadau gwahanol ar draws y Fro: Traeth Ynys y Barri 29/05, Traeth Penarth 23/06 a Thraeth

Llanilltud Fawr 14/07. Dewch i ddsygu mwy am fyd natur trwy hwyli, a chofiwch eich welis! Mae hwn yn weithgaredd i'r teulu cyfan ond wedi'i anelu yn benodol at blant 2-5 mlwydd oed. Y pris yw £3.50 y plentyn a gallwch gofrestru ar wefan y Fenter neu trwy gysylltu gyda ffion@menterbromorgannwg.cymru / 029 20689888.

CYFLEOEDD CYMDEITHASOL I DDYSGWYR

Wyt ti'n dysgu Cymraeg neu'n chwilio am fwy o gyfle i siarad yr iaith yn gymdeithasol? Cyfle gwyh i grwdd i chyd-ddysgwyr ac ymarfer dy Gymraeg mewn awryglych anffurfiol. Croeso i bawb o bob lefel!

Boreau Coffi - 4 sesiwn wythnosol rhwng 11am-12pm

Dydd Llun yn Foxy's Deli, Penarth; dydd Mawrth yng Nghaffi Academy Espresso Bar, Pumfhouse, Y Barri; dydd Mercher yn y Bear Hotel, Y Bontfaen; dydd Iau yn Café Velo, Llanilltud Fawr.

Bydd y sesiynau wythnosol yma'n parhau tan ddiwedd tymor yr ysgol (Gorffennaf 19eg).

Dysgu a Diod - Sesiwn sgwrsio misol gyda'r nos ar nos Lun cyntaf pob mis. 7-8pm yn nhafan The Old Swan Inn. Dyddiadau nesaf: Mai 14eg, Mehefin 4ydd, Gorffennaf 2ail.

CLWB NI



Clwb gwaith cartref newydd i rieni, gofalwyr a phlant mewn Ysgol Gymraeg – bob prynhawn dydd Mawrth 4-6yh yng Nghanolfan Ddysgu Palmerston, Y Barri CF63 2NT.

Mae'r clwb rhad ac am ddim yn cynnwys sesiynau iaith i rieni, cymorth a chefnogaeth gyda gwaith cartref, gemau a gweithgareddau o bob math, a meithrinfa i'r plant lleiaf, i gyd trwy gyfrwng y Gymraeg! Croeso i bawb – does dim angen cofrestru o flaen llaw.

Am fwy o wybodaeth cysylltwch â Dysgu Cymraeg y Fro: 01446 730402 / www.dysgucymraeg.cymru/yfro

CÔR NEWYDD YN TARO'R NODYN IAWN

Mae menter gerddorol newydd ar droed yn y Fro.

Mae Côr yr Ynys yn gôr cymysg o dan arweiniad Andrew Tamplin. Ar ôl symud i'r Barri i fyw, roedd e'n siomedig i ddarganfod doedd dim un côr Cymraeg yn bodoli yn y Fro.

Penderfynodd ddefnyddio ei brofiad cerddorol helaeth i sefydlu côr newydd, gan greu cyfle i drigolion y Fro canu a chymdeithasu yn Gymraeg. "Rydyn ni'n grwp hwylus sy'n mwynhau canu amrywiaeth o ganeuon, o'r traddodiadol i'r newydd" meddai ef. "Rydyn ni wedi dechrau paratoi at ein perfformiad cyhoeddus cyntaf ym mis Gorffennaf, ond mae digonedd o hwyl i gael hefyd. Mae'n braf gweld Cymry Cymraeg a dysgwyr yn dod at ei gilydd i ganu, i

gymdeithasu ac i fwynhau. Rydyn ni hefyd wrthi yn cynllunio gweithgareddau cymdeithasol er mwyn adeiladu cymuned gryf; mae'r gymdeithas yr un mor bwysig â'r gerddoriaeth wedi'r cwbl."

Rhwng y cymdeithasu a'r chwerthin, mae'r côr yn gweithio'n galed i greu'r cytgod perffaith. Mae'r côr yn croesawu aelodau newydd, ac yn arbennig maen nhw'n apelio am denoriaid a baswyr. Maen nhw hefyd yn awyddus i recriwtio cyfeilydd. Mae ymarferion bob nos Sul yng Nghapel y Tabernacl, Sgwâr y Brenin, Y Barri am 6.30yh.

Am fwy o wybodaeth, gallwch chi ddi-lynn y grwp ar Facebook (www.facebook.com/coryryns) ac ar Drydar (@Cor_yr_Ynys), neu gysylltu â'r côr trwy ebost (coryryns@gmail.com).

'KEEP ACCESS ROUTES TO THE COAST CLEAR'

B A R R Y Coastguard has issued an appeal to the public to make sure they don't block essential access points to the coast in case they are needed by rescue services during an emergency.

The coastguard highlighted the example of vehicles blocking the way on to Friars Point on Sunday, May 6, as thousands of people arrived on Barry Island.

A spokesman explained: "When going to the coast or rural locations the coastguard and other emergency service vehicles may



These cars were barring the way on to Friars Point.

need access to remote locations.

"Please park sensibly – unfortunately, these vehicles were blocking access route."



COMMUNITY NEWS

TREOES, LLANGAN & ST MARY HILL
News and views from
Nancy Davidge, Tynwydd, Llangan. (01656) 860303

News from Llangan School PUPILS in years 5/6 are looking forward to an exciting three-night stay at Llanion Adventure Centre in Pembrokeshire.

They travel on Monday, May 21 and will enjoy activities such as canoeing, climbing and teambuilding skills.

Saron Chapel, Treoes

At last, the restoration work on Saron Chapel is now almost complete and hopefully, services will be able to take place in the very near future.

Young at Heart Club

COMMISERATION to club stalwart Vera Jones, who sustained a hip injury at her home. Hopefully, she will soon be able to join her friends at the club.

WHAT'S ON IN YOUR AREA

Illustrated talk THE Barry at War Group is holding an illustrated talk, 'Next Stop Normandy' by Glen Brooker at Barry Island Station on Wednesday, May 16 at 7pm, admission free.

Surgery CLRS Gordon Kemp and Matt Lloyd will be holding a surgery on Saturday, May 19 between 10am-11am at Rhosse Community Hall, Stewart Road, Rhosse.

No appointment is necessary.

Plant sale FRIENDS of Penarth

Library will be holding a plant sale at the library in Stanwell Road, Penarth on Saturday, May 12 between 10am-2pm.

Plant sale ROTARY Club of Barry hold their second charity plant sale on Saturday, May 12 in the Toby Carvery car park, Port Road West, Barry (formerly Cwm Ciddy) from 10am-3pm.

Plants are provided by John Shapland (formerly Broad Street Garden Centre). All welcome.

THE VALE OF GLAMORGAN COUNCIL
M4 Junction 34 to A48 Sycamore Cross transport improvements
PUBLIC CONSULTATION
at
Cottrell Park Golf Club The Marquee
St Nicholas, Wenvoe CF5 6SJ.
21st May 2018
12pm to 7pm (drop in session)

For further information please contact either Emma Reed or Clare Cameron by telephoning 01446 700111 or by emailing: junction34transportstudyconsultation@valeofglamorgan.gov.uk

Neighbourhood Services and Transport, Vale of Glamorgan Council, The Alps, Alps Quarry Road, Wenvoe CF5 6AA.

Lego Club for Rhosse Library



Neve Jones hands over her Lego donation to volunteer Christine Jakeaway.

PLANS for an after school Lego Club at Rhosse Community Library have come a step closer to reality, with a fantastic donation of Lego received recently.

Rhosse youngster Neve Jones (10), a pupil at Ysgol Iolo Morganwg, came along with her mum Andrea to hand over the donation in person.

The library is still looking for any donations of unwanted Lego, so call the library on 01446 710220 or email fundraising@rhosselibrary.org.uk if you can help.

BRH

Death in Paradise at Barry Yacht Club

DINERS were invited to solve a baffling conundrum at a recent event at Barry Yacht Club.

The Cadroxton Royal Amateur Players performed a murder mystery 'Glorious Gorianna' to the delight of a packed house.

Turquoise waves lapped gently against a sandy white beach. Palm trees swayed gently in the breeze and then shots rang out... a woman screamed and a body was found.

The play in three acts was accompanied by a three-course dinner

provided by caterer Dean and his staff.

While dining, club members and guests had a chance to sort through the many clues provided and arrive at their own solution to the mystery.

After some surprise audience participation, the culprit was revealed to the delight of two tables who managed to unmask the perpetrator of the dastardly act.

Follow the club on social media: Facebook: [BringItOn@BarryYachtClub/](https://www.facebook.com/BringItOn@BarryYachtClub/); Twitter: @BarryYacht; or call 01446 735511.

JHH

Ramblers are 'Machen' the best of the countryside

JOHN R played host to a group of nine walkers, and making their way up to Draethen, they set off in dry, overcast weather tramping uphill on Rhod y Gwern lane to follow a quiet road where the banks were covered in garlic, primroses, wood anemone and wild violets, with the odd bluebell putting in an appearance.

A pale sunlight lit up the lovely green Rhymney Valley below them and a gradual descent led them across the Rhymney River and into Machen.

Heading up Church Street, the Church of St John dominates the hillside and was built in 1854 when the population in the area rose rapidly because of industrialisation. It is Grade II listed and has a clock tower topped by an unusual spire.

Continuing by road up the steep hillside before joining a rocky bridle path, at the top they made a stop for morning refreshments with home baked cake from John.

Climbing further on rough, uneven tracks brought them up onto the ridge, and following part of the Rhymney Valley Ridgeway Walk, a mist suddenly closed in bringing with it some drizzle rain which fortunately didn't last long.

After marvelling at the sight of a newborn foal struggling to get its sea legs whilst being encouraged by its mother, the track led on to the trig point on Mynydd Machen where a cold blustery wind buffeted them.

The views stretched to the Bristol Channel and across the valley to Twmbarlwm as they descended, circumnavigating Machen Quarry to stop on a grassy bank overlooking a huge field where later in the day, point to point races

would be under way. Then, descending to join the riverbank and trekking through huge fields of rapeseed and passing the old manor house of Plas Machen, garlic-filled woods led them to the twin-arched Michaelstone Bridge, with its central refuges for pedestrian safety and onto the opposite river bank.

Heading up through Gwerneyslon Farm, a rough track brought them within sight of Ruperra House, before a descent through woodland at Coed Graig Ruperra festooned in lovely bluebells, led them back into fields for the downhill journey back to their start.

On May 10, meet at 6.30pm at the Gorsedd Stones (rear of Romilly Park) for a four-mile easy/mod walk taking in Porthkerry and Cold Knap; contact Joy on 01446 737131.

On May 12, meet at 9am at Cogan Leisure Centre for a seven-mile moderate walk at Skirrid; contact Su on 07954 139 946.

On May 15, as part of the Vale of Glamorgan Walking Festival, meet at 11.30am at the car park adjacent to the Bridge Café, Barry for a five-mile easy trek across three of Barry's glorious beaches; contact Geraint on 029 2051 5278.

On May 16, to celebrate 'The Year of the Sea' meet at 9.30am at Llantwit Major railway station for a 12-mile moderate walk with a visit to the lovely Nash Point Lighthouse; contact William on 07528 701 952.

Wear suitable clothing, preferably boots and carry waterproofs, food and drinks. Some degree of fitness is required and if you are in any doubt, then please contact the walk leader for advice.

To follow the group please log onto www.penarthramblers.org or www.penarthramblers.org/ordpress.com or Facebook. Programmes and membership advice can be obtained from Pam on 029 2025 5102.

JOY STRANGWARD

Conservatives announce candidate for Cadoc town council election

CLLR Rachel Nugent-Finn is the Conservative Party candidate in the upcoming Cadoc by-election for Barry Town Council on May 24.

She was elected County Councillor for Cadoc for the first time in May 2017. She is the daughter of former (Labour) councillor for the area and former Mayor of Barry, the late Maurice Nugent.

CLLR Nugent-Finn, said: "I live in Pencoed village in Barry and have spent most of my life living in Barry and the surrounding area, so I know first-hand the issues we face."

"I have spent my working life standing up for vulnerable children and adults as an advocate and a provider of specialist support. I have worked in the education, social care and housing sectors, giving me a keen understanding of frontline services delivered by local authorities."

"Last year, I decided to follow in the footsteps of my late father Maurice Nugent and become a Vale councillor to try my best



to make a difference for the community.

"My father was one of the most outstanding individuals ever elected to the Vale Council, always there for people and always striving to improve the area. Now, as a Vale councillor myself, I am working flat out to live up to his example."

"I am putting myself forward for this voluntary role on the Barry Town Council so that I can be even more effective in getting things done for Cadoc residents at both levels of local government."

"I will encourage a more 'joined-up' approach between the Vale Council and Barry Town Council to ensure that, through co-operation, we achieve better results in the local area."

Friends and Neighbours news update

THE Friends and Neighbours Senior Citizen Group that meet at Beryl Road Pioneer Hall had a very busy April programme.

The monthly meeting was a visit from Owls 4U with Alun and Loena Sheppard giving members an interesting history of the project when it took over Swan Rescue.

Each of the feathered friends was introduced and how they were found. The members were then allowed to 'get close and personal' and handle the owls. Many handled Asha, Bart, Honey and Merlin and also took photographs.

Members enjoyed chatting to Alan and Loena, asking questions. Following this, a collection was made for the charity and members enjoyed tea/coffee, cake and biscuits.

Members enjoyed a

trip to the market town of Abergavenny. The highlight of their day was visiting the Town Hall, a Grade 2 Listed building, which also had beautiful architecture. This was filled to the brim with stalls as it was market day.

With an abundance of coffee shops, they were spoilt for choice – many went to The Cwtch, a typical old-fashioned tea room.

They enjoyed looking around the multitude of shops and shopping outlet and many came home with bargains. For some of the members, it was their first visit to the town.

As they travelled back via Brecon Beacons, they chatted about their lovely day, despite the rain, and how they would like to go again.

Members are now looking forward to their trip to Evesham in June.

Contact 01446 400044 for further information.

MP's litter pick

VALE MP Alun Cairns is arranging a plastic litter pick on the Ogmore River on Saturday, May 12, from 10am-11am.

The event is part of the Great Plastic Pickup being held from May 11 to May 13 across the UK. Mr Cairns said: "My event on May 12 is open to everyone who would like to come along from 10am to help clear the area around the Ogmore

River. "I hope that others will take the opportunity to get involved with this initiative, and individuals or groups can arrange additional pick ups by visiting www.greatplasticpickup.org."

The meeting point will be at the parking area near Portobello House, Ogmore by Sea, CF32 0PA. For more information, contact Selaine Saxby on 01446 748657.

Got a story? Then get in touch with us - email editorial@glamorgan-gem.co.uk or call 01446 774484

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UKIP AM PLUMMETS FROM PLANE TO PLAIN

LOCAL AM and UKIP Wales' Shadow Health Secretary, Caroline Jones, completed a parachute jump with the Red Devils, the Parachute Regiment Freefall Team in order to raise funds for Leonard Cheshire and Homeless Veterans.

She commented: "It was one of the most terrifying yet exhilarating experiences of my life."

"I thought rappelling down Swansea's BT

tower for Children in Need last year was bad. That was before I jumped out of an aeroplane at 13,000 feet."

"Thankfully, I was attached to a very experienced member of the Paras Red Devils who provided superb instruction and the confidence to hurl myself towards the earth at 120 miles an hour."

"Although it was terrifying, I knew it was in a good cause, helping me raising money for Leonard Cheshire Homes and Homeless Veterans."

"I'm not sure how I will top this next year."

SD



AM Caroline Jones doing the jump.

Jill Mallett – correction

IN last week's GEM, the late Jill Mallett was correctly described as a member of Salem Baptist Church, Barry, and as a supporter of the group Vale People First.

However, it has been pointed out that the headline referred to her as a member of Vale People First, which was incorrect. The GEM would like to apologise for any confusion deriving from the headline.



People gather at The Bus Depot, Barry for a free bus trip on a 1968 former Red & White coach which 40 years ago became part of the National Welsh fleet. (Photo by Glyn Bowen).

Barry's a great venue for heritage bus anniversary

THE Cardiff Transport Preservation Group organised, with heritage coach owner Jonathan Radley, an interesting weekend for bus enthusiasts and local people.

Last Saturday, a convoy of 14 heritage coaches and buses, some running from Cheltenham, came to Barry and on Sunday, free bus trips were run from the bus depot in Barry.

For the volunteer charity group, they ran more services than initially planned, and visitors and locals alike made full use of the free trips, despite the unseasonal cold weather.

The group marked the anniversary, 40 years ago, when the then state-owned National Bus Company formed National Welsh, which became Wales' largest bus company (by vehicles and staff), and this included the depot, now a heritage centre at Barry.

Among the visiting convoy of heritage vehicles on the day was a former 1968 Red & White coach from Swindon and a 1964 Western Welsh coach from Kent, and both ran trips from Barry and into the Vale on the Sunday.

Additionally, a 1950s coach visited from Coventry and a 1960s bus came over from Bristol.

Mike Taylor, chairman of the heritage bus restoration group, said: "It was a bit cold at times,

but we had planned for extra trips and they all ran. It stayed dry and we ran our open top buses. It was noticeable that the families with children had a good time."

"As an anniversary for an old local company 40 years ago, it was good to see some past employees, including the manager of Barry, Alf Elms, who left 31 years ago."

The day saw a test run for a newly-restored former Cardiff Leyland Lynx, new in 1990, which will be a star attraction at the heritage groups big event on June 10, when classic cars also come along to the Barry Festival of Transport.

CB

PACT meetings in the Vale

WHY not come along to Gibbonsdown

'Cuppa with a Copper' which is held every Monday morning at the Aberaeron HUB, Aberaeron Close between 10am and 12 noon?

Cadoc 'Cuppa with a Copper' will be held at Victoria Park Community Centre every Monday morning between 10am and 11am.

Dyfan PACT will be held at Highlight Park Community Centre at 7pm on Sunday, May 20.

If you have any issues that are affecting your quality of life but are unable to attend a meeting, contact 101 for non emergencies or log onto: www.south-wales.police.uk where you will find contact details for your local PCSO and you can contact them directly for non emergency matters.

CB

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The Seaweeds survive scare to record victory



ABOVE: Ben Thomas with the ball, Jordan Fox and Gareth Rees in support, and BELOW: Jake Thomas with the hand off.
ALL PICTURES BY TRACEY WILLIAMS.



FOLLOWING the midweek demolition of Briton Ferry, 3-62, in a match blown-up 20 minutes early by the referee, the Seaweeds were back on the road and edged closer to promotion with a hard-fought win at Green Stars, who boasted a much-changed team from that which lost at South Road earlier in the season.

Added to the fact that this was Porthcawl's third match in six days and with players rested, the team did well to step up to the plate in a 'banana skin' match that the home side dominated for long periods.

The opening exchanges were frenetic with the home side all out to disrupt the usual Seaweeds style of play and when outside half Sean Curran kicked them ahead with a penalty with Porthcawl on the back foot, it was no more than they deserved for 3-0.

The Stars' huge pack employed an effective driving game, continually testing the Porthcawl resolve in the tackle and with 28 minutes gone on the clock, lock Kevin Thomas drove over for

an unconverted try following sustained pressure by the home side and at 8-0 they were decent value for money. Stars were guilty of a number of high tackles, a feature that let them down in the first half and Porthcawl finally took advantage of one such indiscretion to get points on the board with a Josh White penalty just before the break and an 8-3 scoreline.

Josh White uncharacteristically missed a couple of straightforward penalties in the first 10 minutes of the second half as he tried to adjust his kicking into the breeze, although he got back on song after 20 minutes when full back Ben Thomas conjured up a superb attacking kick through the advancing Green Stars defence and WRU Bowl final hat-trick hero right wing Jordan Fox used his lightning speed off the mark to chase up and grab the try.

White's conversion settled the Porthcawl faithful's nerves at 8-10, to lead for the first time. Seaweeds lock Nick Nutman was unlucky from the kick-off as he was clobbered heavily by the advancing Stars forwards as he tried to take the catch and he made his way, thoroughly dazed, from the action.

Porthcawl's pack started to get back on terms with skipper Richard Hnyda seemingly everywhere, leading from the front, ably supported by hooker Jack Williams and the irrepressible No.8 Leon McNally and the match starting to turn going into the closing stages.

As White and Thomas started to drive the Stars back into their own territory, it was Hnyda himself who made the match seemingly safe as he drove over for the try from a smart line-out and a quick succession of rucks exerting pressure on the Stars defence.

White's excellent conversion for 8-17 left the Stars needing to score twice but they couldn't deliver and another victory was well-greeted by relieved Porthcawl players and supporters.

Porthcawl should clinch promotion if they can turn over Glais in the Swansea Valley on Wednesday, with Saturday's visit to South Road of league leaders Birchgrove becoming the defining match of the season as far as the honour of becoming league champions is concerned - and an enormous crowd will gather to witness what should be an awesome match.

PF

Athletic youth in play-offs hunt

BRIDGEND ATHLETIC RFC Youth, having successfully retained their Ospreys A Regional League title, will now be looking to emulate last season's youth side who went on to win the National Youth League play-offs, as the best club youth side in Wales.

Firstly, they have a difficult semi-final tie against Crymch, the winners of the Scarlets region, on May 12 at Carmarthen Athletic RFC, 2.30pm kick-off, with the other semi-final being contested by Blues region champions Pontypridd and the north Wales winners Nant Conwy.

A strong, well-organised Crymch defeated an under-strength Athletic side 18-0 in the quarter final of the Welsh Youth Cup.

Athletic head coach Lee Grabham is hoping to have his star Osprey and Blues players available for the rematch.

Caine Woolerton and captain Joe Grabham have been awarded Ospreys development contracts, while Will Barraclough and Joe Patterson played for the Ospreys and Blues development squads during the season.

Woolerton, Barraclough and Patterson have all featured for the Athletic first XV this season, with Woolerton playing twice for Bridgend Ravens and Barraclough selected on the bench.

Unfortunately, influential youth captain Joe Grabham has not featured for two months with a foot injury and is hoping to pass a fitness test this week.

With the Athletic senior clubs having finished their league fixtures it is hoped a large contingent of supporters will journey to Carmarthen to support the successful youth team.

AB



All pictures by Julie Hancock.

LEAGUE TITLE JOY FOR PENCOED PHOENIX!

PENCOED Phoenix travelled to face Abergele knowing victory could see them crowned league champions.

Megan Griffiths started by catching some high balls - Abergele thought she was Phoenix's weak link, but Griffiths showed her class and skill with darting runs from the off.

Lowri Handley's tackling meant there was no way for Abergele to break the Phoenix line.

A good steal from young Caitlyn Smith for Phoenix saw a boot upfield from captain Amie Stevens which Aber kicked straight out.

The ball then went through the hands from Amie Stevens to Lucy Cahill who stormed to the try line to make it 0-5 after 20 minutes.

Another steal from Cahill saw a run-in for Phoenix's Emma Reynold with Leanne Burnell's kick making it 0-12.

Just before half-time saw another Phoenix try from Louise Padfield and then Aber struck with try by Emily McMullen.

Leanne Burnell, however, added to her tally with another try with Charlie Mundy converting.

Abergele managed another try by Alisha Minor and didn't give up and kept pressure on Phoenix, but Phoenix were controlling the game and weren't in the mood to lose, with a long journey home ahead of them.

A bundled ruck from Aber saw Laura Keeble sprint to the try line with Lauren Atkins converting to make the final score 38-10, with Megan Griffiths earning the lady of the match award.

The win saw Phoenix grab a bonus point that saw them crowned Division 1A champions.

Manager Michele Halse said: "The whole team played for the shirt and each other," while an emotional captain, Amie Stevens, said: "I'm so proud of every girl who put jersey on here and throughout season and who couldn't be with us."

Phoenix now travel to Whitland on Sunday, May 13 in the plate round of the cup - all welcome to join us. Contact team manager Michele Halse on 07709 073912.

JH



Lucy Cahill scores.

Bridgend Athletic mini and junior rugby round-up



The under-8s.



The under-15s.

ENTERING May, only two Bridgend Athletic mini and junior sides were in action to complete their seasons.

The under-8s, representing the minis, won all eight games played at the Duvant Festival, while the junior side, the under-15s, won three games and drew one to win the Abergavenny Tournament on try count.

Bridgend Athletic under-8s ended their season at Duvant RFC annual festival, winning all eight games played against two Duvant teams, Tonna, Gowerton, Bonymaen, Birchgrove, Mumbles and Pencoed, scoring a total of 50 tries.

A superb ending to an excellent season with great attitude and commitment shown by all players involved, showcasing the Athletic ethos of moving the ball and playing running rugby.

Congratulations to the players involved: Dylan Jones, Max Edwards, Rudi Quinn, Iestyn Bissmire, Ethan Davies, Theo Jones, Ewan Gill, Ashton Davies, Dylan Gardiner, Rhys Gardiner, Mason Brown, Callum

Brown and Rory Whyte, who made his Athletic debut in the festival.

The under-15s entered the Abergavenny tournament where they played Caerleon and Abergavenny.

With only tries counting, the Ath won three games 2-0, 2-1 and 3-0.

In the final game they played an Abergavenny side unbeaten in any tournament for three years.

They drew that game 0-0 and were declared tournament winners with their 7-1 try count.

In each match the referee awarded man of match to an Athletic player.

The delighted coaches remarked: "We are so proud of the guys. We went to this tournament for a bit of fun, with a few players down and within two games we were another few down!"

"However, the rugby the team played - skill, aggression, pace, mindset, belief, class - ensured that they won a fantastic tournament to finish off a fantastic season!"

"The coaches could not be happier or prouder of each player," they added.

AB

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HOSPITAL COLLEAGUES' PRIDE FOR SPORTING STAR JON HOPKINS

WHEN Welsh athlete Jon Hopkins crossed the line to finish the steeplechase at this year's Commonwealth Games in Australia, his mum and dad were looking on proudly.

Jon also had dozens more fans cheering him on back at the Princess of Wales Hospital where he works as an occupational therapy technician – including his brother Rhys, a charge nurse on Ward 8.

Jon finished in a creditable sixth place in a time of 8:34.12, just 0.09 of a second off his own personal best.

"It was a fantastic experience. It was my first time competing at such a major event and it has just made me eager to do it again," said Jon.

"We had some time training at the Sunshine Coast before going down to the Gold Coast ahead of the opening ceremony and it was amazing to there. I really enjoyed the whole trip."

Jon, from Bridgend, was also part of the Team Wales contingent which enjoyed a special reception at the Senedd in Cardiff to congratulate them on their achievements at the Games. He has now returned to duty on the



Jon Hopkins.

hospital wards and his colleagues were delighted to welcome him back from Down Under.

Locality lead occupational therapist Rachael Gdesis-Evans said: "We wouldn't normally watch TV while at work, but because Jon's race was held quite late in Australia, the time difference meant we could see the race and cheer him on."

"We are very proud of his achievements and also to have him as part of our team. He is a fantastic member of staff and real example to our patients."

"He is someone living a healthy lifestyle and also showing how

you can juggle staying fit and healthy with a career."

"We fully support him in all his endeavours, sporting and professional."

Jon's parents also work at the hospital – Christine is a point-of-care manager in pathology while Peter is process service manager in laboratory medicine, and they flew out to the Gold Coast to watch him in action.

"It was my dad who first introduced me to steeplechase," said Jon, who went on to study in America after winning athletics scholarship. "I came to it after doing cross country in school and it has just gone from there."

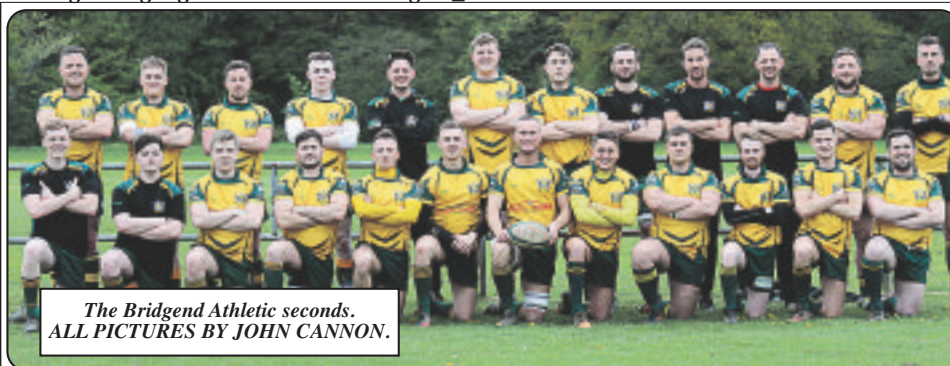
The event is a gruelling 3,000 metre race in which competitors take on 28 barriers and seven water jumps.

Jon, a member of Swansea Harriers, is now looking forward to building on his success during this athletics season and has his sights firmly set on the securing a place in Team GB for the 2020 Olympic Games in Tokyo.

"I am 25 now and want to build on this experience before reaching my peak in a couple of years. Taking part in the games is like rocket fuel, it makes you so motivated."

He is now back to his usual routine, fitting his training regime which sees him combine running 100 miles a week with gym work and track sessions, around the demands of his working day.

"My job is really important to me and I have had tremendous support from all my colleagues. My long-term aim is to continue my professional training to become a qualified occupational therapist."



The Bridgend Athletic seconds.
ALL PICTURES BY JOHN CANNON.

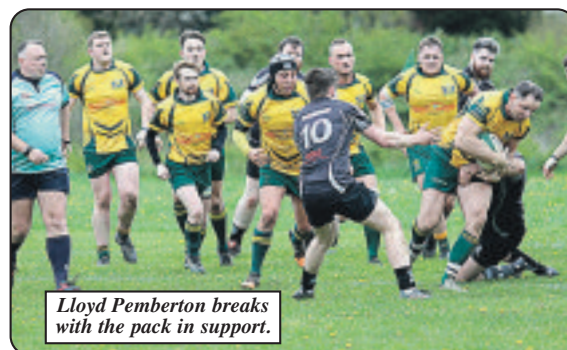
TITLE DELIGHT FOR SECONDS!



Joe Symons looks to attack.



Luke Yardley fends off a defender.



Lloyd Pemberton breaks with the pack in support.

CONTINUED FROM PAGE 44

In a very high-tempo, physical encounter, watched by a sizeable crowd, the Athletic recorded a seasonal double and bonus point 22-7 victory to pip Rhiwbina to the title with 19 league points to Rhiwbina's 17.

During the campaign the Athletic also recorded a win and loss to Llandovery and a bonus point win over Pill Harriers.

The Athletic controlled the opening 15 minutes and deservedly took the lead. Lock Lloyd Pemberton made good ground before being tackled.

Prop Chris Crumpton broke from the ruck and fed scrum half Joe Symons whose inside pass saw centre Luke Hollyman cross under the posts. Outside half Scott Jones converted to give the Athletic a 7-0 lead.

Rhiwbina attacked and passed along the line to their wing who looked clear before Athletic flanker Hywel Cosby came across to make an excellent try saving tackle.

Rhiwbina then kicked a penalty to touch to set up a five-metre driving lineout from which Roy Pesticcio was awarded the try. Ryan Stacey's conversion levelled the scores.

Joe Symons then made a break. Good rucking by Josh Carey and Geraint Lang saw the ball move via half backs Symons and Jones to lock Lloyd Pemberton who appeared in the centre.

Pemberton used his early days on the wing to good effect with an outside break before handing on to Athletic wing Ryan Pickford, who made ground

before an inside pass saw centre Luke Yardley crash over in the corner.

Pemberton was having a stormer and broke clear from a lineout and, when held, hooker Lewis Down, also very prominent in the game, picked up the ball and brushed aside two tacklers for the Athletic's third try. This gave the Athletic a 17-7 half-time lead.

The second period saw the much heavier Rhiwbina pack looking to assert themselves up front while the Athletic looked to use their speedy backs.

As in the previous encounter at Rhiwbina, the visitors looked to emulate their previous driving maul try and again in this game some brave well-timed sacking at the lineout by lock Aled Pilliner helped negate this tactic.

The visitors' outside half also tried several tactical kicks which were well dealt with by Athletic full back Liam Phillips.

The Athletic then picked up their bonus

point try. Good defence by No 8 Aaron Mordecai saw the ball reach replacement wing William Williams who outpaced his opposing wing and made 40 metres before drawing the full back and releasing wing Josh Seldon to run the remaining 20 metres to the try line, to stretch the lead to 22-7.

The Athletic emptied their bench for Liam Griffiths, Rhys Jones, Alex Borley, Levi Hallett, Jack Leyshon and Matthew Hobby to provide fresh legs.

The Rhiwbina pack largely controlled the final quarter but could not break a resolute Athletic defence with high tackle counts from Pemberton, Downs and Cosby in the pack and centres Hollyman and Yardley determined to keep their line intact.

Player/team manager Liam Griffiths was very pleased, and praised all 22 players for their efforts to secure the WRU Conference Tier 2 Championship.

AB

Bridgend Bridge Club round-up

THE latest results for Bridgend Bridge Club are as follows:

On Wednesday, May 2: First, Graham Jones and Irene Thomas; second, Linda Pinnock and Bill Turner; third, John Beard and Liam Sheridan. The winners on handicap were Graham Jones and Irene Thomas.

On Thursday, May 3: First, Glyn Williams and John Evans; second, Stuart Davies and Leila O'Hagan; third, Chris Rawlings and John Henson. The winners on handicap were Glyn Williams and John Evans.

On Friday, May 4: First, Glenda Roberts and Liam Sheridan; second, Jane Brook and Wendy Williams; third, Vida Halford and Glyn Williams. The winners on handicap were Glenda Roberts and Liam Sheridan.

Regular club nights take place on Wednesday and Friday evenings at Noltan Church Hall.

Play is scheduled to start at 7pm, to enable a

prompt start, it helps if players arrive at least 10 minutes early.

On Thursday afternoons at 2pm, again at Noltan Church Hall, there is a gentle bridge session when help is available with the bidding.

All sessions are played in a friendly manner, visitors and new members are always welcome.

Lessons for beginners are being run by Steve Burgoyne – please contact Steve for further details on his number below.

On Thursdays there is a session starting at 1pm on slightly advanced topics – this week John Evans will continue his seminar on bidding the fourth suit as forcing.

For further information about the lessons and any other of the club activities, please contact Steve Burgoyne on 01656 661968 or David Newman on 01656 649138.

GJ

Porthcawl Bridge Club latest news

AT the recent AGM, the Natie Gable trophy for the member who has contributed most to the running of the club over the past year, was presented to the club vice-chairman, Dil Evans.

The club has held its annual pivot-teams event for the Mollie Hart Trophy.

In a pivot-teams, players within the team play with different team members. This year's event was won by Rob, John, Tony, and Keith.

Other results from the club are: Saturday, April 21: First – Emer Disley and Debbie Lea; second – Peter and Sandie Jenkins.

Thursday, April 26: Pivot Teams

Championship for the Mollie Hart Trophy – First – Rob Charlesworth, John Beard, Tony Haworth, Keith Davison; runners-up – Roger Plant, Terry Dolan, Dil and Marian Evans.

Saturday, April 28: First – Colin and Hazel Heard; second – John Beard and Tony Haworth.

Thursday, May 3: First – Rob Charlesworth and John Beard; second (equal) – Roger Draper and Rory Gibbons; Dil and Marian Evans.

The club meets twice a week at the Awel-y-Mor centre – Thursdays 6.45pm-9.45pm and Saturdays 3pm-6pm, visitors are welcome.

To contact the club, call secretary, Trish, on 01656 785794.

TH

Ladies start their bowls season

L L A N T W I T MAJOR lady bowlers were fortunate to open our green on April 14 with an excellent turnout including a number of new bowlers.

On Thursday, April 19, we travelled to Rectory Road, Penarth for a friendly game which was enjoyed by all.

This was followed by a game at Rhosce where our members played well drawing on one rink – it was followed by an excellent tea, thank you Rhosce ladies.

Thursday, May 1, saw us entertain Cowbridge for our first Cowbridge Shield game of the season with Eryl, Mo, Joan and Liz winning comfortably 22-8.

Helen, Carol, Ros and Pat had a tough game, dropping a five early on but they woke up in the second half losing 12-16.

Marilyn, Julie, Margaret and Kay had quite a rollercoaster but held on to draw 13-13.

A lovely friendly game with both sides receiving five points. We look forward to meeting Cowbridge again during the season.

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Family Notices

CUMMINGS-JONES

Philip Alun Rhys 'Phil'

Suddenly and unexpectedly, Phil passed away on 27th April. Loving husband of Denise, adored dad of William, Sennan and Niamh.

Phil will be greatly and sadly missed by all that knew him.

He will live on in our memories and hearts.

Resting at W.A. Brown Funeralcare, Llantwit Major until the service on Friday, 25th May at 2.15pm at Coychurch Crematorium, Bridgend.

Family flowers only. Donations, if so desired, in lieu of flowers to British Heart Foundation or Mind in memory of Phil.

For all further enquiries please contact Co-op Funeralcare, Llanrumney. Tel: 02920 360 884.

CLEMENTS

Stanley Joseph

Peacefully on 25th April 2018 at the University Hospital of Wales, aged 87. Stanley, formerly of Lydstep Road, Barry. Husband of the late Olive, father of Katie and Lucy, Bamps of Ellie and Ben. Stanley will be remembered by many for walking his dog, Sparky, around Lydstep Road and for being a member of Barry's Bowling Club.

Stan will be missed by all who knew and loved him.

Resting at A J Stone & William Ham Funeral Home, 1a Neville Street, Canton, Cardiff, CF11 6LP, until his funeral service on Tuesday, 15th May at the Cardiff & Glamorgan Crematorium, Barry at 12 noon. Family flowers only, donations, if so desired, to PDSA, care of the funeral home.

WILLIAMS

Joan

Peacefully passed on 5th May at the University Hospital of Wales, Cardiff, aged 88. Beloved Wife of the late Emlyn, a loving Mother of Christine and Mark. Cherished Grandmother of Claire, James, Ceri, Lloyd and Jac. Loving Great Grandmother to her 10 Great Grandchildren.

Will be sadly missed by all who knew her.

Resting at Park Funeral Directors, 7 Tynedd Road, Barry until the funeral service on Tuesday, 15th May at All Saints Church, Barry at 10am, followed by committal at Cardiff and Glamorgan Crematorium, Barry.

Immediate family flowers only please, donations in lieu to Dementia UK.

MORRIS

Raymond Victor (Ray)

Peacefully after a short illness at Llandough Hospital on 3rd May, Ray, aged 66 years, of Barry. Dearly loved father of Sara and Wessley. Cherished grandfather of Taylor, Tomos, Millie and Georgia. Brother of Valerie, Susan, Helen, Jane and the late Anita.

Ray will be greatly missed by all of his family and friends.

Resting at A.G. Adams Funeralcare, Gladstone Road, Barry until the funeral on Friday, 18 May. Service and committal at Cardiff & Glamorgan Crematorium, Port Road East, Barry where family and friends please meet at 10am. Family flowers only, if desired donations may be handed to the funeral director after the funeral for Marie Curie.

BATE

Howard

Suddenly but peacefully at the University Hospital of Wales, Cardiff on 23rd April 2018, Howard, aged 77 years, formerly of Llantwit Major, Rhose and Barry. Dearly loved brother of Jocelyn and the late Graham and Adrian. Much loved uncle to all his nieces and nephews.

Howard will be sadly missed by all his family and friends.

Resting at A.G. Adams Funeralcare until the service on Monday, 14th May at Cardiff & Glamorgan Crematorium at 2pm.

Flowers may be sent or donations in lieu, if so desired, for The Dogs Trust c/o the funeral director.

HUETT

Molly Mary (née Jones)

Peacefully on 7th May 2018 at The Waverly Care Home, Penarth, Molly, aged 85 years. Beloved wife of John, much loved mum of Sarah, Victoria and son-in-laws Barry and Peter, a cherished nan of Laura and Gemma.

Molly will be greatly missed by all her family and friends.

Resting at A.G. Adams Funeralcare until the service at St Helen's Roman Catholic Church on Friday, 18th May at 3pm, followed by committal at Cardiff & Glamorgan Crematorium.

Family flowers only, donations in lieu, if so desired, for Parkinson's UK or The Waverly Care Centre c/o the funeral director.

PATIENT

Dennis Harold

After a long and happy life, well lived and so loved, Dennis passed away peacefully, aged 86, on 4th May at the University Hospital of Wales. Much loved husband of Tua, dad of Julie, father-in-law of Ron and granddad to Alex and Verity.

Dennis will also be missed by his sister Jean and all his nieces and nephews.

Dennis was a true gentleman and an inspiration to all who ever met him.

On Dennis' wishes, no black to be worn at the funeral please, just bright colours to celebrate a wonderful life.

Dennis will be resting at Park Funeral Directors, 7 Tynedd Road, Barry, until the funeral service at Cardiff and Glamorgan Crematorium on Thursday, 17th May at 4pm. Family flowers only please, donations in lieu to Velindre.

ANDREWS

Anthony John (Tony)

Peacefully at Llandough Hospital, Penarth on 4th May, Tony of Wenvoe. Dearly beloved husband of Muriel and the late Evelyn.

Tony was dearly loved and will be sadly missed by all his family.

Resting in the care of A.G. Adams Funeralcare, Gladstone Road, Barry until his funeral service and committal at the Cardiff & Glamorgan Crematorium, Barry on Tuesday, 15th May at 4pm. Family flowers only, donations in lieu of flowers to the Alzheimer's Society, Cardiff & Vale, Oldwell Court, Ty Gwyn Road, Penylan, Cardiff, CF23 5DA.

PAGE

William John (John)

Peacefully at home on 2nd May with his loving family by his side, John, devoted Husband of Joan, much loved Dad of Mervyn and Elaine. Adored Grandad to all his Grandchildren and Great Grandchildren.

John will be greatly missed by all his family and many friends.

Resting in the care of Lyndsay Ellis @ The Vale Funeral Service, Court Road, Barry until a celebration of his life at Cardiff and Glamorgan Crematorium, Barry on Friday, 25th May at 2pm. Floral tributes may be sent to the funeral home in memory of John.

Further enquiries contact Lyndsay Ellis, telephone 01446 407962.

GULLETT

Roger James

12.04.40 - 02.05.18

With heavy hearts we announce that at home on 2nd May, Roger lost his fight. A loving husband, father, grandfather and friend, he will be greatly missed by all.

Resting at W.A. Brown Funeralcare, Llantwit Major until the service at St Illtud's Church, Llantwit Major on Wednesday, 16th May at 12 noon and afterwards at 1.45pm in Coychurch Crematorium. A collection in lieu of flowers will be taken at the service in aid of Hospice at Home Care Team from Holme Towers Penarth.

Acknowledgement

BAYNHAM

Denzal Thomas

Shirley and family would like to thank everyone for all the kind messages and cards received, together with the support given at this sad time.

Thanks also extend to Father Craig for his heartfelt service and also to W. James & Sons, Fommon, for their professionalism.

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MEEK

Hilary Christine

(Formerly of Heol Y Mynydd, Sarn)

Sadly passed away at the Princess of Wales Hospital, Bridgend on Monday, 23rd April 2018, aged 84 years.

Beloved wife of the late David Meek, loving mam to Karen, Kelvin, Gail, Stuart, Cheryl and Michelle. Much loved mother-in-law to David, Anita, David, Adam and Doreen. Proud nanny to all of her grandchildren and great grandchildren.

Hilary will be sadly missed by all of her family and friends

Funeral service is to be held on Friday, 18th May 2018 in Coychurch Crematorium, Bridgend at 1.15pm. Family flowers only by request, however, donations can be made in memory of Hilary to Parkinsons UK Wales/Cymru, Maritime Offices, Woodland Terrace, Maesycod, Pontypridd, CF37 1DZ.

All further enquiries to Co-Op Funeralcare, 19 Coychurch Road, Bridgend.
Telephone 01656 653156

RICHARDS

Vera (née Kitcatt)

Vera, wife of the late Gordon, passed away peacefully on 5th May at Holme Towers, Penarth.

The funeral service will take place on Wednesday, 16th May at 1.30pm in Princes Street Evangelical Baptist Church, Barry.

Family flowers only, but donations in lieu, if so desired, for Marie Curie Hospice.

PRATT

Moirra Ure

Peacefully at Llandough Hospital on 28 April 2018, Moirra, beloved wife of Randall.

Will be sadly missed by all her family and friends.

Resting at the Private Funeral Home of W. James & Sons, Fommon. Private cremation followed by Service of Remembrance at Trehill Presbyterian Chapel, St Nicholas on Friday, 18 May at 12.15pm. No flowers by request. Donations, if desired, to RNLI.

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In Memory

STEWART

Hagar Rosina Margaret

(Known as Maggie)

17 May 1918 - 1 May 2010

In the quiet of the evening, I sit and think of you,
I open up my memory book of the things we use to do.
As I turn the pages my eyes are full of tears, for although
I have my memories, I cannot hold back the years.

Love from daughters Annette & Jean
and son Christopher xxx

JEFFERIES

Diane

28.12.44 - 12.05.17

Each passing moment in my life is filled with
thoughts of you. They take away the pain my love,
sweet memories of you.

All my love, Derek xxx

POWELL

Edward (Ted) MBE

28.07.1933 - 10.05.2016

In memory of a dearly loved husband,
father, father-in-law and gramps.

Forever in our thoughts.

Nest, Helen, Mark & Sophie xxx

HORAN

Kath

5th October 1949 - 9th May 2005

Precious memories will be with us always and
will never fade.

All our love, Frank, nieces, nephews, relatives
and friends xxx

HARDY

Christopher John

Passed away on Sunday, 14th May 2017

It's been a year since we had to say goodbye,
we miss so much but we are so grateful we
were able to share your life, love, laughter and
knowledge of life.

It helps us each day as we steer our paths through
life, we will suddenly stand still and remember a
special moment we all shared and a smile lights up
our faces and you are with us again.

You will be in our hearts and thoughts forever,
thank you for the time you shared with us.

Your loving wife Carol, children Mark and Clare,
brother Graham, sister Linda and their families.

xxxx

Birth

Harris-Morgan

Sophie & Rhys are delighted to
announce the safe arrival of their
beautiful baby girl

**Lillie Mae
Morgan**

Born 2nd May 2018.

Weighing 8lb 11oz.

Adorable little sister
for Archie xxx



Denise & Craig

are thrilled at the birth of their
gorgeous granddaughter

Lillie Mae Morgan

A precious daughter to Sophie & Rhys and
little sister to Archie, great
granddaughter to Jean
& Paul, and niece to Jess,
Josh & Luke xxx

Public Notices

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BRO MORGANNWG

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LEOL 1972 (FEL Y'I DIWYGIWYD)

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AMRYW LEINIAU O DIR

Rhoddir hysbysiad drwy hyn bod Cyngor Bro Morgannwg yn cynnig gwaredu
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Mae cynlluniau sy'n nodi'r tir y cynnig ei waredu ar gael i'w archwilio yng
nghanntedd swyddfeydd Cyngor Bro Morgannwg, Swyddfeydd Dinesig, Heol
Holltwn, Y Barri yn ystod oriau swyddfeydd arferol.

Rhaid cyflwyno gwrthwynebiadau i'r cynnig yn ysgrifenedig, gan nodi sail y
gwrthwynebiad, a'i gyfeirio at Bennaeth y Gwasanaethau Cyfreithiol (gan
ddyfynnu'r cyfeirnod C06-3121) yn y cyfeiriad a nodir isod erbyn dim
hwyraich na 5pm ar 31 Mai 2018.

Gyda golwg ar Ddeddf Llywodraeth Leol (Mynediad i Wybodaeth) 1985
rhoddir gwybod i bersonau sy'n gwrthwynebu'r cynnig fod y Cyngor hwn yn
gorfod gwneud unrhyw sylwadau a dderbynnir mewn ymateb i'r cynnig ar
gae i'r cyhoedd edrych arnynt.

ATOLDEN

1. Tir yn 55 Glenbrook Drive, Y Barri
2. Tir y tu ôl i 7 Pencoeedre Road, Y Barri
3. Tir gerllaw 60 Churchfields, Y Barri
4. Tir yn Kenson Close, Y Rhws
5. Tir y tu ôl i 21 Trebeferad, Boverton

Dyddiedig 10 Mai 2018.

D. Marles

Pennaeth Gwasanaethau Cyfreithiol
Cyngor Bro Morgannwg, Swyddfeydd Dinesig,
Heol Holltwn, Y Barri, CF63 4RU

THE VALE OF GLAMORGAN
COUNCIL

SECTION 123 (2A) - LOCAL GOVERNMENT
ACT 1972 (AS AMENDED)

NOTICE OF DISPOSAL OF OPEN SPACE
VARIOUS PLOTS OF LAND

NOTICE is hereby given that the Vale of Glamorgan Council propose to
dispose of various plots of land comprising public open space set out in the
Schedule below.

Plans identifying the land proposed to be disposed of are available for
inspection in the foyer of the offices of the Vale of Glamorgan Council, Civic
Offices, Holton Road, Barry during normal office hours.

Objections to the intended disposals must be made in writing, stating the
grounds for such objections, and addressed to Head of Legal Services
(quoting reference C06-3121) at the address stated below by no later than
5pm on 31st May 2018.

Persons objecting to the proposal are advised that in view of the Local
Government (Access to Information) Act 1985 this Council is legally obliged to
make any comments received in response to the proposal open to public
inspection.

SCHEDULE

1. Land at 55 Glenbrook Drive, Barry
2. Land at rear of 7 Pencoeedre Road, Barry
3. Land adjacent to 60 Churchfields, Barry
4. Land at Kenson Close, Rhosce
5. Land at rear of 21 Trebeferad, Boverton

Dated this 10th day of May 2018

D. Marles

Head of Legal Services
Vale of Glamorgan Council, Civic Offices
Holton Road, Barry, CF63 4RU



Birthday

Andy Johnstone

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11th May

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community newspaper really worth reading!

Information via **abc** (Figures correct as of March 2018)

Sun-baked try fest at the Common as Dinas Powys defeat Porth

THE final home league game of the season saw the Villagers of Dinas Powys entertain Porth Harlequins at a sun-drenched Common for what turned out to be an exciting contest.

The visitors are among a group of teams desperately fighting to avoid relegation and league points were a serious consideration for them. The Villagers produced a scorching display in the first half, scoring four tries and thus securing a bonus point within this period.

The first try was scored following an intricate passage of threequarter play that twice involved right

wing Jim Wiltshire before the ball was fed to captain, Tom Baister who crossed in the left corner.

This was to be first of two tries for the charismatic hooker, who once again showed blistering pace to secure his tries.

The visitors enjoyed a lion's share of possession for large periods of the contest, but it was a case of the bludgeon and the rapier as the Villagers had much more imagination and pace when they got the ball.

The forwards played their part and a powerful scrum won the ball against the head and the pace of Wiltshire, with support from Lewis Dunleavy, allowed centre Sam Middlemiss to assume his preferred position of scrum half at



Tom Baister outpaces defenders to score.

the resulting ruck to feed fellow centre Rhys Evans, who spun in to avoid the tackle and score the second try of the game.

Porth trailed by 10 points and tried to up their efforts, however a dropped pass allowed left wing Duke Durham to set off on a powerful saunter.

The ball was moved sweetly with fly half Callum Bricknell twice involved, displaying his fine distribution skills. The ball eventually reached Baister, who outpaced the defence after a 45-metre charge to yet again cross in the left hand corner.

The conversion, the most difficult of attempts, was landed by Bricknell and the Villagers led 17-0.

The visitors responded immediately as they

drove a rolling maul over the tryline to open their account and, with the extras added, the score advanced to 17-7.

This score, and their passionate fans, drove the visitors to even greater effort and they attempted to outflank the home defence; an ambitious pass was intercepted by right wing flyer Wiltshire who ran in the Villagers' fourth try from 70 metres and with the conversion added the score at half-time was 24-7.

The second half was a tense and exciting affair as the Villagers, with the victory seemingly secure, wilted slightly in the face of desperate Porth attacks on the sunbaked Common.

Another rolling maul was deemed to have been collapsed by Dinas and the resulting penalty was

taken quickly and, after a period of debate and pleading, the try was awarded to make it 24-14.

The Villagers awoke from their slumber and substitute Ben White threw one of his trademark blind passes that was gathered by Wiltshire, who literally hurdled desperate lunging tackles to score under the posts; the conversion secured a 31-14 lead for Dinas Powys.

With only 10 minutes remaining Porth threw all they had at the home defence and wave after wave freed their outstanding flanker Ieuan Rees to score acrobatically in the right corner, and with the final play of the game they scored their fourth try of the contest, allowing them to gather a try-scoring bonus point and a further bonus point for keeping the margin within seven points.

The Porth players and supporters celebrated with great relief, gaining valuable points in their struggle to survive in the division, while the home supporters bathed in the warmth of the sunshine and another league victory.

HJ

Pleasant afternoon of bowls for the A team

THE bank holiday weekend sunshine brought success to Llantwit Major A team in their SVL home fixture against Millwood A last Saturday.

Rink of the day comprised Ian Williamson, Mike Jones, Geoff Timms and John O'Brien who led from the start, taking the first five ends, and eventually winning 20-12.

Mike Everleigh, Dave Johnes, Mike Adams and Graham Merchant had a close tussle, but, with the help of a four on the 16th end, saw a 19-11 win.

Ambrose Horgan, Richard Bayliss, John Nixon and Mike Harmon also had a close game until the ninth end but a couple of threes and an excellent five

on the 17th end secured a 19-13 victory.

Andy Vincent, Ken Williams, Les Fowler and team captain Paul Brown enjoyed a tight scrap with only a one-shot lead on the 17th end but a superb shot by the skipper saw them run out 19-14 winners.

Many thanks to the ladies for the scrumptious post-match food. We shall have the opportunity to enjoy Millwood's company again as we are both in the same division in the Cardiff and District Municipal League and will also play the return leg in the SVL at Millwood.

All in all a thoroughly pleasant afternoon.

PB

Wales RL to hold under-16 trials

THE 2018 Wales Rugby League under-16s team will be holding an open trial on Saturday, June 2 at CCB Centre of Sporting Excellence, Caerphilly Rd, Ystrad Mynach. CF82 7EP.

All interested parties must pre-register for the event and will need to arrive for 10.15am on the day; any player who does not pre-register will not be eligible to trial on the day.

The trial will run from 10.45am through to 2pm and consist of a fitness and skills

assessment in the morning and a series of full-contact trial games in the afternoon.

Those players who are successful on the day will be invited to a final trial on Saturday, June 16 at Ystrad Mynach where they will be joined by the players who are eligible to remain in the squad from 2017.

The final squad will then be announced in the week commencing June 18 and the 2018 international program will begin with a training session in South Wales (venue to be confirmed) on June 30, followed by a three day training camp in Wigan

between July 19-21.

All players must be under the age of 16 on September 1, 2017 and be of current school year 10 or 11 in 2018.

To be eligible you must fulfil one of the following criteria - be born in Wales; resided in Wales for at least the last three years; have a Welsh parent or grandparent.

To register, please email Rob.Davies@WalesRugbyLeague.co.uk and peter.tiffin@walesrugbyleague.co.uk no later than 5pm on May 30.

IG

TENNIS FOR ALL!



BARRY Community Tennis Club is living up to its title of Tennis Wales' Community Venue of the Year by taking tennis to the people of Barry.

On Bank Holiday Monday, the club took tennis games and other simple activities such as skipping and chinese ropes, to Barry Island Promenade where passers-by were able to join in and savour the club's ethos of making tennis accessible to everyone.

The club will be offering similar activities, with a mini tennis net, bats and balls, and other fun games every

Friday from 4pm outside the beach huts at the Eastern end of the promenade. Anyone is welcome to join in the fun.

Further community activities are planned for the summer, including a teddy bear's picnic at Porthkerry Park on June 10 and a live screening of the Wimbledon men's singles final at Barry Yacht Club on July 15.

To find out more about the club's activities, check their Facebook or Twitter pages, or take a look at the noticeboard adjacent to the tennis courts in Romilly Park.

PM

Cadoxton bowlers start their season

CADOXTON Bowls Club took on Millwood in an away friendly at the end of last month.

Scores: E Heppenstall, S Clarke, M Curtis, K Chedgoy 17-9 A Norris, H Hodgkinson, D Lewis, A Bumford; J Stacey, J Papoutsou, I

Heppenstall, D Jeffries 14-8 G Smith, T Cole, K Davies, B Crookford; G Solomon, A Ralphs, P Ellis, J Davies 8-12 B Webb, P Childs, B Howcroft, H Spencer; W Craven, A Prince, I Robertson, H Craven 8-23 N Tutton, A Bickley, M Williams, A Annis. Final score: 47-52.

Cadoxton then faced Windsor in the

Carruthers Cup away.

Two new members of Cadoxton took part for their first sample of competitive bowls.

Andy Ralph assisted Kelvin Chedgoy with a two-shot, winning rink against Trevor Holmes. Emlyn Davies was on Howard Craven's rink which was narrowly defeated by three shots to Graham Carlisle.

The sixth and seventh rink proved fatal when a '5' and '4' were conceded.

The third rink was skipped by Derek Jeffries, and came out on top with an excellent success against the experienced Matthew Woodcock.

Unfortunately the other rink skipped by Jim Davies were unable

to overcome the know-how of old hand Ken McLeod, who ensured the, overall, team win with four '3's a '4' and a '5' included amongst their successful score.

Scores: E Heppenstall, A Ralph, S Clarke, K Chedgoy 17-15 A Norris, H Hodgkinson, D Lewis, A Bumford; J Stacey, I Robertson, J Papoutsou, D Jeffries 21-13 G

Smith, T Cole, K Davies, B Crookford; A Prince, R Byrne, I Heppenstall, J Davies 9-30 B Webb, P Childs, B Howcroft, H Spencer; W Craven, H Craven 17-20 N Tutton, A Bickley, M Williams, A Annis. Final score: 64-78.

DK

Barry and District League latest tables and results

CRIB DIVISION 1:

Wyndham Cons 8, Cadoxton Cons 7; Moors Boys 7, Rhooose Social 8; West End 6, West End Runaways 9.

League table:

Wyndham Cons 191, Liberals 187, Rhooose Social 185, West End Runaways 178, Cadoxton Cons 177, West End 173, Moors Boys 169.

SKITTLES DIVISION 1:

Slammers 4.5, Rhooosters 2.5; Allsorts 6, Liberals A 1; Barry Town FC 2, King William XII 5; Sea View B 5, Rhooose Social B 2; West End C 5, Rhooose Social A 2; Rhooose Social C 1, Cambrian Flyers 6; West End D 4.5, Rugby Club 2.5; Liberals C 1, Barries Boys 6.

League table: Sea View B 133.5, West End D 129.0, Rugby Club 113.5, West End C 108.5, King William XII, 104.0,

Rhooose Social C 101.5,

Rhooosters 91.0, Rhooose Social A 90.5, Allsorts 86.5, Barry Town FC 86.5, Slammers 84.5, Liberals A 64.5, Liberals C 64.5, Cambrian Flyers 59.5, *Barries Boys 55.0.

SNOOKER DIVISION 1:

Wyndham Cons A 3, Harbour B 2; Liberators 0, Cadoxton Cons Z 5; West End C 3, Services Social B 2; Rhooose Social B 2; Rhooose Social B 2, Savoy B 3, Penarth Cons A 2, Cadoxton Cons B 3.

League table: Harbour B 115, Savoy A 95, Wyndham Cons A 77, Cadoxton Cons Z 77, Cadoxton Cons B 71, West End C 68, Liberators 54, Penarth Cons A 51, *Savoy B 44, Rhooose Social B 40, uk. *Services Social B 38.

SNOOKER DIVISION 1:

Market Street B 2, Cadoxton Misfits 3; Wyndham Cons D 3, Penarth Cons B 2; Cadoxton Cons A 2, Harbour A 3; West End 3, West End A 2; Rhooose Social C 4, Market Street C 1.

League table: Cadoxton Misfits 85, Market Street B 77, Rhooose Social C 77, Penarth Cons B 69, Cadoxton Cons A 68, Harbour A 67, Wyndham Cons D 66, Market Street C 65, West End A 58, Sully Sports A 54, West End B 54 (* = points deducted).

View all results and league tables at

www.barryleagues.co.

JW

Llantwit Major Darts League

THANKS to everybody that played in the league this season and to all who came along to the 53rd Llantwit Major and District Darts League presentation night which was an enjoyable night enjoyed by all.

Thanks to Meurig Morgan for presenting the trophies, rugby club manager Lisa Morris for all her help and the rugby club and its staff for their hospitality this season.

We sadly raised our glasses to the recently departed Denzal Baynham and Syd Hill, two long-serving members of the league.

The 'C' League winners were the Lamb & Flag 'C2', Runners-up after a play-off, against the unfortunate rugby club, were the Shoes St Athan 'C2'.

The 'A' League winners were the Kings Head 'A1' with Wenvoe Arms the runners-up. Champion of Champions: Kings Head A1.

Trophies were awarded to the following competition winners and runners-up. Eddie Meredith: Kings Head 'A1' (W) and Wenvoe Arms (RU). Alec McGaw: Dai Randall, Bill Gallacher, Ray Procope, Paul Jenkins (KHA1 W), Peter Evans, Steve Davie, Dai Sawyer (KHA1 RU).

Sir Cennydd: Peter Evans, Steve Davie, Mike Gray, Dai Sawyer, Dai Randall (KHA1 W), Tony Deacon, Nigel Morgan, Ken Aston, Stu and Dai Bracey (WA RU).

Mixed Pairs: Tanya Daw and Mike Gray (RCA W) Lauren Spears and Luke Richards

(SSAC2 RU).

Ladies Threes: Tanya Daw, Mo Phillips, Danielle Dolbear, Christina Woods (RCA W), Caz Adamson, Sandra Jones, Tammy McNaughton (RCC RU). Pairs: Mother and daughter Chick and Beth Theophilus (L & F W), Becky Evans and Laura Hemming (GC RU).

Singles: Julie Cheal (SSAC1 W), Bethan Gatheridge (SSAC2 RU).

Gents' Threes: Peter Evans, Steve Davie, Dai Sawyer (KHA W), Mark Lewis, Luke Richards, Shaun Keeper (WA RU). Pairs: Dai Randall and Peter Evans (KHA1 W), Simon Nettleship and Terry Williams (KHA1 RU). Singles: Luke Richards (WA W), Ray Procope (KHA1 RU), Pauline David had the highest Ladies finish and best leg trophies, Peter Evans best leg trophy, Peter Thomas highest finish trophy, Luke Richards most 180s.

Seven teams will be taking part in the Summer League starting late May. Final 'A' League Table: Kings Head 'A1' 231, Wenvoe Arms 203, Fox and Hounds 164, Shoes St Athan 159, Golden Cups 151, Rugby Club 'A2' 150, Lamb & Flag 149, Four Bells 140, Kings Head 'A2' 134, Rugby Club 'A1' 134, Shoes Peterston 134, Tudor Tavern 85, Rugby Club 'A3' 81, Blacksmith Arms 76.

Final 'C' League Table: Lamb & Flag 'C2' 194, Shoes St Athan 'C2' 187, Rugby Club 186, Lamb & Flag 'C1' 172, Shoes St Athan 'C1' 171, Kings Head 'C2' 155, Boverton Castle 142, Tudor Tavern 'C2' 124, Kings Head 'C1' 94, Tudor Tavern 'C1' 61.

DC

Good start to the season for Vale CC

THE sun beamed down on the picturesque Cornstown club and after a heavily disrupted pre-season, it was most welcome as Vale CC first XI began their season with a straightforward win again Monkwood.

Vale captain JP Davies won the toss and elected to bowl first on a pitch that had many hours of tender, love and rolling by the fantastic in-house ground team who have worked tirelessly of their own accord to ensure the pitch was ready for the league opener.

Monkwood captain M Jones (16) was the first player to take the walk back to the pavilion as the opening pair struggled to deal with the father and son combination of A Upham (2-47) and D Upham (2-23).

Upham senior in particular bowled a consistent line and length that antagonised the opposition and put plenty of pressure on the top order batsman.

Both openers were well supported by the introduction of first change bowler Merry, a young and promising talent at Vale CC. Merry (0-18) did well to keep the scoring rate low, causing issues for the Monkwood batsman as they tried to work out the 15-year-old.

Spinner Gingell (1-27) bowled well and enticed the batsman in a well co-ordinated spell of nine overs taking the important wicket of M Malson (34).

The other spinner M Williams (0-29) bowled well before drinks with little runs coming off the bat but struggled to find his usual pin point accuracy and consistency after drinks as Monkwood went about trying to increase the run rate.

By far the top batsman

for Monkwood was M Watkins, a player who has scored well at Vale before who constructed a well-played 51 before being dismissed by A Upham.

One thing that Vale CC will need to improve is their accuracy and execution of simple skills.

Too many wide balls were bowled and some chances were put down, all of which could have resulted in Monkwood scoring less than their 183-6 from their allotted overs.

After tea, Vale went about chasing down the set total. Withers (29) and Snelson (68) put on a 100-run partnership with Snelson taking the lead by punching boundaries and playing some excellent shots that reflected his hard work during the off season.

JP Davies (13) added another 36 runs for the second wicket with the chase then being

concluded by M Williams (22 no) who played some very elegant looking shots and M Gilbert (9 no).

The final two batsman had a partnership of 41 proving that partnerships are extremely important in building an innings.

Vale CC first XI had previously lost their opening game of the season for the last two years so are delighted to get their season underway with a positive performance.

This week the first XI travel to local rivals Barry Wanderers and they will be looking to continue their positive start.

HW
After a delayed start due to the soft conditions from the week's weather Vale CC second XI finally got their season underway at Ponthir.

The game was reduced to a 35-over contest. Ponthir won the toss and not surprisingly put Vale into bat on their newly-marked and slightly wet

around the edges wicket.

This is perhaps a decision that they soon regretted as despite an early wicket, newly-appointed second team captain M Thomas got his side off to a fantastic start with an explosive 121 from 99 balls and with vice-captain Mark Francis (58) shared a colossal 208-run partnership for the second wicket.

Despite the slow nature of the pitch, Thomas timed the ball superbly well, hitting 17 fours and 5 sixes while Francis complemented his skipped by accumulating his runs hitting 3 fours and a six.

This resulted in Vale CC finishing the innings with 224-3, a fantastic start in conditions that were suited to bowling.

After tea, Vale took to the field hoping to successfully defend their total. Young Idris Merry (1-22) opened the bowling with the ever-present Greg Andrews (2-20) and both bowled with accuracy and confidence largely installed in them by their batsman's excellent performance earlier in the day.

The young Davies twins bowled with wisdom beyond their years and the club is delighted to see these two youngsters developing into fine cricketers who will undoubtedly form many more formidable partnerships in the future.

Joseph Davies (3-15) was the pick of the brothers with his wickets but his twin Aaron Davies bowled equally as well, finishing with figures of 0-16 without any luck.

Chris Haskins (2-17) and Glyn Jones (2-14) also picked up wickets with Jones being particularly economical from his seven overs, a role the club hope the experienced spinner can perform all season.

Vale's catching was also good with Francis, Rob Gooch, Glyn Jones, Greg Andrews all taking catches but the highlight was young Joseph Davies taking an outstanding sharp chance at backward point.

The champagne moment of the day was new recruit Gooch chasing a ball hard up the hill only to stumble, cartwheel and face plant himself into the soft outfield.

Vale CC second XI will look to build on their fantastic start this week as they entertain Barry Wanderers in Corntown as they look to stamp their authority on the league with another victory.

The club hope will be a big season for the second team with promotion a real possibility.

UPTURN IN FORM FOR SULLY BOWLERS!

SULLY Sports Bowls Club's men have had mixed results in the opening fixtures of the season, losing their first four games, but winning their last two.

Three losses in friendlies against Belle Vue, Penarth Windsor and Rhosce, were followed by a heavy home defeat against Pentrych in the opening Private Greens League fixture, but fortunes changed in the return Rhosce friendly with a win on all four rinks.

Last Saturday, Sully Sports travelled, with some trepidation, to Mackintosh in the PG1, as the Mack's had whitewashed the Sports at Sully last season, and had already beaten Pentrych this season.

The splendid weather – hot and sunny – inspired the Sully Sports bowlers, who revelled in the conditions and turned the form book upside down to record a 99-60 victory, winning on all rinks.

The Sports got off to a flyer, and led 35-6 after five ends, and 59-19 after 10.

The last 11 ends were more evenly contested with Sully leading 77-39

after 15 ends, and finally winning 99-60 to pick up the maximum 14 points.

Rink scores: M Stafford, B Whyman, K Romans, L Romans 26-13; D Austin, G Currie, C Spillane, G Brown 23-17; D Robbins, A Thomson, A Collard, R Roberts 24-13; R Knight, J Kirk, C Coomber, R Matthews 26-17.

This Saturday, May 12, the men travel to Bridgend Municipal in the WBA Carruthers Shield.

The ladies won their opening Evening League fixture away at St Fagan, played in continuous rain, last Tuesday, May 1, with both rinks, skipped by Carol Jenkins and Stef Parker, victorious.

Men's captain John Kirk, and ladies' captain Mary Dare, extend a warm welcome to all members - past, current and new.

Don't worry if you are a novice, or have never bowled, free coaching is available to all newcomers.

Anyone wishing to join can turn up at the club, or contact Peter Holland (men's secretary) on 01446 622490, or Mary Dare (ladies' captain) on 01446 732994.

MS

Windsor get stuck into the action

LAST Saturday saw the first of Penarth Windsor Bowling Club's three preliminary round cup ties in this year's WBA tournament.

Any trip to play away at Cadoxton can prove to be a challenge and this year the surface at Cadoxton once again was extremely testing.

In the end, the team was more than happy to gain a victory by 78 shots to 64.

The successful score was in no small part due to a big win by Ken McLeod's rink.

The full results were: Coleman, Gooding, Paterson and Woodcock 13-21; Hope, Ellard, Rees and Carlisle 20-17; Lewis, Palfrey, Hudson and McLeod 30-9; Matthews, Morrish, Lloyd-Jones and Holmes 15-17.

This week, the second cup game sees the visit of a very strong Wyndham team to Windsor which will certainly test the team to the full.

The PG2 team entertained Rhiwbina and for the second week running, they won two of the four rinks but went down on the overall shot score.

Scores: Woodcock A, Mathias, Cuccinello and Hales 13-21; White,

Davies A, Hardess and Howells 25-21; Ellis, Peregrine, Dudley and Rogers 12-28; Johnson, Daniel, captain Latham and Davies D, 17-13. Total score 67-82.

However, it was a complete success for Windsor in Tuesday's friendly against visitors Rhosce with wins on all rinks.

Scores: Peregrine, Price (on his match debut), Coleman and Lloyd-Jones 17-7; Johnson, Armstrong, Ellard and Holmes 21-12; Lewis, Brenton, Howells and Hope 16-9; Matthews, Adams, Davies and McLeod 15-14. Total score 69-42.

The ladies played their first Afternoon League game of the season and it was a special occasion with what was believed to be the first-ever visit of Caerphilly.

The visitors proved a delightful company and the match and post-match gathering were thoroughly enjoyed by all.

Windsor Ladies took the honours by 51 shots to 45.

Results were Moyra Owen's rink 18-11, Chris Davies's rink 10-20 and Di Thomas's rink 23-14.

PM

Banwen point-to-point draws in the crowds

A huge May Day holiday crowd, attracted no doubt by the beautiful sunny weather, descended on Llwyn Ddu, Glais for the annual Banwen Point-To-Point Club Steeplechases.

Racing got under way with the Non Rules Runners Maiden Conditions Race and eight of the 11 entries faced the starter. First past the post was Miss Emma Moseley's six-year-old chestnut gelding *Design Plan* which came home four lengths ahead of Byron Moorcroft's mount *Sweet Lady Jane*.

But the race was not without incident as the favourite, *Get An Oscar* (Jodie Hughes) jumped a wing and ran out on the first circuit and the second favourite, *Tally Ho Doctor* (Nick Williams) appeared to have every chance when falling three fences from home.

Emma, 28, from St Clears, was chalking up her seventh winner, the first had been at the Banwen some five years earlier.

There was a close finish to the three horse Confined Race with *Aerlite Supreme*, who had made most of the running under Llancarfan's Isabel Williams, holding on by a neck from the fast-finishing *Hospital* (Elen Nicholas) with *Carry On Nando* (Sion Whittle) a further half-a-length away in third spot.

Aerlite Supreme had been beaten a short head by *Hospital* in the Confined Race at the Gelligaer Farmers a week earlier so was gaining his revenge. Isabel, aged 20, from Llancarfan who is making a bold bid for the Welsh Ladies' Championship, said of her mount - "He's a lovely horse and jumps brilliantly."

There were only three in the Mens Open Race too and Michael Bassett's and Kieran Price's *Benemead*, under Byron Moorcroft, ran out a 10 lengths winner from the odds-on *Kinari* (Peter Bryan) who had tried to make all the running. *Zuccotti* (Bradley Gibbs) was a further 15 lengths away. Asked how the race went, Byron said: "I didn't go

BRIAN LEE

Barry Chess Club round-up

THE East Glamorgan Chess League is rapidly drawing to a close.

Three of our teams only had one match left to play but they were mostly dead rubbers as far as Barry were concerned.

In Division 1 the Bosons played the Caerphilly Kings in a match postponed due to snow. Looking out at the sunshine now that seems a long time ago.

Matthew Davies, Steve Cluniffe and Dave Parsons all drew their matches, the other two games were lost so the Kings won by 3.5-1.5.

They were already confirmed as runners-up, again. We ended up seventh on 41.5 points, comfortably ahead of the relegation spots.

In Division 2, the Quarks played the Penarth Pirates.

We knew we were going down but the Pirates needed three points to guarantee safety.

We did our bit to help their relegation rivals, the Cardiff Crowns by picking up 2.5 points on

the bottom three boards, wins for Michael O'Leary and Scott Turner with Sam White chipping in the extra half point.

The Pirates may have been on tenterhooks but the Cardiff side lost their final game 3-2 so it appeared comfortable for Penarth in the end.

This week also saw the fourth round of the club championship with another five games being played.

Three of the games went with the higher-graded player winning. The two exceptions saw Scott Turner earn a victory giving away almost 500 ratings points. This was one of the best performances of the season.

Also at the bottom of the table Dave Mahoney and Ken Curry fought out a tough battle before settling for a draw.

With one round to play there will be a new champion as only Dave Parsons or Mark Cooke can be champion.

Dave holds a two point advantage and a higher tie break score by virtue of defeating Mark

in round three.

The Plate section is much closer with Scott Turner and previous winner Martin Ricketts tied on 2.5 points and Peter Watkins only 0.5 points behind.

The final round of matches will be interesting as all three players will probably be playing higher-ranked opponents.

The Barry Chess Club meets at 7.30pm each Monday at the West End Club, St. Nicholas Road, Barry, CF62 6QY.

The club is open to players of all standards, whether you are interested in competitive chess or just the occasional friendly games.

New players are very welcome to just turn up on the night but if you contact one of the club members through the website we can explain what is happening on the night, and arrange for someone to greet you on your arrival.

For more details visit our website at <http://barrychessclub.yol.asite.com>.

PHIL JONES

Sponsorship boost for Trystan

LAST month we told you about Trystan MacIver, a Cowbridge Comprehensive School (year 7) pupil from St Nicholas who had been selected to represent Basketball Wales under-12 boys in a tournament in Belfast.

After an appeal for sponsorship, two companies have come forward to help Trystan - Athletic Development Wales, who are currently helping Trystan with his

strength and conditioning, and Neveah's and Les Barber Shop, Wyndham Street, Barry.

Trystan is very grateful for their support, and if more companies would like to sponsor him with a package will include a Welsh t-shirt with their company logo on, that Trystan will be wearing on tour, their company logo put onto Basketball Wales website and Facebook page, then contact Danielle Brown on 07866142806 or email daniellemaciver@googlemail.com.

DM

MF

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16 66 BMW X1 20D M Sport XDRIVE 5dr automatic, BMW warranty Dec 2019, sat nav, heated seats, grey **£21495**



15 65 BMW 420D M Sport XDrive 2dr (190bhp), M sport plus pack, widescreen sat nav, 19" alloys, 17k, estoril blue **£21495**



16 16 BMW X4 30d M Sport XDRIVE 5dr automatic, BMW warranty March 2019, pro nav, 19" alloys, silver, full leather **£26995**



17 67 AUDI A3 2.0 TFSI Quattro Sport 5dr S-Tronic, 19" alloys, sat nav, privacy glass, 10k, black **£22995**



16 16 AUDI A3 1.6 TDI Quattro Sport 4dr, Audi warranty April 2019, sat nav, Bluetooth, 18" alloys, 13k, white **£16495**



14 63 VOLVO XC60 TD R-Design Lux 5dr 4WD, cruise, 18" alloys, grey, full leather **£14995**

- 17 67 AUDI A3 2.0 TFSI Quattro Sport 5dr S-Tronic, 19" alloys, sat nav, privacy glass, 10k, black £22995
- 16 16 AUDI A3 1.6 TDI Quattro Sport 4dr, Audi warranty April 2019, sat nav, Bluetooth, 18" alloys, 13k, white £16495
- 15 15 AUDI A7 3.0 TDI Quattro S-Line 5dr S-Tronic, 20" alloys, sat nav, 30k, silver, full leather £24995
- 14 64 AUDI Q3 2.0 TFSI Quattro S-Line 5dr, sat nav, 38k, silver, full leather £18995
- 15 65 AUDI Q3 2.0 TDI Quattro S-Line+ 5dr, 19" alloys, cruise, 19k, silver £20995
- 16 16 AUDI Q3 2.0 TDI Quattro S-Line Plus 5dr S-Tronic, Audi warranty April 2019, sat nav, heated seats, 19" alloys, 26k, black, full leather £22495
- 13 13 AUDI TT 2.0 TDI S-Line Quattro 3dr S-Tronic, cruise, Bluetooth, bose, 32k, met blue, half leather £13995
- 13 63 BMW 330D M Sport XDRIVE 4dr automatic, sat nav, cruise, black, full merino leather £15795
- 15 65 BMW 330D M Sport XDRIVE 4dr automatic (313bhp), sat nav, m sport + pack, 19" alloys, 18k, met grey, full leather £21995
- 16 16 BMW 330D XDRIVE M Sport GT 5dr automatic, BMW warranty March 2019, sat nav, 19" alloys, 19k, black, full leather £22495
- 16 65 BMW 335 DXDRIVE M Sport 5dr automatic, 19" Alloys, widescreen sat nav, 23k, met grey, full leather £22995
- 16 16 BMW 335d XDRIVE M Sport 4dr automatic (313bhp) M Sport plus pack, 19" alloys, Harman Kardon, sat nav, 20k, red, full leather £22795
- 16 16 BMW 335d XDRIVE M Sport Estate automatic (313bhp), BMW warranty May 2019, sat nav, DAB, 23k, white, full leather £22495
- 16 16 BMW 335 DXDRIVE M Sport GT 5dr automatic (313bhp), sat nav, white, full leather £21495
- 16 16 BMW 335d M Sport XDRIVE Estate automatic, BMW warranty March 2019, sat nav, 19" alloys, Harman Kardon, 26k, black, full leather £22995
- 15 64 BMW 420D M Sport XDRIVE Gran Coupe 5dr automatic, pro sat nav, 19" alloys, Harman kardon, full leather, 26k, met black £20995
- 15 65 BMW 420D M Sport XDrive 2dr (190bhp), M sport plus pack, widescreen sat nav, 19" alloys, 17k, estoril blue £21495
- 16 16 BMW 420 DXDRIVE M Sport Gran Coupe 5dr automatic, 19" alloys, widescreen sat nav, 23k, met grey, full leather £23995
- 16 65 BMW 420D XDRIVE D M Sport Gran Coupe 5dr automatic (190bhp), BMW warranty Feb 2019, sat nav, Bluetooth, privacy glass, full leather, 23k, grey £20495
- 16 16 BMW 430D XDRIVE M Sport Gran Coupe 5dr automatic, sunroof, M sport plus pack, 19" alloys, pro media, met blue, full leather £24995
- 16 16 BMW 740D XDRIVE M Sport 4dr automatic (315bhp), BMW warranty June 2019, Premium package, 20" alloys, head-up display, electric glass sunroof, 18k, white, full leather £42995
- 16 66 BMW X1 20D M Sport XDRIVE 5dr automatic, BMW warranty Dec 2019, sat nav, heated seats, grey £21495
- 16 16 BMW X3 30D M Sport XDRIVE 5dr automatic, BMW warranty April 2019, 19" alloys, sat nav, Bluetooth, 14k, grey £27995
- 16 16 BMW X3 XDRIVE 35DM Sport 5dr automatic (313bhp), 20" alloys, sat nav, 15k, white with full leather £28995
- 14 64 BMW X4 XDRIVE 3.0 DM Sport 5dr automatic, widescreen sat nav, M sport plus pack, 20k, white with full leather £27995
- 16 16 BMW X4 30d M Sport XDRIVE 5dr automatic, BMW warranty March 2019, pro nav, 19" alloys, silver, full leather £26995
- 13 13 BMW X5 30D M Sport XDRIVE 5dr, panoramic roof, sat nav, 20" alloys, reverse camera, privacy glass, black, full leather £20995
- 15 65 BMW X5 XDRIVE 40EM Sport 5dr, 20" alloys, head up display, reverse camera, sat nav, 30k, met grey, full leather £36995
- 15 15 BMW X5 XDRIVE 30 DSE 5dr automatic, 22" alloys, sat nav, 32k, met brown, full leather £28995
- 17 17 FORD KUGA 2.0 TDCi Titanium AWD 5dr (180bhp) Ford warranty Mar 2020, sat nav, cruise, reverse camera, 11k, black £18995
- 14 64 HYUNDAI SANTA FE 2.2 CRDi Premium 5dr 4WD, sat nav, rear camera, heated seats, in mocha with full leather £11995
- 16 16 HYUNDAI TUCSON 2.0 CRDi 185 Premium SE 4WD 5dr, Hyundai warranty April 2023, panoramic roof, sat nav, 19" alloys, 15k, grey, full leather £19995
- 14 64 JEEP CHEROKEE 2.0 CRD (170) Limited AWD 5dr automatic, sat nav, 18" alloys, 22k, black, full leather £16495
- 15 65 JEEP CHEROKEE 2.2 Multijet II 200 Limited 5dr automatic, Jeep warranty Oct 2018, sat nav, 26k, blue, full leather £17995
- 15 65 JEEP CHEROKEE 3.0 CRD Summit 5dr automatic, jeep warranty Oct 2018, panoramic roof, sat nav, 20" alloys, 29k, red, full leather £25995
- 14 64 KIA SORENTO 2.2 CRDi KX-2 5dr 4WD (7-Seater) Kia warranty Feb 2019, sat nav, 26k, black £16995
- 16 16 KIA SORENTO 2.2 CRDi KX-2 5dr 4WD (7-Seater) Kia warranty April 2023, sat nav, 24k, white pearl, full leather £19995
- 16 16 KIA SORENTO 2.2 CRDi KX-3 5dr 4WD (7-Seater) Kia warranty April 2023, panoramic roof, black, full leather £20995
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- 15 65 KIA SPORTAGE 2.0 CRDi KX-2 AWD 5dr, Kia warranty Oct 2022, pan roof, pdc, 19k, white, half leather £13995
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- 14 64 MERCEDES GLA220 CDI AMG Line 5dr 7G-DCT 4-Matic, 18" alloys, reverse camera, 27k, white, half-leather £17995
- 15 65 MERCEDES GLA220 CDI AMG Line Premium Plus 5dr 4MATIC, pan roof, reverse camera, 19" alloys, 14k, south seas blue, half leather £22495
- 15 65 MERCEDES GLE250 CDI AMG Line 4MATIC 5dr automatic, Mercedes warranty Nov 2018, sat nav, 20" alloys, 17k, white, full leather £31495
- 15 15 MINI COUNTRYMAN 1.6 COOPER S ALL4 5dr (Sport + TLC pack)(190bhp) Bluetooth, USB, 22k, blue, full leather £15495
- 14 14 MINI PACEMAN 1.6 Cooper S ALL4 3dr (190bhp)(Chili + TLC Pack) 18" alloys, heated seats, Bluetooth, black, full leather £10795
- 15 65 NISSAN X-TRAIL 1.6 DCI Tekna 5dr 4WD (7-Seater), sat nav, pan roof, 35k, met green with full leather £16495
- 16 16 NISSAN X-TRAIL 1.6 DCI Acenta 4WD 5dr(7-seater) Nissan warranty April 2019, pan roof, cruise, 12k, black £15995
- 16 16 NISSAN X-TRAIL 1.6 DCI N-Tec 5dr XTRONIC (7-Seater) Nissan warranty May 2019, sat nav, 19" alloys, reverse camera, 20k, black £17495
- 16 16 VW GOLF 2.0 TSI R 3dr 4Motion DSG (300bhp) VW warranty June 2019, bluetooth, cruise, PDC, 17k, blue £21995
- 16 16 VW GOLF 2.0 TSI R 5dr 4Motion (300bhp) VW warranty June 2019, cruise, bluetooth, 7k, black £21995
- 17 66 VOLVO V60 2.4 D5 (163) Twin Engine SE Nav Estate AWD Geartronic (Hybrid), sat nav, cruise, heated seats, 11k, blue with full leather £22995
- 14 63 VOLVO XC60 TD R-Design Lux 5dr 4WD, cruise, 18" alloys, grey, full leather £14995
- 15 15 VOLVO XC60 D4 (181) R-Design Lux Nav 5dr, panoramic roof, sat nav, 31k, black, full leather £21495
- 16 66 VOLVO XC60 2.4 D4 SE Lux Nav 5dr 4WD Gearbox, Volvo warranty Sep 2019, sat nav, 15k, silver, 15k, full leather £21995



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15 65 BMW M135 3.0 i 3dr automatic, BMW warranty May 2018, sat nav, 18" alloys, 18k, choice, full leather	£19495
15 65 BMW 220 D M Sport Active Tourer 5dr automatic, BMW warranty Dec 2018, sat nav, heated seats, 34k, black, full leather	£16995
16 65 BMW 320d BluePerformance ED plus 4dr automatic, BMW warranty Feb 2019, sat nav, Bluetooth, 24k, grey, full beige leather	£16495
16 66 BMW 330e Sport 4dr automatic, BMW warranty Sep 2019, sat nav, cruise, Bluetooth, 10kl, choice	£20995
15 65 BMW 330 D M Sport 4dr automatic, BMW warranty Oct 2018, pro nav, Bluetooth, 29k, grey, full red leather	£18495
15 15 BMW 320 D ED Business Edition Estate, sat nav, met grey, full leather	£11995
13 13 BMW 320 D Modern Gran Turismo 5dr automatic, 19" alloys, reverse camera, 37k, grey, full oyster leather	£14995
15 15 BMW 330 D M Sport 4dr automatic, sat nav, 19" alloys, Bluetooth, 37k, estoril blue, full leather	£18995
14 64 BMW 420 D M Sport 2dr convertible automatic, 19" alloys, sat nav, xenons, full leather, 36k, white, full leather	£19995
15 15 BMW 420 D M Sport 2dr automatic (190bhp) M Sport+ pack, 19" alloys, Harman kardon, wide screen nav, choice, full leather	£15995
15 15 BMW 420 D M Sport Gran Coupe 5dr automatic, M Sport+ Pack, pro sat nav, 19" alloys, 32k, estoril blue, full leather	£20995
16 16 BMW 420 D M Sport 2dr (190bhp) widescreen sat nav, 19" alloys, in white with full black leather	£19995
11 61 BMW 520 D M Sport Estate automatic, privacy glass, heated seats, white, full leather	£9995
15 64 BMW 520 DSE 4dr automatic (190bhp) sat nav, Bluetooth, grey, full leather	£12995
15 65 BMW 520 DSE 4dr (190) automatic, BMW warranty Oct 2018, sat nav, bluetooth, full leather, choice	£15995
16 16 BMW 520 D M Sport 4dr automatic (190bhp), sat nav, 20" alloys, 18k, white, full leather	£20995
16 16 BMW 520 DM Sport 4dr (190bhp) automatic, sat nav, choice, full leather	£17995
15 65 BMW 640 D M Sport Gran Coupe 4dr automatic, BMW warranty Nov 2018, sat nav, 19" alloys, 27k, silver, full leather	£23995
15 65 BMW 640 D M Sport Gran coupe automatic, BMW warranty Dec 2018, 20" alloys, sat nav, Bluetooth, 15k, black, full leather	£26495
16 66 BMW 640 D M Sport Gran Coupe 4dr automatic, BMW warranty Nov 2019, sat nav, reverse camera, sat nav, 6k, full leather	£29995
15 65 BMW I3 E 5dr automatic, BMW warranty Jan 2019, DC rapid charge prep, sat nav, 19" alloys, heated seats, 13k, white	£15995
15 64 CITROEN C1 1.2 PureTech Flair Airscape 3dr, Bluetooth, cruise, 17k, black	£6495
15 15 CITROEN C1 1.0 VTI Feel 3dr, Bluetooth, aircon, USB, 11k, white	£5495
15 15 CITROEN DS3 CABRIO 1.6 e-HDI Airdream DSTYLE Plus 2dr convertible, Citroen warranty Sep 2018, cruise, 17" alloys, 7k, blue	£7995
16 16 DS DS4 1.6 BlueHDI Crossback 5dr, Citroen warranty April 2019, sat nav, reverse camera, 18" alloys, 19k, met red, half leather	£10995
16 16 FORD FOCUS 1.0 T EcoBoost Zetec S 5dr, 18" alloys, Bluetooth, 15k, red	£11795
16 16 FORD FOCUS 1.5 TDCI Zetec S 5dr, Bluetooth, 17" alloys, met blue	£11495
15 65 HYUNDAI TUSCON 1.7 CRDI Blue Drive SE Nav 5dr, sat nav, Hyundai warranty October 2020, Bluetooth, heated seats, 22k, choice	£12995
14 64 JAGUAR XF 2.2 D Premium Luxury 4dr automatic, sat nav, reverse camera, 32k, white, full leather	£16995
17 17 JAGUAR XF 2.0 TD R Sport 4dr automatic, Jaguar warranty July 2020, electric panoramic roof, sat nav, 19" black alloys, 11k, grey, full two tone leather	£24995
15 15 KIA CEED 1.4 SR7 5dr, Kia warranty until Aug 2022, Bluetooth, PDC, 25k, white	£8295
17 17 KIA OPTIMA 1.7 CRDI 2 Estate ISG, Kia warranty April 2024, sat nav, cruise, Bluetooth, under 1k, black	£14995
15 65 KIA PICANTO 1.2 CHILLI Eco Dynamics 3dr, Kia warranty Jan 2023, PDC, privacy glass, Bluetooth, USB, 15k, white, half leather	£7995
16 16 KIA RIO 1.4 3 5dr, Kia warranty May 2023, sat nav, cruise, heated seats, 16k, black	£9995
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15 15 MAZDA 6 2.2 TD SE-L 4dr automatic, cruise, Bluetooth, PDC, 18k, blue	£12995
10 10 MAZDA MX-5 1.8 20TH Anniversary 2dr convertible, 17" alloys, aircon, 32k, met blue	£7295
15 15 MAZDA MX-5 2.0 Sport 2dr convertible (New Model), Mazda warranty Sep 2018, 17" alloys, heated seats, 16k, black, full beige leather	£14995
14 64 MERCEDES A180 CDI Sport 5dr 7G-DCT, cruise, Bluetooth, black	£11995
15 65 MERCEDES A180 D Sport Edition 5dr 7G-DCT automatic, sat nav, reverse camera, full leather, 25k, choice	£14495
16 16 MERCEDES A200d AMG Line 5dr, 18" alloys, reverse camera, 10k, half leather, choice auto or manual	£16495
16 16 MERCEDES B180 CDI SE 5dr 7G-DCT, Mercedes warranty Aug 2019, reverse camera, alloys, 7k, met blue, full leather	£14995
14 63 MERCEDES B200 CDI SE 5dr, sat nav, PDC, white	£9995
12 12 MERCEDES C220 CDI AMG Sport 2dr automatic, sat nav, 18" alloys, met grey, half-leather	£9995
15 64 MERCEDES C220 CDI BlueTEC Sport 4dr 7G-Tronic Plus, sat nav, reverse camera, silver, full leather	£14495
16 16 MERCEDES C220d AMG Line Premium 2dr 9G-Tronic Plus, Mercedes warranty April 2019, panoramic roof, sat nav, 18" alloys, 19k, white, full leather	£26995
15 15 MERCEDES C250 CDI AMG Sport 2dr coupe 7G-Tronic Plus, Mercedes warranty Sep 2018, 18" alloys, cruise, Bluetooth, 15k, silver, half leather	£15995
15 15 MERCEDES CLA220 CDI Sport 4dr 7G-DCT, 18" alloys, Bluetooth, cruise, 33k, grey, half leather	£17495
15 65 MERCEDES CLA220 CDI AMG Sport 4dr 7G-DCT, Mercedes warranty Oct 2018, sat nav, 18" alloys, 19k, red	£20495
15 65 MERCEDES CLS220d AMG Line 4dr automatic, Mercedes warranty Oct 2018, sat nav, 19" alloys, xenons, 19k, black, full leather	£22495
15 65 MERCEDES E220 CDI BlueTec AMG Night Edition 4dr 7-G Tronic Plus, Mercedes warranty Oct 2018, sat nav, privacy glass, choice, full leather	£17995
15 65 MERCEDES E220 CDI BlueTEC AMG Night Edition 7G-Tronic plus Estate, Mercedes warranty Sep 2018, sat nav, DAB Bluetooth, choice, full leather	£18995
13 13 MERCEDES E250 CDI Blueefficiency Sport 4dr 7G-Tronic Automatic, heated seats, privacy glass, silver, full leather	£12495
14 64 MERCEDES E250 CDI AMG Sport 4dr 7G-Tronic plus, panoramic roof, sat nav, 13k, silver, half leather/alcantara	£18995
13 13 MERCEDES SLK250 CDI AMG Sport 2dr convertible automatic, 18" alloys, 34k, black, full leather	£13995
15 15 MINI COOPER 1.5 3dr (Chilli Pack) DAB, 16" black alloys, 18k, volcanic orange	£10995
16 66 MINI CLUBMAN 2.0 D COOPER 6dr, sat nav, chilli pack, 10k, white	£13795
15 65 MINI COOPER S 2.0 3dr (Chilli & TLC pack) Mini warranty Jan 2019, Bluetooth, privacy glass, USB, 18k, deep blue, half leather	£12995
15 65 MINI COOPER 1.5 D 5dr (Chilli & Media XL Pack) Mini warranty Oct 2018, sat nav, LED lights, choice	£10495
14 64 MINI COOPER 1.6 Cooper 2dr, chilli + TLC pack, 17" alloys, heated seats, 25k, white, half-leather	£8495
14 64 NISSAN 370Z 3.7 V6 Nismo 2dr Coupe (340bhp), sat nav, reverse camera, BOSE, 27k, black	£23995
15 64 NISSAN JUKE 1.5 DCI Tekna 5dr, sat nav, reverse camera, Bluetooth, 32k, yellow, full leather	£9495
16 16 NISSAN JUKE 1.6 Tekna Xtronic 5dr CVT, Nissan warranty March 2019, sat nav, reverse camera, 17k, grey, full leather	£11995
15 64 NISSAN QASHQAI 1.5 DCI N-TEC 5dr, sat nav, reverse camera, 18" alloys, black	£11995
16 65 NISSAN QASHQAI 1.2 DIG-T Visia 5dr, Nissan warranty Feb 2019, cruise, Bluetooth, USB, 19k, red	£11295
16 16 NISSAN X-TRAIL 1.6 DCI Tekna 5dr (7-Seater), sat nav, pan roof, 9k, met grey, full leather	£18995
15 65 PEUGEOT 108 1.2 Pure Tech Allure 3dr, Bluetooth, reverse camera, alloys, 25k, black	£6295
15 15 PEUGEOT 208 1.6 THP GTI 3dr (200bhp) Peugeot warranty Aug 2018, sat nav, pan roof, 12k, white, half leather	£10995
15 15 PEUGEOT 208 1.6 e-HDI CROSSWAY 5dr, sat nav, cruise, 17k, black	£9995
14 64 PEUGEOT RCZ 2.0 HDI Sport 2dr, sat nav, cruise, Bluetooth, 30k, black	£9995
13 63 RANGE ROVER EVOQUE 2.2 SD4 Pure 5dr, tech pack, sat nav, pan roof, white with full leather	£19995
16 16 RANGE ROVER EVOQUE 2.0 ED4 SE 2WD 5dr, Landrover warranty Aug 2019, lane assist, 18" alloys, privacy glass, 19k, white, full leather	£24995
15 15 RENAULT CAPTUR 1.5 DCI Energy Dynamique 5dr, Renault warranty Aug 2018, sat nav, 26k, white with black roof & mirror caps	£8995
15 15 SEAT IBIZA 1.4 Toca 5dr, sat nav, Bluetooth, PDC, 22k, red	£6995



15 65 BMW 640 D SE Gran Coupe 4dr automatic, BMW warranty Dec 2018, electric glass sunroof, sat nav, DAB, 36k, silver, full leather

£22995



14 14 BMW 220 D Sport 2dr coupe (190bhp) 18" alloys, bluetooth, privacy glass, black

£12995



15 65 FORD FOCUS 2.0 TDCI ST-2 5dr, Ford warranty Oct 2018, 18" alloys, Bluetooth, 26k, blue, half leather

£13995



09 09 FORD KA 1.2 Zetec 3dr, aircon, alloys, white

£3495



16 66 BMW 116 D M Sport 5dr, BMW warranty Oct 2019, sat nav, 18" alloys, Bluetooth, silver

£14995



14 14 MERCEDES BENZ A180 CDI AMG Sport 5dr, 18" alloys, Bluetooth, red, half leather

£12995



13 62 BMW 118 D Sport Plus 2dr convertible, 18" alloys, heated seats, carbon black with full oyster beige leather

£11495



15 15 BMW 216 D Luxury Active Tourer 5dr, Bluetooth, pdc, white with full leather

£12995



15 15 BMW 320 D BluePerformance M Sport 4dr (184bhp), privacy glass, bluetooth, cruise, white, full leather

£14995



15 15 BMW 420 D M Sport 2dr convertible automatic, BMW warranty Sep 2018, 19" alloys, head-up display, 25k, grey, full beige leather

£22995



15 15 VOLVO V40 2.0 T D2 R-Design Lux 5dr, sat nav, 17" alloys, 26k, blue, full leather

£12995



16 16 CITROEN C1 1.0 VTI Feel Airscape 5dr, electric roof, Bluetooth, 7k, white

£7495



16 66 FORD MONDEO 2.0 TDCI Titanium 5dr, sat nav, cruise, dab, alloys, silver

£13795



14 14 RENAULT CAPTUR 1.5 DCI Dynamique S Media Nav 5dr, sat nav, cruise, 17" alloys, choice

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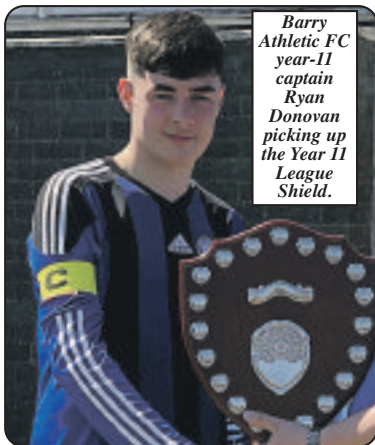
Another thrilling weekend as Vale cups are decided



Sully Sports FC captain Aaron Longomo receiving the Supporters Cup from Barry Town United FC stalwart Tim Johnston.



St Athan FC co-captains Jordan Mortimore and Nicky Cox picking up the Barry Cup from Barry Mayor Nick Hodges.



Barry Athletic FC year-11 captain Ryan Donovan picking up the Year 11 League Shield.



St Athan's Bradley Young picking up the Brian Riseborough Golden Boot for man of the match in the Barry Cup final.



Barry Town United FC captain Louis Harding collecting the year-10 League Shield from league secretary Matthew Davies.

ANOTHER weekend of Vale of Glamorgan Association Football League finals were played this past weekend.

Before the finals, the league gained their first league champions of the 2017/18 season when Barry Town United FC side picked up the League Year 10 Shield thanks to a 4-0 over Cowbridge Town Reds on April 28.

On Friday night, Division One took centre stage as Tynwydd FC played

Sully Sports FC for the Supporters Cup, the Division One League Cup.

A tight game saw the deadlock broken in the 73rd minute when a ball found its way to Luke Hanson to hit home. Tynwydd FC were pressing for the rest of the game which resulted in Sully's second.

A ball fell to the Tynwydd FC keeper whose mis-kick ended up striking Hywel Ankontopoulos who was then left to slot the ball home, making it 2-0.

In between the finals, Saturday saw Barry Athletic FC add the year-11 league title to their Junior Cup win 13 days previously with a 1-1 draw with Sully Sports Reds.

The draw was enough to see Sully Sports Reds become runners-up in the league.

In the afternoon, Sully Sports FC - without kicking the ball - put the Division One League Shield in their trophy cabinet after Barry Saints FC were beaten 3-0 by Cogan Coronation FC, making them league and cup double winners in two days.

On to Sunday morning for the fifth final of the season, the Year 9 League Cup - The Harry Gratton Cup - between Park Lions FC and Porthkerry Panthers FC.

There were only two goals in the game which came - rather cruelly - a minute before half-time and a minute before full-time.

Leo Shakespeare struck in the 34th minute and Mason Lewis on the 69th for a final score of Park Lions FC 0, Porthkerry Panthers FC 2.

A glorious blue sky greeted St Athan FC and Llantwit Major FC as they battled for the Barry Cup.

St Athan FC took the



Porthkerry Panthers FC captain Seb Kenefor picking up the Harry Gratton Trophy from Daniel Gratton.

lead on 20 minute mark with a goal direct from a corner from Reece Lewis.

This was enough for 1-0 lead going into half time. The second half saw St Athan FC stretch their lead to 2-0 thanks to Joe Laing but a penalty to Llantwit Major FC, scored by Josh Morgan in the 83rd minute, saw them gain a goal back.

However, St Athan were in the party mood and weren't going to let Llantwit Major spoil their celebrations. Just three minutes after conceding a goal, St Athan responded with another Joe Laing strike to make the score 3-1. This Sunday sees the

final three cup matches take place at Jenner Park.

The Year-7 final starts proceedings for the Brian Riseborough Memorial Trophy between Sully Sports FC and Penarth Town Raiders, kick-off 10.15am then Year-8 take centre stage for the Billy Butlin Trophy between Cowbridge Town Reds and Island Marine FC, kick-off 12.15pm.

Then to round off the cup finals, the Division Two League Cup follows as the Dockers Cup will be contested between AFC Rhose and Llantwit Major FC, kick-off 3pm.

MD

A busy month for the Barry Beavers

IN late March, The Barry Beavers won the home gala with 19 medals (11 golds, four silvers and four bronzes).

(In a recent write-up I missed out that Sophie Woodham was part of the team that won on the day).

On April 14, the club team travelled to Carmarthen Leisure Centre to compete at the Towy Salmon Swimming Gala with a 26-strong team. They competed against teams such as Towy Salmon, Rhondda Polar Bears, Blaenau Gwent Otters, Gwent Dolphins and Bedwas Penguins.

The team competed really well on the day and took home eight golds, eight silvers and three bronzes - also taking home the shield.

On April 22, a group of 10 Beavers

went to Bridgend for the Bridgend Lions Swimathon. The swimmers were Chris, Aiden, Leah, Callum, Kiera R, Kiera D, Oliver, Jack, Abby and Ffion Jones. All the swimmers raised money for the club and together they swam 176 lengths.

Unfortunately, Ffion could not swim as she was doing her DoE award so her mother Cath stood in instead.

On April 29, some of the club went to Morrisons supermarket for bag packing, and they raised more than £660.

Also that same day, Nicholas took part in this year's Swimathon at Barry Leisure Centre, raising money for Marie Curie Cancer Care UK. He swam it in 1h 6m 00s and swam the 2.5km swim.

NC

The Vale of Glamorgan Football League round-up

ST ATHAN won the Barry Cup against their local rivals Llantwit Major on a glorious day at Jenner Park.

St Athan came in as Premier League leaders, while Llantwit Major came in as Division Two champions, having won every game they have played this season.

However, St Athan triumphed as Joe Laing's top draw double added to Reece Lewis' opener to sealed a 3-1 win and the Vale's showpiece cup with Bradley Young named man of the match.

In Division One, Sully Sports completed the league and cup double inside 24 hours as they won the Supporters Cup on Friday night with a 2-0 victory over Tynwydd at Jenner Park. Luke Hanlon and

skipper Aaron Longomo getting the goals.

Then on Saturday nearest rivals Barry Saints lost 3-0 to Cogan to confirm rivals Sully as Division One champions.

Sully have dominated Division One all season and are much deserved champions.

Elsewhere in Division One, Cadroxton Imps late surge for survival went on as they stunned SP Billy 5-3. Cwm Talwg helped their survival hopes with a 2-0 over Penarth Town B which condemns them to life in Division Two, while Cardiff Airport closed on second with a 4-2 win over Cadroxton Athletic, who slip to second bottom and the chance of third tier football next season.

In the Premier Division, Barry Belgrade snuck past Island Marine with a 1-0 win, while

Barry Athletic and Rhose's title hopes took a major blow as they cancelled each other out in a 2-2 draw.

Belgrade still have five games in hand on leaders St Athan and face a flurry of fixtures in the next two weeks.

In Division Two, Island Marine B edged Barry Albion to go third with a 1-0 win and boost their promotion hopes, although teams below do have games in hand.

St Athan B completed their fixtures with a 3-1 victory over promotion hopefuls BRT Dynamos, St Athan B with only two losses in their last nine league games to end the season strongly.

The league continues this weekend and the Dockers Cup final between Llantwit Major and Rhose.

HD

CAVC join forces with WRU Players Association

CARDIFF and Vale College has entered into a partnership with the Welsh Rugby Players Association in order to provide a package of support for players as part of their personal development.

The WRPA represents rugby players to ensure their best interests are protected.

Part of this includes a player led personal development programme to help players achieve a balance between sport and lifestyle, aiming to make the transition from a professional playing career into future employment as smooth as possible.

Cardiff and Vale College will work with the WRPA to provide players with access to its ever-expanding portfolio of vocational and academic courses. This will help players at all stages of their playing careers find the right education and training to help them meet their career aspirations.

CAVC Principal Kay Martin said: "At Cardiff and Vale College we are

strong supporters of rugby at all levels. Our Academy supports emerging talent while ensuring players achieve academically, and now this new partnership will allow us to help from the other end of the scale.

"We are delighted to be working with the Welsh Rugby Players Association. It is vital that rugby players can meet their career aspirations once their professional careers come to an end, either through age or injury. The College's wide range of courses and support options will be able to help them do just that."

WRPA CEO Andries Pretorius said: "The WRPA is committed to encourage players to not only consider life after rugby, but rather life beyond rugby."

"This ensures players current circumstances and aspirations are

assessed and aligned with their future ambitions and with over 250 members it is vitally important for us to consider the ambitions of each of our members individually and proactively support them in developing a wide array of skillsets that benefit them beyond the sporting landscape."

"I believe Cardiff and Vale College's aspirations to be world class in all they do closely aligns with the ambitions of the Welsh Rugby Players Association which makes for a great partnership as we learn from and support each other in leading the way in our respective fields."

"I believe our members will greatly benefit from this partnership and we are delighted to be working with such a forward thinking organisation," he added.

Got a sports story, match report or item of interest?
Then get in touch with us -
email sport@glamorgan-gem.co.uk

Barrivale Bridge Club results

RESULTS for the Barrivale Bridge Club session that took place on Tuesday, May 1:

The top three places were: 1. Irene Thomas and Jenny Vaughan 59.58 per cent, 2. Adrian and Diana Trickey 58.75, 3. Mike Close and Mick Green 57.92.

The handicap winners were Hilary Laurence and Vivien Liles.

As always, new members are welcome at the club and a partner may be arranged, if required.

If you would like to join us please ring any of the following numbers -

01446 418380, 01446 733425 or 01446 735592 - or call at the Pioneer Hall, Beryl Road, Barry at 7pm on Tuesday evenings.

Alternatively, players inexperienced or new, may attend on Fridays at 10am at the same address where lessons and play take place in a relaxed atmosphere

While our current class for beginners continue to run on Friday mornings new members wishing to start the class will be able to join the next beginner's class commencing in September 2018.

LH



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Winning run over as Athletic are beaten in bid to land league title



Ben Howe lining up a tackle with Sean Williams closing in. ALL PICTURES BY JOHN CANNON.

BRIDGEND ATHLETIC RFC wish to congratulate Maesteg Quins on becoming worthy Division One West champions for the fourth occasion in the last seven seasons and wish them all the best in the play-offs for a place in the Championship next season.

Amazingly, they have not lost a Division 1 West league match since December 3, 2016, when the Athletic came back from a 17-6 deficit to pip them 18-17.

With the Athletic bringing a 14-match winning sequence to the fixture, their last defeat 26-18 to the Quins six months ago on November 4, travelling supporters had high hopes of toppling the Quins.

Despite a close try count of 5-4, the Quins

had too much firepower for the Athletic and a match-winner in full back Owen Howe.

Last season, Howe was successful with three conversions and four penalties to give his side a 33-24 victory. This year, the Athletic's nemesis had a match haul of 22 points, converting all five tries and again kicking four penalties as the Quins inflicted a 47-28 defeat on the Athletic.

The Athletic had an error-strewn, nervous opening 10 minutes, unable to cope with an aerial bombardment that resulted in the Quins taking a 10-point lead from a lineout driving maul and penalty.

They recovered their composure and when the Quins illegally halted an Athletic lineout driving maul, quick-thinking No 8 Sean Williams took a quick tap penalty and was across the try line before the Quins could respond.

This, his 11th try of

the season, made Williams the leading Athletic try scorer for this campaign. Bevan converted to reduce the deficit to 10-7.

Howe quickly increased the lead to 13-7. A closing 10-minute blitz by the home side crossing for two converted tries, interceded by a penalty, took the game away from the Athletic and gave the Quins a 30-7 half-time lead.

With a penalty and converted try within five minutes of the restart, opening a 40-7 Quins lead, humiliation looked on the cards for the Athletic.

However, the team showed great character and launched a fightback. Two Athletic youth replacements, wing Joe Patterson and flanker Will Barraclough both played significant roles in the partial recovery.

Patterson made some telling runs and from one break, the Quins



Will Barraclough (with the ball) scored his first senior try.

were penalised for going over the top at the breakdown. Scrum half Aled Thomas took a quick tap penalty and found flanker and captain Ben Howe on his shoulder to take the pass for his seventh try of the season; Bevan converted.

The Athletic continued to play a high tempo game and, following a series of forward probes, the ball was released and Barraclough, standing in the centre, took a short pass to race under the posts for his first Athletic senior try. Bevan's conversion took the score to 40-21.

The Quins showed their champions credentials with a long, flowing move, resulting in a converted try ending any lingering doubts about the outcome.

The Athletic kept place and were rewarded with a fourth (and bonus point) try when scrum half Dan James sniped from a set scrum. A well-timed short pass saw Bevan skip through for his fourth try of the season and his conversion gave him a match haul of 13 points. He is the Athletic's leading points scorer for the season with 209 points.

The 28 points were

the highest score against the Quins this season and the Athletic were the only side to cross their try line on four occasions in a match.

The Athletic back row of Williams, Howe and Ben Davies and centres Chris Price and Tom Jenkins were prominent in a largely rearguard action, particularly in the first 45 minutes.

Despite the disappointing end to the season, coaches John Apsee, Stuart Morris, David Williams and Gerald Williams can reflect on a successful campaign.

Following a disastrous three losses in their first four games, the Athletic won 16 of the remaining 18, only the Quins inflicting those two losses.

They will finish the campaign as either runners-up or in third place this season, compared to fifth last year and have increased their league points from 64 to 79 and try count from 68 to 80.

They have beaten every other side in the league except for Maesteg Quins. If the Athletic can keep this squad together and maybe enhance strength in depth, then the future looks bright.

AB

Tondu RFC pay tribute to club legend 'Mal'

TONDU Rugby Football Club are mourning the loss of a true legend, Matthew Morgan, lovingly known as Mal throughout the club.

He sadly passed away on Sunday at Morriston Hospital during emergency surgery. Tondy RFC would like offer their sincere condolences to all Mal's family and friends, of which he had many.

Rest in peace Mal.

MIKE SULLY



Maesteg Celtic are within one point of claiming league title

MAESTEG Celtic visited bottom club Penlan in their chase for the league title and came away with a six-try win.

Celtic dominated the game with their pack controlling all aspects of play. Their front row of Sean Lambert, Ashley Poole and Lloyd Jenkins formed a solid wall defence at the rucks and imposed themselves on their opponents in the scrums.

Second rows Mark Hillier-Rees and Alex Jones won the lineout battle and carried the ball to Penlan in attack.

As usual the back row of Peter Kehoe, Callum Bowen and captain Oliver Petty were everywhere the action was.

Half backs Leon Evans and Matthew Harris distributed the ball well. The contrasting styles of centres Lee Arthur and Kristian Jenkins put the home defence in disarray.

The back three, Sam Mines, Lloyd Jenkins and Ben Poole worked together to counter-attack with great effect.

Celtic opened the scoring when outside half Matthew Harris chipped over the defensive line and full back Lloyd Jenkins gathered the ball and ran 40 metres to touch down. Harris converted. Celtic's second try



Man of the match for Maesteg Celtic was Peter Kehoe.

came after centre Kristian Jenkins kicked a penalty deep into the home 22 and the lineout was driven forward.

Scrum half Leon Evans moved the ball to Matthew Harris who passed to Kristian Jenkins and looped around to receive the return pass.

He then put centre Lee Arthur through a gap to power over for a try. Harris converted.

Celtic played downhill second half and took full advantage. Captain Oliver Petty made a break and fed Kristian Jenkins who drew the cover and gave the ball to man-of-the-match Peter Kehoe to run in the third try.

Penlan restarted and regained the ball only for it to bounce into the hands of Celtic's unsung

hero hooker Ashley Poole.

He sprinted through the opposition and ran 70 metres to touch down under the posts.

Try number five was scored by centre Kristian Jenkins, who was given turnover ball in his 22 and sprinted the length of the field to touch down.

Celtic's final try came when outside half Lloyd Jenkins kicked over the defence and speedy wing Sam Mines followed up and gathered the ball. He made ground and passed to Lloyd Jenkins for his second touchdown.

Penlan didn't give up and were rewarded with a try to end the game.

Celtic now need one point from their last game against Cwmavon to win the league.

KS

Athletic seconds claim league title!

BRIDGEND ATHLETIC second XV won the Friday evening showdown fixture with their Rhiwbina counterparts to become Tier 2 champions in the inaugural WRU Conference 2017-2018 season.

The teams featuring in this section of the tournament stretched far and wide from Llandovery in the west to Rhiwbina, Cardiff and Pill Harriers, Newport in the east.

Going into the game Rhiwbina had 17 points from five games and the Athletic 14 from four games.

CONTINUED ON PAGE 31



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